

## ALATEEN MEETINGS

### MONDAY

#### 7:00 PM SERENITY KIDS (Ages 10-18)

C St. James Episcopal Church  
WC 7486 S Union Park Ave (1300 E)  
Midvale 84047 (Al-Anon / AA)

### TUESDAY

#### 8:00 PM TUESDAY TEENS (Ages 13-18)

C St. James Episcopal Church  
WC 7486 S Union Park Ave (1300 E)  
Midvale 84047 (Al-Anon / AA)

## AL-ANON ADULT CHILDREN MEETINGS

### SUNDAY

#### 6:00 PM DISCOVERY ADULT CHILDREN

C Alano Club **90 minutes**  
5056 S 300 W, Murray 84107

## BUSINESS MEETINGS

#### 2:00 PM AAIS BOARD MEETING

O *First Saturday of Each Month*  
Murray Library, 166 E 5300 S  
or call AAIS 801-262-9587

#### 2:00-4:00PM

#### O DISTRICT BUSINESS MEETING

*Usually Third Saturday of each Month*  
Alano Club  
5056 S 300 W, Murray 84107

*If the group you are attending is not right for you, please try another. There is help available in Al-Anon.*

### SCHEDULE LEGEND

When our District lists a group at their request, there is an informal agreement that the group will abide by Al-Anon Traditions and keep its door opens to any Al-Anon member. Listing in the directory does not constitute approval of any group's manner of practicing the Al-Anon program.

- O** Open: Anyone interested may attend.  
**C** Closed: For anyone whose personal life has been deeply affected by close contact with a problem drinker.  
**WC** Wheelchair Accessible

#### Meeting Length

Most Meetings are 60 minutes unless otherwise noted.

#### (AA/Al-Anon/Alateen)

Other programs meeting at the same time and location but in separate rooms.

#### ATTENTION GROUPS:

If you need to **add/remove or change** Information on the schedule  
**PLEASE LEAVE A MESSAGE AT THE BOOK STORE**  
or email  
utahareaic@gmail.com

**For information about meetings call the Al-Anon Information Center 801-262-9587**

**AL-ANON INFORMATION CENTER**  
for information and Al-Anon Literature  
**Open 10 a.m. to 4 p.m.**  
**Monday through Saturday**  
**(801) 262-9587**

We're upstairs east of the stage at the Alano Club, 5056 South 300 West in Murray (Salt Lake metro area, for newcomers and visitors). We have Al-Anon literature, flyers about upcoming events, and good sharing. Come see us!

#### The Pre-amble

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization, or institution; does not engage in any controversy; neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics and by giving understanding and encouragement to the alcoholic.

**DISTRICT 3**  
**MEETING SCHEDULE for**  
**AL-ANON, ALATEEN, and**  
**AL-ANON ADULT CHILDREN**  
(Salt Lake City, Park City, Kamas, West Valley City, Draper, Midvale, Sandy, Bountiful & Tooele)

For More Al-Anon Information and the latest copy of this schedule visit:

[www.utah-alanon.org](http://www.utah-alanon.org)

**Al-Anon/Alateen Information Service Inc.**  
(for information and Al-Anon Literature)

**Open 10 a.m. to 4 p.m.**  
**Monday through Saturday**  
5056 South 300 West  
Murray, UT 84107  
**(801) 262-9587 (local)**  
(866) 262-9587 (toll-free)

Para Información en español, llámé  
(801) 304-2040

**AL-ANON FAMILY GROUPS**  
*for families and friends of alcoholics*

**Current as of December 20, 2016**

Mid-printing updates posted on  
[www.utah-alanon.org](http://www.utah-alanon.org)

For information about meetings anywhere in the US or Canada, call from USA (888) 4AL-ANON or 425-2666 between 8:00 a.m. and 4:00 p.m. EST:  
[www.al-anon.org](http://www.al-anon.org)

## AI-ANON MEETINGS

### DAILY

#### UN DIA A LA VEZ (Spanish)

##### 10:00 AM Sunday

7:00 PM Monday thru Friday

O 3646 S. Redwood Road (1700 W)  
WC piso uno #109 WVC 84119 **90 minutes**

### SUNDAY

#### 6:00 PM RED BARN AFG

FIRST SUNDAY OF EACH MONTH

1200 W Red Barn Lane

Farmington 84025

#### 5:00 PM TOOELE CHOICES 4 U

O Faith Mountain Lutheran Church

WC 560 S Main, Tooele 84074

#### 6:30 PM SPIRITUAL QUEST

O Holladay United Church of Christ

WC 2631 E Murray-Holladay Rd (4800 S)

Holladay 84117 (AA)

#### 6:00 PM DISCOVERY ADULT CHILDREN

C Alano Club **90 minutes**

5056 S 300 W, Murray 84107

#### 8:00 PM SUNDAY NIGHT STEP – Step Study

O Alano Club

5056 South 300 West, Murray 84107

### MONDAY

#### 11:00 AM MONDAY MIRACLES

O Holladay United Church of Christ

WC 2631 E Murray-Holladay Rd (4800 S)

Holladay 84117 **90 minutes**

#### 5:30 PM Discovering Choices

O Fellowship Hall

WC 2060 Windsor Street

SLC 84105

#### 6:30 PM LIVING & LEARNING IN AL-ANON

Beginners Meeting

St. James Episcopal Church

7486 S Union Park Ave. (1300 E)

Midvale 84047 (Alateen/AA)

#### 7:00 PM LIVING & LEARNING IN AL-ANON

O St. James Episcopal Church

WC 7486 S Union Park Ave. (1300 E)

Midvale 84047 (Alateen/AA)

#### 7:00 PM PATHS TO RECOVERY

C Step Study

WC Creekside Christian Community Church

1314 Bitner Road, Park City 84098

### TUESDAY

#### 1:00 PM BEGIN HERE INVENTORY

O Fourth Step Study/Work Group

Holladay United Church of Christ

2631 E Murray-Holladay Rd (4800 S)

Holladay 84117 **90 minutes**

#### 6:15 PM NEW BEGINNINGS

O Magna Alano West **75 minutes**

9100 West Main Street (2700 South)

Magna 84044 (basement entry, west stairs)

#### 7:00 PM MIDWAY MIRACLES

O Midway City Offices

WC 75 N 100 W, Midway 84049

Enter through west doors

#### 7:00 PM BOUNTIFUL STEP BY STEP

O Back Street Club

25 North 200 West, Bountiful 84010

#### 7:00 PM SOUTH ENDERS AL-ANON

O Alta Canyon Baptist Church

WC 11194 South 1000 East

Sandy 84094 (AA)

#### 8:00 PM SANDY GROUP

O St. James Episcopal Church

WC 7486 S. Union Park Ave. (1300 E)

Midvale 84047 (Alateen/AA) (Babysitting)

### WEDNESDAY

#### 11:00 AM MY HOOP

O Pioneer Museum, 47 E Vine St

WC Basement enter in back

Corner of Garden & Vine

Tooele 84074

#### 11:30 AM WEDNESDAY LUNCH BUNCH

O First Baptist Church **90 minutes**

WC 777 South 1300 East SLC 84102

#### 6:00 PM PARK CITY MOUNTAIN MIRACLES

O St Luke's Church

WC 4595 Silver Spring Drive, Park City 84098

#### 7:00 PM VALOR PARA CAMBIAR (Spanish)

C St. Therese Church

WC Religious Ed Bld., Room 1

7832 S Allen (615 W), Midvale 84047

#### 7:00 PM SERENITY SEEKERS

O Avalon West

WC 6246 S. Redwood Road

WVC 84123

#### 7:00 PM WEDNESDAY STEP STUDY

O Mount Tabor Lutheran Church

WC 175 S 700 E SLC

#### 8:00 PM LOST & FOUND GROUP

O Alano Club **90 minutes**

5056 S 300 W, Murray 84107

### THURSDAY

#### 1:15 PM IS AL-ANON FOR YOU?

O Alano Club **90 minutes**

5056 S 300 W, Murray 84107

#### 5:00 PM BEGIN HERE INVENTORY

O Fourth Step Study/Work Group

Holladay United Church of Christ

2631 E. Murray-Holladay Road (4800S)

Holladay 84117

#### 7:00 PM BOUNTIFUL EASY DOES IT

O Bountiful Community ChurchWC

WC 150 North 400 East

Bountiful 84010 (AA)

#### 7:00 PM LET IT BEGIN WITH ME - Beginners

O Life Church **75 minutes**

WC 3818 W. 4700 S., WVC 84120

North of Life Church parking lot

Enter through Life Christian Academy Doors

#### 7:45 PM UNITY Al-Anon Group

O U of U Neuropsychiatric Institute (UNI)

WC 501 Chipeta Way (2265 E)

South of Fort Douglas Cemetery

SLC 84108

#### 8:00 PM AL-ANON 101 AND BEYOND

O St Vincent's Church

WC 1385 East Spring Lane, Murray 84117

Benvegnu Center (Bldg. north of the church)

### FRIDAY

#### 7:00 PM FRIDAY NIGHT SERENITY

O Step Study Group **90 minutes**

WC Miss Swendys Day School

2722 W 6620 S, West Jordan 84084

#### 7:00 PM HOPE FOR TODAY

O Mt. Vista Methodist Church

WC 8931 South 3200 West

West Jordan 84088

#### 7:30 PM COUPLES IN SOBRIETY

O All Saints Episcopal Church

WC West entrance

1710 S. Foothill, SLC 84108

#### 7:00 PM QUE OMPIECE POR MI (Spanish)

O Alano Club (card room)

5056 S 300 W, Murray 84107

### SATURDAY

#### 9:30 AM SATURDAY SERENITY

O Saddle View Office Park

WC Bldg. B Basement **90 minutes**

2200 Park Ave, Park City 84060

#### 5:30 PM SATURDAY STEP **90 minute**

O Friendship Manor, Level A, Board Room

WC 1320 E. 500 South, SLC 84102