
DISTRICT 1 MINUTES FOR JULY
July 7, 2016 at the Roy Baptist Church

Reading of the traditions and concepts: Robert read the traditions; Pat the concepts.

Approval of Minutes: Robert moved for approval of the minutes; Pat seconded. The vote was unanimous.

Group Reports

Most of the groups are doing well and have decent attendance. The Spanish group is struggling and someone offered that perhaps putting up flyers in Spanish grocery stores might help. The Brigham City group has not had much luck finding a venue so it will be removed from the schedule until some opportunity arises.

Old Business:

- a. Elections: District elections will be held at the August 4th district meeting. There will be treats. All district positions are open.
- b. Group elections continue. Here is the current list with a few more needing more time. As the groups decide, we will update this table:

District 1 Group Election Table

Group Name	Frequency	Next GR	Next Alt GR	Next TrSec	Notes
Serenity Hour	2 yrs	2016	2016	2017	
Sunday 4 Serenity	3 yrs	2016	2017	2017	
Courage to Change	2 yrs	11Jul2016	Jul2016	Jul2016	
Live & Let Live	2 yrs	12Jul2016	Jul2016	Jul2016	
Hope @ High Noon		Jul2016			Trying to find someone to stand for GR
Serenity Here We Are					Taking it back to the group for discussion.
Letting Go in Logan		Jul2016	Jul2016	Jul2016	
Detach with Love					Suspended
Staying Alive		May2016	May2016	May2016	Done!
Rampiendo Cadenas					Not big enough for elections
CALM					
Tri-C	3 yrs	Jul2016	*	Jul2016	*not big enough for an Alt GR

2. District 1 will be hosting Spring Assembly in 2017. No groups have volunteered so the district will be forming a committee. So far the only volunteer is Susan from Logan as the treasurer. Please go back to your groups and ask for volunteers to stand as committee chair. The chair would be responsible for collecting volunteers to help with finding the venue, making arrangements, advertising and collecting money. Chris mentioned that the Layton hotel where we held fall assembly in 2015 is willing to host again.

New Business:

1. Active shooter training: With all the news lately on active shooters showing up in schools, churches, etc., it might be good for your group to have a discussion of what to do if it happens during your meeting. The 3 things to remember are RUN, HIDE, FIGHT. There is an excellent training video on YouTube:
 - a. <https://www.youtube.com/watch?v=5VcSwejU2D0>
 - b. <https://www.youtube.com/watch?v=w9nldEZv16k>
2. Public outreach crisis: Chris passed out a sheet on public outreach opportunities in the District one area, along with information she put together from her experience at working the Shannon J Scholarship

event last month. She asked what other things could we do that might be effective in attracting newcomers. Some of the ideas were:

- a. When you chair a meeting, use "Service" as the topic. Healthy groups will discuss this and share their experience, strength and hope on how doing public outreach has helped them.
- b. Close the meeting a bit early and talk about public outreach with your group. How the group and members can help.
- c. Find out about health fairs at your work and give the information to the public outreach coordinators so that our district can set up a table at the event. This has been a very successful tool in the past.
- d. Set up tables at farmers markets. Logan did that and it was successful at bringing people to the rooms. They shared their food with people walking by and that gave them an opportunity to talk to them about the program.
- e. Ask the coordinators to contact the National Association of Social Workers and see about holding a workshop to inform them of our program. We have found in the past that there is very little education of our program in their ranks.
- f. Ask the GSR of AA meetings in your area if they would be willing to place some *Al-Anon Faces Alcohol* pamphlets on their literature table. Some will, some will not. Many AA members have no idea what Al-Anon is all about and that it can help them if their family members are threatening their sobriety by acting crazy.
- g. Visit police stations and ask if they will accept literature to give to victims in alcohol-related domestic dispute calls. Can also visit other emergency responder places where they are apt to run across this issue. Pamphlet M-1 costs only pennies and is small enough for the responder to discreetly pass to the victim.
- h. When we participate in the fairs that Janet listed, we should have some way of attracting people who are afraid of visiting. Maybe candy and games for their kids?

Joanne S., one of our Public Outreach Coordinators, said she'd like to meet with the GRs and other interested members to talk about how the district can do better. The consensus was that July 28th would be the best date. More information will be sent out via email and text.

Also, there is an area workshop on Public Outreach being held in Eden on August 25th. If you can attend, please let Chris know...perhaps we can start a carpool since it's a bit of a distance for some.

District Reports:

District Secretary – Chris: Chris' reports is part of the new business, above.

Alateen – Michelle L.: Michelle was not present but mentioned in a text that the UTAC weekend was successful, as usual and that there were around 30 teens in attendance, as usual. She had no status on the AMIAS training workshop.

Treasurer – Trish C.: Trish reported that our current balance is \$575.29. Only 4 checks were received from 3 groups. Donations this year are worse than last year and we still have a workshop and Fall Assembly travel expenditures to pay. Please show the spreadsheet to your treasurer, along with an information page, to help them understand that donations need to be more regular. Though groups are not required to donate to district, they are encouraged to do so. A group is not considered self-supporting if it can't. Robert and Chris said that they know their groups have donated more. Trish will check on Robert's group and asked him to send her the check number and amount. She has not received the May check that Chris' group sent so Chris will ask their treasurer to reissue it.

AIC – Connie: The AIC committee talked about changing phone systems and decided to table it until after the elections. They currently pay \$64 per month for the answering service. Robert mentioned there are two members from his group who are technically savvy and willing to set up a Google Voice system, which will be

free. FUN RAISER: The event was fun and the venue was pleasant. They made \$218 on wheel of fortune and \$89 in 7th tradition for a total of \$307.

Public Outreach – Patti or Joanne: Joanne S., one of our Public Outreach Coordinators, said she'd like to meet with the GRs and other interested members to talk about how the district can do better. The consensus was that July 28th would be the best date. More information will be sent out via email and text.

Upcoming Events:

1. July 16th – 8 PM - Ogden Combined Speaker Meeting, Ogden Regional Medical Center. Robert D is the speaker.
2. July 21st – 6:30 PM – Ogden Information Center Meeting – Alternate GRs should be representing their groups at this meeting!
3. July 30th – 10:30 AM to 3 PM – A Day in Al-Anon and the Al-Anon Birthday Party - 951 E 3825 South, Salt Lake City, (Church west side entrance)
4. August 4th – 6:30 to 8 PM – DISTRICT 1 ELECTIONS 😊 (Bring your new GRs)
5. August 25th – 6:30 to 8 PM – Public Outreach Workshop - Wolf Creek Utah, Huntsville
6. Weekend of September 24th – Fall Assembly – Sons of the Utah Pioneers in Salt Lake City – AREA ELECTIONS...BE THERE TO VOTE!!!
7. October 7th – 9th – Fellowship of the Spirit Weekend, Park City
8. October 20th – 6:30 PM – Ogden Information Center Elections
9. October 28th – 30th – Fall Fellowship Weekend, Ogden

Next meeting and elections will be August 4th