

ALATEEN MEETINGS

MONDAY

7:00 PM SERENITY KIDS (Ages 10-18)

C St. James Episcopal Church
WC 7486 S Union Park Ave (1300 E)
Midvale 84047 (Al-Anon / AA)

TUESDAY

8:00 PM TUESDAY TEENS (Ages 13-18)

C St. James Episcopal Church
WC 7486 S Union Park Ave (1300 E)
Midvale 84047 (Al-Anon / AA)

If the group you are attending is not right for you, please try another. There is help available in Al-Anon.

SCHEDULE LEGEND

When our District lists a group at their request, there is an informal agreement that the group will abide by Al-Anon Traditions and keep its door open to any Al-Anon member. Listing in the directory does not constitute approval of any group's manner of practicing the Al-Anon program.

- O** Open: Anyone interested may attend.
C Closed: For anyone whose personal life has been deeply affected by close contact with a problem drinker.
WC Wheelchair Accessible

Meeting Length

Most Meetings are 60 minutes unless otherwise noted.

(AA/Al-Anon/Alateen)

Other programs meeting at the same time and location but in separate rooms.

ATTENTION GROUPS:

If you need to **add/remove or change** Information on the schedule PLEASE LEAVE A MESSAGE AT THE BOOK STORE or email utahareaic@gmail.com

For information about meetings call the Al-Anon Information Center 801-262-9587

AL-ANON INFORMATION CENTER
for information and Al-Anon Literature
Open 10 a.m. to 4 p.m.
Monday through Saturday
(801) 262-9587

We're upstairs east of the stage at the Alano Club, 5056 South 300 West in Murray (Salt Lake metro area, for newcomers and visitors). We have Al-Anon literature, flyers about upcoming events, and good sharing. Come see us!

The Pre-amble

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization, or institution; does not engage in any controversy; neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics and by giving understanding and encouragement to the alcoholic.

DISTRICT 3 MEETING SCHEDULE for AL-ANON, ALATEEN, and AL-ANON ADULT CHILDREN

(Salt Lake City, Park City, Kamas, West Valley City, Draper, Midvale, Sandy, Bountiful & Tooele)

For More Al-Anon Information and the latest copy of this schedule visit:

www.utah-alanon.org

Al-Anon/Alateen Information Service Inc.
(for information and Al-Anon Literature)

Open 10 a.m. to 4 p.m.
Monday through Saturday
5056 South 300 West
Murray, UT 84107
(801) 262-9587 (local)
(866) 262-9587 (toll-free)

Para Información en español, llámé
(801) 304-2040

AL-ANON FAMILY GROUPS
for families and friends of alcoholics

Current as of August 1, 2016

Mid-printing updates posted on
www.utah-alanon.org

For information about meetings anywhere in the US or Canada, call from USA (888) 4AL-ANON or 425-2666 between 8:00 a.m. and 4:00 p.m. EST:
www.al-anon.org

AL-ANON ADULT CHILDREN MEETINGS

SUNDAY

6:00 PM DISCOVERY ADULT CHILDREN

C Alano Club **90 minutes**
5056 S 300 W, Murray 84107

BUSINESS MEETINGS

2:00 PM AAIS BOARD MEETING

O *First Saturday of Each Month*
Murray Library, 166 E 5300 S
or call AAIS 801-262-9587

2:00-4:00PM

O **DISTRICT BUSINESS MEETING**
Usually Third Saturday of each Month
Alano Club
5056 S 300 W, Murray 84107

AL-ANON MEETINGS

DAILY

UN DIA A LA VEZ (Spanish)

10:00 AM Sunday

7:00 PM Monday thru Saturday

O 3646 S. Redwood Road (1700 W)
O piso uno #109 WVC 84119 **90 minutes**

SUNDAY

6:00 PM RED BARN AFG

FIRST SUNDAY OF EACH MONTH
1200 W Red Barn Lane
Farmington 84025

1:30 PM ACCEPTANCE

O Gay/Lesbian Emphasis
O Utah Pride Center
O 255 East 400 South, SLC 84111

5:00 PM TOOELE CHOICES 4 U

O Faith Mountain Lutheran Church
WC 560 S Main, Tooele 84074

6:30 PM SPIRITUAL QUEST

O Holladay United Church of Christ
WC 2631 E Murray-Holladay Rd (4800 S)
Holladay 84117 (AA)

8:00 PM SUNDAY NIGHT STEP – Step Study

O Alano Club
O 5056 South 300 West, Murray 84107

MONDAY

11:00 AM MONDAY MIRACLES

O Holladay United Church of Christ
WC 2631 E Murray-Holladay Rd (4800 S)
Holladay 84117 **90 minutes**

5:30 PM Discovering Choices

O Fellowship Hall
WC 2060 Windsor Street
SLC 84105

6:30 PM LIVING & LEARNING IN AL-ANON

Beginners Meeting
St. James Episcopal Church
7486 S Union Park Ave. (1300 E)
Midvale 84047 (Alateen/AA)

7:00 PM LIVING & LEARNING IN AL-ANON

O St. James Episcopal Church
WC 7486 S Union Park Ave. (1300 E)
Midvale 84047 (Alateen/AA)

7:00 PM PATHS TO RECOVERY

C Step Study
WC Creekside Christian Community Church
1314 Bitner Road, Park City 84098

TUESDAY

1:00 PM BEGIN HERE INVENTORY

O Fourth Step Study/Work Group
O Holladay United Church of Christ
O 2631 E Murray-Holladay Rd (4800 S)
O Holladay 84117 **90 minutes**

6:15 PM NEW BEGINNINGS

O Magna Alano West **75 minutes**
O 9100 West Main Street (2700 South)
O Magna 84044 (basement entry, west stairs)

7:00 PM MIDWAY MIRACLES

O Midway Community Center
WC 136 West Main St. Midway 84049

7:00 PM BOUNTIFUL STEP BY STEP

O Back Street Club
O 25 North 200 West, Bountiful 84010

7:00 PM SOUTH ENDERS AL-ANON

O Alta Canyon Baptist Church
WC 11194 South 1000 East
Sandy 84094 (AA)

8:00 PM SANDY GROUP

O St. James Episcopal Church
WC 7486 S. Union Park Ave. (1300 E)
Midvale 84047 (Alateen/AA) (Babysitting)

WEDNESDAY

11:00 AM MY HOOP

O Pioneer Museum, 47 E Vine St
WC Basement enter in back
O Corner of Garden & Vine
O Tooele 84074

11:30 AM WEDNESDAY LUNCH BUNCH

O First Baptist Church **90 minutes**
WC 777 South 1300 East SLC 84102

6:00 PM PARK CITY MOUNTAIN MIRACLES

O St Luke's Church
WC 4595 Silver Spring Drive, Park City 84098

7:00 PM VALOR PARA CAMBIAR (Spanish)

C St. Therese Church
WC Religious Ed Bld., Room 1
O 7832 S Allen (615 W), Midvale 84047

7:00 PM SERENITY SEEKERS

O Avalon West
WC 6246 S. Redwood Road
O WVC 84123

8:00 PM LOST & FOUND GROUP

O Alano Club **90 minutes**
O 5056 S 300 W, Murray 84107

THURSDAY

1:15 PM IS AL-ANON FOR YOU?

O Alano Club **90 minutes**
O 5056 S 300 W, Murray 84107

5:00 PM BEGIN HERE INVENTORY

O Fourth Step Study/Work Group
O Holladay United Church of Christ
O 2631 E. Murray-Holladay Road (4800S)
O Holladay 84117

7:00 PM BOUNTIFUL EASY DOES IT

O Bountiful Community Church
WC 150 North 400 East
O Bountiful 84010 (AA)

7:00 PM LET IT BEGIN WITH ME - Beginners

O Life Church **75 minutes**
WC 3818 W. 4700 S., WVC 84120
O North of Life Church parking lot
O Enter through Life Christian Academy Doors

7:45 PM UNITY Al-Anon Group

O U of U Neuropsychiatric Institute (UNI)
WC 501 Chipeta Way (2265 E)
O South of Fort Douglas Cemetery
O SLC 84108

8:00 PM AL-ANON 101 AND BEYOND

O St Vincent's Church
WC 1385 East Spring Lane, Murray 84117
O Benvegnu Center (Bldg. north of the church)

FRIDAY

7:00 PM FRIDAY NIGHT SERENITY

O Step Study Group **90 minutes**
WC Miss Swendy,s Day School
O 2722 W 6620 S, West Jordan 84084

7:00 PM HOPE FOR TODAY

O Mt. Vista Methodist Church
WC 8931 South 3200 West
O West Jordan 84088

7:30 PM COUPLES IN SOBRIETY

O All Saints Episcopal Church
WC West entrance
O 1710 S. Foothill, SLC 84108

7:00 PM QUE OMPIECE POR MI (Spanish)

O Alano Club (card room)
O 5056 S 300 W, Murray 84107

SATURDAY

9:30 AM SATURDAY SERENITY

O Saddle View Office Park
WC Bldg. B Basement **90 minutes**
O 2200 Park Ave, Park City 84060

5:30 PM SATURDAY STEP 90 minute

O Friendship Manor, Level A, Board Room
WC 1320 E. 500 South, SLC 84102