
DISTRICT 1 AGENDA FOR MARCH

March 2, 2017, 6:30 pm at the Roy Baptist Church

Reading of the traditions and concepts: Jeff K read the traditions, Jane the concepts, and Pam L the warranties.

Approval of Minutes: John moved for approval of the minutes; Jeff K seconded. The vote was unanimous

Passing of the basket ☺

Alateen – Sunday – Courage to Be Me – Robert: Last two weeks one Alateen – joined Al-Anon for the speaker meeting. Have had up to four teens. Talked about expenditures and dispersal of funds and they have decided how to disperse these funds.

Alateen – Monday- Wisdom Kids & Teens in Action – Sheldon or Michelle: Younger group have had 5-6 kids, older group on average 1.2, they have been combining the two age groups. Michelle has been working on finding replacements herself and Sheldon –has two nights filled.

Sunday: Detach with Love – Dora: Dora has stepped down as GR – currently no GR

Sunday: Serenity Hour- Logan – Pam L : Good group – sometimes more than two dozen people, have new comers. They placed Forums in mental health facility, substance abuse center and are talking to schools to see if they can donate some literature.

Sunday: Sunday 4 Serenity – Beth: Sent me a text, not able to attend

Monday: Courage to Change – Jeff K : Consistently full, 16-20 people, 1-2 new comers per week, self-supporting, no issues, good group.

Monday: Unity – Stefani: Absent

Tuesday: Live & Let Live – Matt: Doing good – small group 4 people, one week no one showed up. Self-supporting and no issues.

Wednesday: Hope at High Noon – Jane: Full room, 15-20/week, sometimes new comers, no problems. Collected \$45 for the quarterly appeal, WSO.

Wednesday: Serenity Here We Are – Sherri: Good, small group 10-12 people, four new comers last meeting, self-supporting.

Wednesday: Letting Go-Logan – John: Good group, 8-14 people, self-supporting, occasional new comer.

Friday: Staying Alive – Sandy: Self-supporting, 15-20 people per week, good group, new comers on a regular basis. They are starting a step meeting one hour prior to the regular meeting. Eight people are interested. She was approached by several people on working the steps and they decided to make a step meeting.

Saturday CALM – Sheldon W.: Excellent group, about 25, last week 30 and five new comers. They are stocked with literature and couldn't be better!

Saturday: Tri-C's – Jeannie O: Five – six regulars, self-supporting, a couple of new comers. AA meeting is back on the schedule, unfortunately the put the wrong start time, hopefully will be corrected because spouses of the AA a lot of times will attend the Al-Anon meeting that is held at the same time.

Saturday Combined Speaker Meeting – Cory O: Jeff K for Cory – Usually 80-100 people, around ten are Al-Anon. Good meeting. Bake sale for UTAC in back usually brings in \$20-\$30 per meeting. The speakers are always good to listen to.

New Business: Budget 2017

Below is from the November 2016 meeting which didn't get carried over to the February agenda.

1. Proposed budget for 2017 – Trish went back over the comparative charts for the past few years and her suggested budget is below. The income varies so much that whatever budget the committee comes up with will need to be somewhat fluid. Robert asked that everyone review this and come ready to talk about it at the December meeting.

District Meeting Rent - \$120 This works out to be \$10 per meeting/month

Info Center Coins - \$80 Why is the district buying these coins? We need more info.

Donations - \$300 (WSO, Info Center, Area) Difficult to allocate for budget since this is a static fund

Printing Expenses - \$100 Move this amount to \$120 to include archival printing

Public Outreach - \$150 They will put a budget together soon, but are needing more than \$150.

Discussion: Jeff – public outreach cans are going around groups, would this money be included as part of the budget? Jane – If we don't have the donation cans, where does the money come from?

Robert- would like to see the cans stop, this is a district responsibility. GRs should be taking back to their groups how and what moving the group money goes for. Each group is autonomous.

Dist. Rep. Expenses - \$200

Workshops - \$300

Total \$1250

Sheldon – We can make a knowledge based decision on budget when we know expenses and income. Budget has been tabled until next meeting

Table budget until next meeting.

Action Item: All District Officers please bring your budget to the April meeting.

2. Vote to reimburse Chris C for printing costs for Service Workshop held in February. Total cost for the handouts is \$88.21. Jane made a motion to pay Chris, Pam L seconded, Vote was 8 for and one abstained.
3. Pens - there are some public outreach pens left from our order next year. If the district is willing, we will donate them to spring assembly to be added to the love gift for all the attendees. Discussion on pens...Many people suggested we give these pens back to public outreach for future events. Sheldon made a motion to turn the pens back to Public Outreach, Pam seconded, vote unanimous.
4. Register for spring assembly! It is the polite thing to do so that your lunch preference can be ordered. The rooms are all booked for Friday and no rooms available, but there are rooms available for Saturday. If you share with someone (there are 2 queen beds in each room), it keeps the cost down to about \$35 per night per person. Hotel phone number is on the registration.
5. When doing the budget, see if I (Chris) can be reimbursed for the copies I made for the handouts. Lisa has the numbers. There's enough left over to print the district 1 archive stuff. Apparently we are still required to submit our archives in paper and district 1 has not complied for the past 6 to 8 years. That's a lot of archival sheet protectors! I'm thinking maybe \$50 will at least take care of the last three years.
6. Combined speaker meeting: This is a district meeting and has in the past been solely supported by Cory and Chris. We need to share the work, please. The job entails, being there before 7:30, setting up the chairs and table for selling UTAC baked goods, chairing the meeting, introducing the AI-Anon speaker, closing the meeting, splitting the basket with the AA GR, and making sure everything is tidied up after the meeting.
This is a district responsibility; we cooperate in conjunction with AA.
Action Item for GRs- Take back to your groups who would be willing to support and volunteer to lead the combined speaker meeting on the months AI-Anon is up.
Robert will make a calendar so groups can sign up. Need a format to follow for leading the meeting. Jeff suggested we make 12 copies and pass out to all the groups.

The UTAC bake sale is not part of the district, we are not in charge of this.
Table discussion until next meeting.

7. Spring Asseblly 2017-Additional activities added to Friday night:
 - a. 5:30-6:30 Chat with your delegate-maybe bring your dinner
 - b. 6:30-7:00 GR and Alternate GR Reception (open to all members)
with Alternate Delegate Michelle G and representatives from the Host Committee
Check-in with arriving GRs and Alt GRs, the Alternate Delegate, and representatives from the Host Committee in an open-house style. Pick up your GR orientation packet for the 2017-2019 UT Area panel. This is an opportunity to pause for a few minutes, arrive with us at the Assembly, get help working out any kinks that may be troubling you, and find out what's going on tomorrow so you can get the big picture and feel at ease going into it.
 - c. 8:00-9:00 AWSC Get Together
8. Alateen training TBD in April 2017

District Reports:

Public Outreach – The J-mazing Duo: Sending out Forum subscriptions, speaking at Brighton Recovery once a month, purchased literature to make packets for 4 schools, and hoping to get some suggestions/contacts for some police departments. We will also be putting together a PO budget as soon as Joanne gets back from her trip next week.

Spring Assembly Chair-Kayla O- Chris C has added this web page to the website: <http://utah-alanon.org/content/2017-spring-assembly>

DR – Robert

Secretary – Kayla:

Treasurer – Lisa K: Absent – sent copies of 2016 and 2017 District One donation charts and income and expense reports for 2012-2016.

Alateen – Open Position: Michelle is stepping down as Alateen Coordinator for the district but said she would be willing to help with processing AMIAS paperwork until a new coordinator is found. She made a plea to the group to ask GRs to encourage members to become AMIAS sponsors so they have help with teen functions. The requirements are 2 years in Al-Anon and the lack of any prior felonies. **This position is OPEN**

1. Donation cans: Jeff K passed out several UTAC donation cans for GRs to take to their groups, asking them to solicit donations to sponsor a teen to go to camp. There are also fundraiser flyers in your packets.
2. There are still open positions for UTAC.

Information Center – Connie W.

1. Has ten keys for to the AIC- if anyone needs one please see Connie.
2. 500 Schedules printed – 100 went to Public Outreach.
3. Positions open in AIC:
 - a. Secretary
 - b. Fundraiser Chair
4. There are 26 Paths to Recovery workbooks in stock at the AIC
5. Not many voicemails are being left on the AIC answering machine since the Al-Anon website has been advertised. We should rethink how to handle this for the future.

Upcoming Events:

1. TBD - Fall Fellowship Planning meeting Comfort Suites
2. March 4 – AMIAS Workshop Committee Meeting 12 pm @ Bella's Restaurant in Far West

3. March 16 – 6:30 PM – Ogden Information Center Meeting – Alternate GRs should be representing their groups at this meeting!
4. March 17 – 19– Utah Area AI-Anon/Alateen Spring Assembly - Eccles Conference Center on USU Campus, 5005 Old Main Hill, Rm 203, 205 & 207 Logan
5. March 18 – Combined speaker meeting Ogden Regional Hospital 8-9 pm
6. June 3 – Delegates Day (no flyer available yet and location TBD)
7. June 9-11 – UTAC (no flyer available yet)
8. October 6-8 – Fellowship Of the Spirit, Park City (no flyer available yet)

Next meeting will be April 6