

## AL-ANON MEETINGS

### MONDAY

**7:00 PM** Ephraim Meeting

- O Ephraim Mental Health Bldg.  
390 W 100 N  
Ephraim, Ut

### TUESDAY

**12:00 PM** Courage to Change

- C St. Mary's Church
- WC 50 W. 200 N.  
Provo, UT 84601

**7:00 PM** Senderos de Recuperacion

- C (Spanish Speaking)  
The Alano Club  
875 S. 1850 N. (downstairs)  
Provo, Ut 84604

**7:00 PM** Hoola Hoop (Hybrid) Group

- O Payson Public Library  
66 S. Main Street, (upstairs)  
Payson, UT 84651  
+ Zoom Meeting  
<https://zoom.us/join>  
Meeting ID - 826 2887 1117  
Passcode: ODAT

### WEDNESDAY

**5:30 PM** Paths Group

- O 35 S Main Street  
Pleasant Grove, UT 84062  
- go around the building and down the  
steep stairs; no restrooms available.

### WEDNESDAY (cont.)

**7:30 PM** Hair on Fire AFG

- O / WC Not meeting right now.

### THURSDAY

**7:00 PM** Let It Begin With Me

- C Steps Recovery Center  
(located in the front, south end of  
the campus)  
901 S. Orem Blvd.  
Orem, UT 84604

### FRIDAY

**12:00 PM** Friday Step Study AFG

- C St. Mary's Church
- WC 50 W. 200 N.  
Provo, UT 84601

**7:00 PM** Springville Discussion Group

- C Springville Presbyterian Church –  
(upstairs)  
245 S 200 E  
Springville, UT 84663

**7:00 PM** Senderos de Recuperacion

- C (Spanish Speaking)  
The Alano Club  
875 . 1850 n. (downstairs)  
Provo, Ut 84604

### SUNDAY

**4:00 PM** - Let Go and Let God

- WC 11<sup>th</sup> Step Meeting with a  
O 20 minute meditation  
St. Mary's Church - masks required  
50 w. 200 n.  
Provo, UT 84601

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### District Business Meeting

**7:00 PM** Second Tuesday of Jan., Mar.,

- O May, July, Sept., Nov.
- WC **Hybrid Meeting –**  
Provo Public Library, rm. 214  
And also on zoom -  
Join Zoom Meeting:  
Meeting ID: 998 9124 6653  
Passcode: ODAT

*If the group you are attending is not right for you, please try another.  
There is help available in Al-Anon.*

## Notes and/or Phone Numbers

### Schedule legend

**O Open:** Anyone interested may attend

**C Closed:** For anyone whose personal life has been affected by close contact with a problem drinker

**WC Wheelchair Accessible**

#### **(AA/Al-Anon/Alateen)**

Other programs meeting at the same time and location, but in separate rooms.

For more information about Al-Anon and Alateen meetings in Utah, call or visit:

Al-Anon/Alateen Information Services  
5056 South 300 West  
Murray, Utah 84107  
Wed-Thurs-Sat  
12 pm- 4 pm  
801-262-9587  
[www.utah-alanon.org](http://www.utah-alanon.org)

## UTAH AREA

### DISTRICT 6

### Al-Anon Family

### Group Meeting

### Schedule

January 31, 2023