
DISTRICT 1 MINUTES FOR APRIL

April 6, 2017, 6:30 pm at the Roy Baptist Church

Reading of the traditions and concepts: Matt read the traditions, Pam the concepts, and Chris the warranties.

Approval of Minutes: Pam moved for approval of the minutes; Janet seconded. The vote was Unanimous

Passing of the basket

Alateen – Sunday – Courage to Be Me – Robert: Last two weeks no teens

Alateen – Monday- Wisdom Kids & Teens in Action – Sheldon or Michelle: Next Monday will be Sheldon's last week. Cory and Amanda will sponsor for the next couple of weeks. Michelle will step down in June.

Sunday: Serenity Hour- Logan – Pam L : Good full group – 20 or more – newcomers most weeks – self-supporting. Had a lot of group support at the Spring Assembly.

Sunday: Sunday 4 Serenity – Beth: Going good – no issues- self-supporting

Monday: Courage to Change – Jeff K : No issues – last week four newcomers, they are finding us.

Monday: Unity – Stefani: Not self-supporting- besides Stefani only one other steady person. Stefani is supporting the group out of her own pocket. They are going to have a bake sale to help raise money to support the meeting. Flyer is in the packets handed out in the district meeting. GRs - Please mention in your groups that this meeting needs support if someone has the time and ability to attend. United Methodist Church 163 E 4800 S Washington Terrace, Monday 7:30 pm

Tuesday: Live & Let Live – Matt: Self-supporting – been doing UTAC donations can. They have a guy who is a double winner....read from the service manual to speak Al-Anon at the meeting.

Wednesday: Hope at High Noon – Jane: Connie for Jane – Going good – they have newcomers attending

Wednesday: Serenity Here We Are – Sherri: Barbara for Sherri - Self-supporting and have newcomers, 8-12 members per week, doing good.

Wednesday: Letting Go-Logan – John: Robert for John – Self-supporting – issues with a member walking out with items from the building. Good sized group about 10.

Friday: Staying Alive – Sandy: Doing well, 24-27 people – have newcomers every week – self-supporting. They had an issue with a couple from out of town who attended the meeting. The husband stated when he introduced himself that he is an active alcoholic but wants a better relationship with his son who is also an alcoholic. Does Al-Anon have a stance on a situation like this one? A suggestion was made to remind the person to please speak Al-Anon. Ultimately up to the group to decide how to deal and resolve this issue.

Saturday CALM – Sheldon W.: Solid group – 25 people – financially in good shape – have newcomers.

Saturday: Tri-C's – Jeannie O: No people attending. GRs - Please mention in your groups that this meeting needs support if someone has the time and ability to attend. Clearfield Community Church 525 E 200 S, Clearfield.

Saturday Combined Speaker Meeting – Cory O: Robert for Cory – They are holding position elections next month and they could use some Al-Anon support. Jeff says to bring \$ to buy baked goods from the Alateens for UTAC..

New Business:

Budget 2017

1. Proposed budget for 2017 – Trish went back over the comparative charts for the past few years and her suggested budget is below. The income varies so much that whatever budget the committee comes up with will need to be somewhat fluid. Robert asked that everyone review this and come ready to talk about it at the December meeting.

District Meeting Rent - \$120
Info Center Coins - \$80
Donations - \$300 (WSO, Info Center, Area)
Workshops - \$300

DR BUDGET EXPENSES

TRAVEL TO- FROM DISTRICT MEETING

* 100miles per month × 12= 1200 @ .15cents per = \$180 year

ASSEMBLY'S

* spring = 0 miles

* delegates day = 278miles @ .15cents per =\$41

* fall = 180miles = @.15cents per = \$27

Total= \$68 for assembly travel

REGISTRATION FOR ASSEMBLY'S

* spring = \$25

*Delegates day = \$25 The registration has decreased to \$5

* fall = \$25

Total registration cost = \$75 Change to \$55

**** TOTAL DR BUDGET = \$323 FOR THE YEAR** Change to \$303**

Alt DR BUDGET EXPENSES

TRAVEL TO and FROM DISTRICT MEETING (No meeting in January and PRAASA in March)

14 miles per month × 10 = 140 @ .15 cents per = \$21 year

ASSEMBLY'S

- spring = 100 miles = \$5 in gas (paid for by group)

- delegates day = 170 miles @ .15 cents per = \$25.50

- fall = 70 miles = @.15 cents per = \$10.50

Total= \$36 for assembly travel

REGISTRATION FOR ASSEMBLY'S

- spring = \$25

- Delegates day = \$25 The registration has decreased to \$5

- fall = \$25

Total registration cost = \$75 Change to \$55

**** TOTAL ALT DR BUDGET = \$132 FOR THE YEAR** Change to \$112**

SECRETARY BUDGET EXPENSES

- Printing Expenses - \$100

- TRAVEL TO- FROM DISTRICT MEETING * 100miles per month × 12= 1200 @ .14cents per = \$168 year

****TOTAL SECRETARY BUDGET = \$268 FOR THE YEAR****

1. Kevin - the Area Treasurer invited by DR to discuss budgets. In his early years in Al-Anon meetings he attended where money was discussed was very difficult and fear based. When he became Area Treasurer his theme was living abundantly. Talk to your groups about being abundant when the basket is passed. Budget – what are we spending and how do we want to spend?
 - a. When making a budget round up, doesn't need to be to the exact penny. Add up all individual budgets and also set a prudent reserve – this is what we would need to keep the district meeting going for at least two months and eventually for a year.
 - b. Have the treasurer give a report at the group level so everyone understands where the money they are donating goes to.
2. There was much discussion concerning the budget.

- a. Lisa went over what we have in the bank - \$1,176.35. And the proposed budget thus far is \$1,583. Total donations from last year totaled \$1,749
 - b. We need a prudent reserve, a budget for Alateen and how do we budget for donations.
 - c. Medallions (formerly known as coins) should be self-supporting. Motion made by Chris C. to expunge financial responsibility for medallions by district. Motion was seconded by Robert the vote was 10 for and one abstained. Motion passed.
 - d. Lisa will bring a complete budget to the next district meeting. **Action item**
 - e. As a district we decide how the budget will look and if we are quickly exceeding this budget we can regroup. Have a fund raiser. Limit how many times we meet as a district were some possible ideas. Bottom line is we are trusted servants who volunteer and should be supported by the groups.
3. Combined speaker meeting: This is a district meeting and has in the past been solely supported by Cory and Chris. We need to share the work, please. The job entails, being there before 7:30, setting up the chairs and table for selling UTAC baked goods, chairing the meeting, introducing the Al-Anon speaker, closing the meeting, splitting the basket with the AA GR, and making sure everything is tidied up after the meeting.
- a. **Action Item for GRs- Take back to your groups - who would be willing to support and volunteer to lead the combined speaker meeting on the months Al-Anon is up.**
 - b. Robert will make a calendar so groups can sign up. Need a format to follow.
4. **Alateen training TBD in April 2017**

District Reports:

Public Outreach – The J-mazing Duo:

DR – Robert

Secretary – Kayla: The flyers that are included in the packets that are handed out each month need to be brought back to the groups and shared. This is part of the printing cost that is in the proposed budget.

Treasurer – Lisa K: **Action item: Bring proposed budget to next meeting and touch bases with Michelle who is acting Alateen Coordinator until a new one is found, and get a proposed budget for the Alateens.**

Alateen – Open Position: Michelle is stepping down as Alateen Coordinator for the district but said she would be willing to help with processing AMIAS paperwork until a new coordinator is found. She made a plea to the group to ask GRs to encourage members to become AMIAS sponsors so they have help with teen functions. The requirements are 2 years in Al-Anon and the lack of any prior felonies.

Information Center – Connie W.

1. The AIC has new welcome packets; they are \$1.40/each.
2. GRs please take back to your groups that if you buy the Courage to Change and One Day at a Time (ODAT) together it will be \$23 instead of \$25 if you buy separately. **GR action item**
3. Norma sent a check to the WSO for 400 more 2017 Al-Anon faces Alcoholism. WSO says they did not receive her check in time so they will send the 2018 that comes out in August in place of the 2017.
4. AIC will handle all voicemails that come in on the phone line. Robert feels that after the AIC asked for help from the groups that this is controlling and the groups should still be involved. Connie will take this back to the AIC. **Action item**

UTAC – Jeff K. Jeff made a flyer for the Poker run, May 20. Bring the flyer back to him colored for a treat!!

Upcoming Events:

1. April 8 - AAIS Western Soup and Chili Event Noon-3pm

2. April 11 - Fall Fellowship Committee meeting Comfort Suites Executive conference room @ 6 pm
3. April 20 – 6:30 PM – Ogden Information Center Meeting – Alternate GRs should be representing their groups at this meeting!
4. April 15 – Combined speaker meeting Ogden Regional Hospital 8-9 pm
5. April 16-Logan Sunday night speaker meeting @ St. Jon's Episcopal Church, John M
6. June 3 - Utah Area Delegate's Day, 11 am – 3pm Payson, UT
7. June 9 - 11 – UTAC (no flyer available yet)
8. September 29 - October 1 Utah Area Fall Assembly, Save the date
9. October 6-8 – Fellowship Of the Spirit, Park City (no flyer available yet)

Next meeting will be May 4