

DISTRICT 1 MINUTES FOR JUNE

July 6, 2017, 6:30 pm at the Roy Baptist Church

Reading of the traditions and concepts: Pam read the traditions, Matt the concepts and warranties.

Approval of Minutes: Robert mentioned that last month's minutes had an error under the section of Wednesday Letting Go in Logan, where it says "...plus, Health and Hope". This should say "plus, Help and Hope". Pam moved for approval of the minutes as amended; John seconded. The vote was unanimous.

The basket was passed as per tradition seven.

Alateen – Sunday – Courage to Be Me – Robert: They only had one teen last week.

Alateen – Monday- Wisdom Kids & Teens in Action –Michelle: No Alateen sponsors for these groups were present.

Sunday: Serenity Hour- Logan – Pam L :They have around 20 attendees, depending on the holidays. It's a solid group and the speaker meeting is well attended. The book study group is doing well. They have some newcomers. Recently they spent a day at the local farmers' market and want to thank the public outreach folks for putting together a tote just for the Logan area. Janet added that a banner is being made up for them and should be ready soon.

Sunday: Sunday 4 Serenity – Beth: Good. They are self-supporting. She finally found someone who would be willing to stand for GR. Last week was a big meeting.

Monday: Courage to Change – Chris C. for Jeff K : This is a good group, always well attended. They always have at least a couple newcomers. The last meeting was during the holiday weekend and was still well attended. A couple from California was in the area visiting family for the holiday. Everyone at the reunion was drunk so they came to our meeting. It just goes to show that you never know who will need your doors to be open.

Monday: Unity – Stefani: Via email - Things are going well. I have three or four regulars now and they are all new to Alanon. We are doing activities along with the CDA groups. It's a great introduction of Alanon to the CDA families. I think the group will continue to grow.

Tuesday: Live & Let Live – Matt: Good. No one came on the 4th of July but someone was there in case they did. It's a small group, self-supporting, with a few newcomers who don't seem to come back. The treasurer recently moved away and Cory has taken the position.

Wednesday: Hope at High Noon – Jane: Nothing new. They still have newcomers and they usually come back. They average 15 to 30 attendees.

Wednesday: Serenity Here We Are – Sherri: Going well; they average 14 members. They recently had to move to a different room as theirs was being used for something else but folks seemed to find them okay. They are self-supporting and have some newcomers.

Wednesday: Letting Go-Logan – John: Good group, good attendance. They currently are getting people from Arizona who migrate to Logan in the summers because it's cooler than Arizona. They are self-supporting and have a very positive group.

Friday: Staying Alive – Sandy: Good. 15 to 20 attendees on average. Self-supporting. They still have a step study meeting before the regular meeting and that's going well. Their treasurer recently moved and they are looking for a new one. The alternate GR said she'd be willing to be treasurer but then that would leave the alternate GR position open.

Saturday CALM – Sheldon W.: Attendance is down a bit for the summer though the meetings are still good. They are self-supporting and have new faces occasionally. The core group seems to be changing a bit.

Saturday: Tri-C's – Jeannie O: If this is a program of attraction and not promotion, they must not be very attractive. ☺ Attendance is scarce but they are not ready to throw in the towel. The group's birthday is in July and they usually have a pot luck birthday party.

Saturday Speaker Meeting – Chris C. for Cory O: Stephanie did a splendid job last month! Next month will be Betty O, who will be speaking for the first time. Please come out and support her. There is a new flyer in the handouts for this meeting as Anna and Sue have swapped months.

District Reports:

Public Outreach – The J-mazing Duo:

1. The Shannon J event was a bit disappointing as it was poorly attended.
2. They are now gearing up for the summer festivals. Roy Days will be July 31st through August 5th. Hooper's will be Labor Day weekend.
3. They have made contact with the Clinton Police Department and they are willing to put *Al-Anon Faces Alcoholism* (AFA) pamphlets in their squad cars for when officers go out on domestic dispute calls.
4. The 2018 AFAs have been ordered and should be coming in August.
5. If anyone has ideas for new ways to do public outreach, please text or email them.
6. Janet has literature that was requested by New Hope Crisis Center in Brigham City. Is anyone willing to take it up there? Pam volunteered to drop it off.

DR – Robert: He asked people to think about a couple of ideas:

1. What about a sharing meeting after the district meeting? Discussion was that if ain't broke, don't fix it. Meetings are long enough already.
2. How about occasionally holding our district meeting with District 3 and then fellowshipping afterwards? District 3 usually meets the third Saturday of each month, between 2 and 4 PM. Some voiced that this was a bad time for them.
3. What other things would you like to see? Pam thought teleconferencing might be nice for those who have to travel a long distance or who may be stuck in traffic. If anyone thinks of any suggestions, please pass them to Robert of Kayla.

Secretary – Kayla: Is on vacation but wanted Robert to remind the GRs that the packets (handouts) are for them to take to their groups to share.

Treasurer – Lisa K: Lisa had to work but sent an updated copy of the district financial statement, which was passed around. The current balance is \$1,252.32.

Alateen – Amanda T has expressed a willingness to take this position. Nine GRs were in attendance and the vote was unanimous in favor of supporting her.

UTAC – Jeannie asked for a report on the Utah Alateen Conference, which was held in June. No one knew for sure but thought there were around 30 to 32 kids in attendance. Robert attended and said the kids seemed to have a good time. The consensus was that it would be nice to have a report to take back

to the groups so the members hear how the money collected helped. Chris C. will pass this information on to the UTAC Planning Committee. Maybe that's something Amanda could bring to the August meeting?

Information Center – Connie: She had a death in the family but asked Chris C. to pass the following information: They didn't have a meeting last month so the only business is that they are still looking to fill open positions, which are secretary and fund raising coordinator.

New Business:

Alateen quilt: Jeff has tickets and the quilt. He was planning on bringing both and passing out tickets for GRs to sell at meetings but he must have been held up at a previous meeting. John recommended that they just take orders for tickets and get the tickets from Jeff next month. The prices are on the flyer.

Upcoming Events:

July 15-Saturday Speaker Meeting, 8-9 pm Ogden Regional Medical Center, Betty O
(Notice: This flyer has been updated since Sue and Anna switched months.)

August 20-Logan Serenity Hour Speaker Meeting, 6:30-7:30, St. John's Episcopal church, Logan, Pat W

Sep 29-Oct 1- Utah Fall Assembly, Utah Sons of the Pioneer building, Millcreek.
Though not on the web, the registration is in your packets. Notice the really good price on registration and food!

Oct 27-29 – Fall Fellowship Weekend, Comfort Suites in Ogden (just off the 21st Street exit of I-15).

Next meeting will be August 3