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***DISTRICT 1 MINUTES FOR October  
October 5, 2017, 6:30 pm at the Roy Baptist Church***

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Reading of the traditions and concepts: **Matt** read the traditions, **Jeff** the concepts, and **John** the warranties.

Approval of Minutes: **Sandy** moved for approval of the minutes; **Matt** seconded. The vote was **Unanimous**

Passing of the basket tradition seven

Alateen – Sunday – Courage to Be Me – Robert: **Kayla: Some Sundays we have Alateens, last Sunday no Alateens.**

Alateen – Monday- Wisdom Kids & Teens in Action –Amanda: **Been out of town. Chris was at the last Monday meeting, 6-8 kids.**

Sunday: Serenity Hour- Logan – Pam L : **Kayla: Meetings have been on the smaller side lately 9-10 members, good meetings, self-supporting**

Sunday: Sunday 4 Serenity – Beth: **Good, smooth, all positions have been filled. Jane-GR, Nancy- Alt. GR and Paul-Treasurer, all starting in January.**

Monday: Courage to Change – Jeff K : **Consistently full, good meeting. New comers quite often, self-supporting. They raised \$380 for the Alateen quilt and will start cans going around the first of the year for UTAC.**

Monday: Unity – **Stefani:**Lorna is the new GR: **Small group, but appealing. Same group each week which allows time to express themselves, they have exchanged phone numbers.**

Tuesday: Live & Let Live – Matt: **Doing good, small group, average 5 members. They have been playing musical rooms and are on their fifth room, same building, but everyone finds them.**

Wednesday: Hope at High Noon – Jane: **Continue to have new comers, they don't always come back. Many are fairly new to Al-Anon.**

Wednesday: Serenity Here We Are – Sherri: Not present

Wednesday: Letting Go-Logan – John: **Good group, higher numbers last month, a bit lower now but more normal #'s, new comers that have kept coming back bring new life, self-supporting**

Friday: Staying Alive – Sandy: **Doing well, self-supporting, large group. Younger people have started coming, maybe make younger new comers feel more comfortable.**

Saturday CALM – Sheldon W.: **Hasn't been to his meeting in a couple of months. Not sure what is up.**

Saturday: Tri-C's – Jeannie O: **Hurried back from Fall Assembly for the meeting, three people there but good meeting.**

Saturday Speaker Meeting – Cory O: **Jeff: October speaker will be Bob.**

### **District Reports:**

Public Outreach – The J-mazing Duo: Joanne:

1. Next week she and Janet are going to Logan to give a presentation to the Logan Police Dept. They are waiting for a call back from the Layton Police Dept.
2. In the newspaper today there is a new recovery center, North Wasatch Recovery, they called Joanne and offered their facility for a new Al-Anon meeting. Joanne is going to take them some literature.
3. There is training available for the drug Narcan, an opiate antidote. More info to come.
4. They have a couple of more Dr.'s offices that Forums are going to.

5. Autoliv health fair, Oct 18, 10-2 pm looking for volunteers, need names by Oct 10. Located in Ogden 3350 Airport Rd

DR – Robert

Thank you to all that were able to make it to the assembly!!!

What feedback would you like to give about the assembly?

- a. Good atmosphere with the combined activities.
- b. Speaker at lunch was awesome.
- c. Alateen speakers blew everyone away.
- d. Activities-did a good job.

Results of area votes

- 1) budget approved for 2018
- 2) adult fun convention 2018 approved- This is basically UTAC for adults. Two years ago Delegate asked what we would like to do for fun and some responses were UTAC for adults.
- 3) Chris C was approved as the area secretary
- 4) Rachel (?) Was approved as the area Alanews coordinator – All digital, no more mailings
- 5) motion to pay for area chair to go to South west regional delegates meeting approved
- 6) pay the full amount for our delegates to go to conference approved
- 7) archives guideline approved

2019 fall assembly will be held by district 1-Going forward we would like to have in conjunction with AA, third weekend in September. Kayla will check with USU Ellen Eccles Conference Center and see if we can hold Fall Assembly there for 2019. 2018 will be held same place as this year.

Can the GR'S ask for volunteers to help with the archives committee from their groups? If interested please contact Chris

Secretary – Kayla: Would we consider having the meeting minutes emailed and read, if you are reading this, make sure to see Kayla at the next meeting for a treat, corrections sent back and made and a vote taken at the meeting instead of printing out the minutes for each packet for each meeting? Motion made by Sheldon: Secretary send minutes via email, individuals send back any corrections, corrections made and sent back out and then a vote is taken at the District meeting for approval of the minutes. Motion seconded by Chris. Vote was unanimous.

Treasurer – Lisa K: Who needs reimbursements – email Lisa

Alateen –Amanda T:

1. Dresden and Amanda will co-chair UTAC and start early in the year.
2. Still need to have a party for the kids who went to UTAC this year and give them their cd.
3. Would like to have something in place for the cans that go around collecting for UTAC. Someone went around from group to group getting donations and the can was allegedly stolen. Amanda will go up to the Area level and see what we can do for the future.

Information Center – Connie:

1. Two service positions open, secretary and fundraiser coordinator, please share this with your groups.
2. AIC is having their Holiday Party; please ask your group to donate a table decoration. Please see Kayla for a treat at the next district meeting if you have read this.
3. There are three books on sale now for \$6 each:
  - a. Al-Anon Family Groups- Classic Edition
  - b. Discovering Choices
  - c. Many Voices, One Journey

### **New Business:**

Sandy brought up the WSO changes to the manual. She discussed with her group and many were not pleased. We are going to **table the discussion until next meeting**. In the meantime, please discuss with your groups. Info can be found at <https://al-anon.org/members/pdf/NewsFromWSC.pdf>

Sandy shared a story about the person who won the UTAC quilt. A friend of Sandy, who is also a member of Al-Anon, son was in the hospital on life support. He was not expected to live beyond life support and was taken off Friday evening and he passed on Saturday. On **Sunday** Saturday her name (Sandy's friend) was drawn and she

won the UTAC quilt. She said it looked like her son had a hand in her winning and she asked what was on the quilt and answered HANDS.

**Upcoming Events:**

October 6-8, Fellowship of the Spirit, Park City Marriot

October 21, Road Trip! You and Your Board Connect, Aurora, CO

October 21-Saturday Speaker Meeting, Ogden Regional Medical Center, 8-9 pm. Jeanne F.

October 27-29, Fall Fellowship Weekend, Comfort Suites in Ogden (just off the 21st Street exit of I-15).

December 9, AIC Winter Party, 1-5 pm, Ogden Alano Club

**Next meeting will be November 2**