**Utah Area District 3 Business Meeting – Minutes**

**Happy New Year!**

**January 21, 2023**

* Moment of Silence – followed by Serenity Prayer
  + Rachel B (Alt DR) chairing meeting today
* 12 Traditions (Cory) and 12 Concepts of Service (Julie)
* Welcome & Introductions – Name and position
  + Rachel B (Alt DR), Kelly M- Dist 3 Secretary, Cory M-alt GR discovering choices , Jenny- GR 101 & Beyond, Amelia- treasurer, Scott T- Alt GR Al Anon Living and Learning, Jeff- GR Spiritual Quest/Dist 3 AAIS coordinator, Sheldon- Bountiful easy does it, Chrissy- interested, Martee- Alateen coordinator, Dolores- una dia a la vez, Christy, Mireya- Friday Serenity, Patrick- interested, Julie- Midway Miracles, Haydie- Wednesday Serenity seekers, Mary- interested, Oranna- GR Is Alanon for you? , Kurt- Tuesday Sandy group, Kevin- GR Wednesday lost and Found, Theresa-Saturday serenity/ schedules, Nancy M.- Wednesday Lunch Bunch.
* Tradition 7
* District Officer Reports
* Secretary: **Kelly -**Review & Approve Minutes from December 2022- Minutes Approved.

Sending around paper for updated contacts. If you did not receive minutes/agenda by email, please update the contact list. Thank you for your patience as we transition with the new panel!

* Treasurer: **Amelia-** See Treasurer report. Reviewed report and asked for concerns regarding donations. Will need to donate from ample reserve. Haydie asked if Santa was paid. Confirmed Santa was paid for January. Approved treasurer report.
* Public Outreach: **Rachel L - (Not present)** Kelly M. may have an outreach opportunity for April/May to bring to Rachel. Stay tuned.
* Schedules: **Theresa W.** Please let Theresa know if your groups have updates or changes. Jeff- volunteers in AAIS office and people call when no one is present at a meeting they attend. Theresa to give AAIS her contact number to initiate the investigation into if the group is still happening. Wednesday Alateen removed from schedule as it is no longer happening.
* Alateen Coordinator: **Martee** Growth in Alateen needed. Tuesday Teens meets on Thursdays. Take back to groups to investigate where new meetings could start up again. Up to age 18, how young they can be is up to the group. Group conscience may allow younger. Kevin- in the past, younger groups that then graduate into older groups. Likely will depend. Cory- are there enough AMIAS to support Alateen meetings? Martee will bring info on how to become AMIAS next month.
* Alateen Process Person: **Pete (not present)**
* AAIS – **Jeff J. also volunteers for office and spoke to the limited hours**. Do we need more hours? Would need more volunteers. Haydie- has literature available at group for sale. Other groups also do this. Phone and text literature orders are also available to be mailed or held for pick-up. Phone number on district 3 schedule.

<https://utah-alanon.org/district-3-meetings/>

* Alternate DR: **Rachel B-** GRs need to sign up to get to Mary Y to submit to WSO office. Last month’s have been updated. See Rachel after if you need to submit information.
  + <https://al-anon.org/pdf/Electronic-Group-Change-EN.pdf>

<https://al-anon.org/pdf/Group-Change-Instructions-EN.pdf>

* + District Rep: **Denise (not present)-** Think about activities for the year.
* Events
  + Upcoming Events

**Welcome New District Panel**

**SWRDM- SLC March 10-12, 2023** Patrick- Southwest Region. Utah area hosting this year! Delegates, past delegates, trustees, past trustees. No registration fee for guest. Helps delegates prepare for WSO conference. Registration form on the Utah area website. Appeal for help with table decorations, transportation, love gifts, etc. Utah delegate is David B. Nevada, & New Mexico also have new delegates. Only delegates/trustees have voice for votes/decisions/etc. Our past delegate, Heather, will be giving her farewell speech. :) Kevin- only comes to SLC every 8 years, a great opportunity to attend. Marilyn B. forming agenda- will post to website when ready .<https://utah-alanon.org/news/swrdm-2023/>

**Spring Assembly- March 17-19th, 2023**- In Logan, UT. Amelia- good way to get to know others around the state. Deepen understanding of the program. Patrick- GRs have opportunity to vote on business items for the entire area. GRs bring a group conscience to determine how Al-Anon will move forward in Utah. Sign up is available on the Utah Al-Anon Website. Rachel- a lot of work goes into the assemblies, gratitude for volunteering and keeping it moving. Amelia- Each group should reimburse GR for expenses to go to the assembly :). Registration form on website

<https://utah-alanon.org/news/spring-assembly/>

**International New Mexico 6-29-23 to 7-2-23 registration open now.**

[**https://al-anon.org/wso-events/2023-al-anon-international-convention/**](https://al-anon.org/wso-events/2023-al-anon-international-convention/)

Denise, Darla, Martee, and others are interested in an Air BnB and 12 passenger van to share expenses. Patrick- the new daily reader will be available for preview! Close to home!

* Business
  + Darla (not present) Amelia presented in treasurer report. Success of Christmas Boutique**.**
  + **New Business**- Be thinking about District 3 fellowship events for the year!

Group needs and /or Successes- All GR’s report

* Nancy, Wednesday Lunch Bunch- completely on zoom now. Literature to disperse for other in-person groups. 16 attendees, 1 newcomer
* Kevin B, Wednesday Night Lost and Found- 8-9:30. In Person. 20-25 people weekly.
* Kurt, Tuesday Sandy Group- 10-15 in-person, hybrid 5-7 on zoom. Looking for more growth.
* Oranna- Is Alanon for You? Fluctuation, noon time. 10-20 people. Alano Club.
* Haydie- Wednesday night serenity seekers- in person only 7-8. Good core base. Doubled from 3-6 or 7. Many newcomers in January and some returning!
* Mireya- Friday Serenity in West Valley, hybrid on zoom. 12 people average. 7-8:30.
* Theresa- Park CIty Saturday Serenity- newcomers are coming!
* Dolores- Una dia a la vez- Spanish speaking group, about 6-18 people. Split meetings with AM time and group conscience decided to stay with evening meeting. Monday/Friday 7-8:30
* Sheldon- Thursday night Bountiful Easy Does it. Newcomers are coming and group growing.
* Jeff- GR Spiritual Quest- Zoom only 6:30 Sunday evenings. Group is diminishing. Had struggles finding a place to meet. Kelly M may connect with holladay UCC.
* Scott T- Monday Night Living and Learning 7-8 St James Epsicopal. Good service. Newcomers coming and staying. 20-40 people hybrid.
* Jenny- 101 & Beyond Thursday Nights. About 8 people. Newcomers that come, some stay. Hybrid option.
* Cory- Discovering Choices- Alternating alternate. Let go and let grow. Newcomers are coming and staying. No official GR yet.
* Julie- Midway Miracles Monday- 5PM , some Al-Anons want to start a new meeting on Saturday evenings. New Groups just need to register with WSO.

36 Groups in our district, 14 GRs in attendance today. The more the merrier! Please spread the word to other GRs.

No final comments.

* Closing: ***Let it begin with me!*** *When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there – and let it begin with me!*

NEXT MEETING: FEBRUARY 18, 2023