
DISTRICT 1 MINUTES FOR OCTOBER
October 6, 2016 at the Roy Baptist Church

Reading of the traditions and concepts: Janet read the traditions, Joanne the concepts, and Nathan the warranties.

Approval of Minutes: Janet moved for approval of the minutes; Connie seconded. The vote was unanimous.

Group Reports

Alateen – Sunday – Courage to Be Me – Robert: No teens yet but there has been some interest shown

Alateen – Monday- Wisdom Kids & Teens in Action – Michelle or Sheldon or Cory: None were present but Janet said that Michelle had mentioned to her that they had 15 kids last Monday.

Sunday: Detach with Love – Dora: Self-supporting, 6-10 attendees one week per month but 3 regulars. Some of the old timers are starting to come back.

Sunday: Serenity Hour- Logan – Pam for Lisa: Awesome group, self-supporting, 16 to 20 attendees, consistently have newcomers. Lately they have had visitors attending since they are in Logan to drop their kids off at college.

Sunday: Sunday 4 Serenity – Beth: They are doing good, self-supporting, no issues, about 10 attendees normally.

Monday: Courage to Change – Pat: Doing well, good attendance, self-supporting, and no issues. They now pass a green public outreach can each week and she gave the money to Joanne. They are also still doing the Forum lottery can.

Tuesday: Live & Let Live – Matt: Doing well, smaller this week but normally their newcomers have been coming back. They are self-supporting with no issues.

Wednesday: Hope at High Noon – Jane for Teresa P.: Self-supporting, no issues, 10 to 15 attendees weekly and usually have a couple newcomers each week.

Wednesday: Serenity Here We Are – Sherri: Self-supporting, 12 to 20 or more plus newcomers. Doing well.

Wednesday: Letting Go-Logan – Robert: "We're good."

Friday: Staying Alive – Jeff: Good. Consistently large. Newcomers often. Good core. They will be having a business meeting soon to replace him and to disperse the monies.

Friday: Grupo Rampiendo cadenas – This group is now closed. ☹

Saturday CALM – Janet V.: We're good.

Saturday: Tri-C's – Chris C: They are down to 3 people now but they still have a steady flow of newcomers. She took the advice of her sponsor and wrote slogans, steps and topics (i.e., fear, attitude, etc.) on poker chips so the uninspired can "go fish" for a topic. Newcomers can take a chip home to think about it, the hope being that it will compel them to return eventually.

Saturday Combined Speaker Meeting – Cory: She has already started collecting speakers for next year. If anyone has a sponsee or two is ready to start speaking, please point them at Cory.

District Reports:

Public Outreach – The J-mazing Duo:

1. Groups' public outreach contacts – They are still working on a list of public outreach contacts for each group. The following groups still have not given them a contact:

- a. Detach with Love – Dora volunteered
- b. Sunday for Serenity – Beth volunteered
- c. Letting Go in Logan – Robert passed but said they could talk to John, the incoming GR
- d. Staying Alive
- e. Serenity Here We Are
- f. Hope at High Noon – Jane volunteered

To do item for Staying Alive and Serenity Here We Are GRs: Find someone in your group who would be willing to be the public outreach contact for your group.

2. Meanwhile the volunteer list they passed in each meeting is working brilliantly. When they had an opportunity for an event at Autoliv on October 12th, they needed volunteers. They started making calls from the list and within an hour they had the event fully staffed.
3. The new area Public Outreach Coordinator is Dawn M and she is very enthusiastic about the position. She already sends a Forum subscription to her doctor and perhaps the district can think about buying subscriptions for doctors in the district. We'd also like to leave How AI-Anon Works at some of the schools.
4. The green can idea seems to be working at the Monday meeting. **To do item: Please talk to your group and consider starting a public outreach can in your group.** Every little bit helps to buy literature, pamphlets and Forum subscriptions. The district paid \$50 to stock the tote but it will eventually need some restocking, plus we'd like to have a second tote for the Logan area so it won't be so stressful getting it to each venue in time.
5. Janet said they would like to start concentrating on getting into police stations and schools. **To do item: Ask if anyone in your group has family or friends in these fields; please talk to them about helping us get into these areas.**
6. Answering the AIC phones: No one is clear on who is answering the AIC phone line when. Here's what we came up with:
 - a. Sunday – Kerry
 - b. Monday – Pat
 - c. Tuesday - ?
 - d. Wednesday – Jane
 - e. Thursday - ?
 - f. Friday - ?
 - g. Saturday – Calm group (Joanne)

To do item: Find someone to be responsible for the days where no volunteer is assigned.

One of the problems with the AIC phone line is that it is an answering machine only. Frequently, the messages are just hang ups like the person didn't feel comfortable leaving a message. Some who return calls expressed discomfort with returning a call sometimes. If someone else answers the phone, how much can you say without jeopardizing the caller's safety? That same worry applies if you get their voice mail on a home or work line. Robert mentioned that we could do live phone support using Google Voice if the district is for it. This would allow us to answer the phone calls in real time when many people really need us. Jason would be willing to set it all up and there would be one number that we could publish that the public could call. Based on who signed up to answer the phone on a particular day or time, the call would be directed to them. This would also give their own phone numbers anonymity. **To do item: Robert asked that everyone think about it and we'll talk about it again next month.**

DR – Robert: Robert commended everyone for showing up at the area assembly. It was awesome to see everyone engaged in the process. **To do item: He would like the GRs to think about what they want the district meetings to look in the future. Think about the following:**

- a. **What is the purpose of the group and district reports?**
- b. **Why do we meet?**
- c. **What does a healthy group and district look like?**

Secretary – Chris: Chris discussed the tri-fold schedules produced by the AIC and passed around a web page District 1 schedule she is proposing that can easily be kept up-to-date and printed as needed. No folding required. No one showed objection to the mock-up schedule.

Chris also said she felt ready to stand for the alternate district rep position that has been empty. She wants to stay active at the district level and hopes to be of assistance to Robert. The GRs took a vote of confidence and it passed.

Treasurer – Trish: Finance report. Trish had some more checks show up in the mail at the last minute so the report included in the packet is already outdated. She will get an updated report to Chris for inclusion with the minutes of this meeting. **To do item: Trish requested that the GRs remind their treasurers to include the name of the group on the checks. It would save her a lot of time in figuring out which group made the donation.**

Alateen – Michelle: Michelle was not present. **To do item: Think about the following and discuss it with your group: Robert asked how many people in the room were AMIAS and there were only two. Trish asked for their contact information for assistance with the Alateen program at Fall Fellowship weekend. Robert would like folks to ask themselves WHY they can't be AMIAS. He made an impassioned plea for people to search their conscience and apply for AMIAS if they think it's the right thing for them to do. The Alateen program in District 1 is in dire need of more people to help out so that the program can continue. Many hands make light work.**

Information Center – Connie: The AIC will print 1500 schedules per year (500 per run in January, March, and September) plus any needed by the public outreach coordinators. They will not seal the welcome packets so groups may add whatever pamphlets they would like.

AIC elections will be October 20th, 6:30 PM at the Women's Retreat House, 1749 Lake Street, Ogden. The positions open are: chair, alternate chair, secretary, treasurer, fundraiser, and literature. **To Do Item: Chris asked the GRs to remind the alternate GRs that it is their responsibility to attend and participate in those meetings.** And if anyone in their groups would like a service position, these are probably the last ones in the area that up for grabs.

Connie also mentioned the AIC Winter Party on December 10th. There will be a spicier menu this year but otherwise the program is the same as most years with a cake sale, raffle and ornament exchange. Please bring raffle items and baked goods.

New Business:

1. 2017 Budget: This was briefly discussed. Trish will dig up the proposed budget for 2013-2016 and we can discuss this again next year. It will be good to have a budget next year instead of making financial decisions without know what the needs will be.
2. Training workshop for new GRs, alternate GRs, and treasurers. This item was tabled for lack of time.

Upcoming Events:

1. October 15th – Combined Speaker Meeting in Ogden. Our own Matt B is the speaker.
2. October 16th – Logan Speaker meeting. Chris C. is the speaker.
3. October 7th – 9th – Fellowship of the Spirit Weekend, Park City
4. October 20th – 6:30 PM – Ogden Information Center Elections
5. October 22nd – UTAC Halloween Carnival at the Ogden Alano Club from 12:30 to 3:30 PM.
6. October 28th – 30th – Fall Fellowship Weekend, Ogden
7. December 10th – AIC Winter Party
8. March 17th – 19th of 2017 – Area Spring Assembly in Logan

Next meeting will be November 3rd