**District 3 Business Meeting – MINUTES**

**April 15, 2023**

* Moment of Silence – followed by Serenity Prayer
* 12 Traditions (Kevin) and 12 Concepts of Service (Ked) with General warranties
* Welcome & Introductions – Denise DR, Kevin GR, Sheldon GR, Cory, Pete GR, Kelly (Secretary), Amelia (Treasurer), Ked (Area Alateen Coordinator), Lisa, Margo, John GR, Julie (GR), Jaclyn, Lori, Hillary GR, Mireya GR, Maxine GR, Cathy GR, Jeff GR, Rachel L (Outreach), Jami GR, Kristina (AAIS), Haydee GR
* Tradition 7
* District Officer Reports
	+ Secretary: **Kelly-** Review & Approve Minutes from February 2023- Approved with an update to post to website only AFTER they are approved.
	+ Treasurer: **Amelia-**
		- Will send February report out for review as well.
		- Please turn in receipts so district understands the true costs to set appropriate budgets.
		- Distributions will be held until after budget committee can meet. Kevin and Jeff volunteered for budget committee.
		- Discussed possible disbursement to Alateen for UTAC? Passed basket for voluntary contributions. Question about district disbursement? Tradition 7 suggests groups remain self-supporting so suggestion to groups that they may pay pass a basket for voluntary contributions to Alateen for UTAC.
	+ Public Outreach: **Rachel L-** report on Public Outreach Event at IMC.
		- Had a booth at vendor fair that brought awareness to health professionals about Al-Anon. Literature passed out.
		- Received information about another potential event. When Rachel gets the details, she will send to Kelly M. to distribute details to GRs by email.
	+ Schedules: **Theresa (Absent)-** Schedule passed around for updates.
		- Denise to discuss more in depth about group records updates.
	+ Alateen Coordinator: **Martee (Absent)**
		- **Ked K (Area Alateen Coordinator)** If interested in AMIAS, contact Ked K. He is very flexible with required AMIAS trainings. Soft deadline May 1. Hard deadline May 31st. If it has been 3 years since submitting fingerprints/background check, need to add this for recert.
	+ Alateen Process Person: **Pete**- status of new AMIAS
		- Some confusion about the most current AMIAS forms. Ked K. has the most updated forms for new AMIAS. Contact Pete if you are working on your AMIAS cert so he can get updates to Crystal H (Area process person) timely. Crystal’s deadline for this cert period **May 31st**.
	+ AAIS – **Jeff J.**
		- AAIS maintains a list of willing Al Anon speakers. Please contact AAIS if willing to be a speaker for outreach requests.
		- Kristy: desperate need for volunteers for the AAIS office. Also, the current contact phone numbers for group inquiries greatly appreciated.
	+ Alternate DR: **Rachel B (Absent)**
		- Rachel also compiles the Alanews. Please submit your submissions to Rachel B. Alanews sent by email and posted to the website.
	+ District Rep: **Denise**- review Group Records
		- Really important to update group records so they match the schedule. This is the best way for visitors and newcomers to know when meetings are happening, as well as the correct contact person.
		- Whoever is listed as GR will get the mailings unless a different CMA (Current Mailing Address) is listed.
* Events
	+ Review of recent Events
		- SWRDM- Julie: event was cordial and interesting. Amazing to see so many Al-Anon in one place. Lori: met people all over the country. Nice that it was so close to home. Recommended future attendance. Ked: Southwest region has a good turn-out. Lots of enthusiasm.
		- Utah Area Spring Assembly. Several GRs from district 3 in attendance. Good to see people from across the state working through issues that have many gray areas. Workshops were interesting. Open board positions filled: area secretary filled. Technology coordinator filled.
	+ Upcoming Events

**AAIS Chili & Soup Fundraiser May 13- Jeff**

**Delegates Day- May 20**

**UTAC- June 9, 10,11**

* + - **Kelly M** on UTAC planning committee. Must be AMIAS to attend as an adult. Get the word out in groups about the event. Sign-up form on the website.
		- UTAC has lower funds this year. $100 per person for full weekend. Historically, groups pass the basket or individuals may sponsor an Alateen individually.

**International Convention in Albuquerque- June 29-July 2**

* + - **Need volunteers**

**Utah Area Fall Assembly (with AA) Sept. 22,23,24** – hosted by district 3 at the Sons of Utah Pioneers.

* + - **Need volunteer to chair- reach out to Denise L. if interested in chair or just interested in being of service or part of the committee. Suggested even a whole group could chair.**

* Business
	+ **New Business**-
	+ discussion of donations to Al-Anon service arms. WSO, Area, AAIS
		- Decision to postponed until treasurer’s budget committee meets.
	+ Planning for 2023 District 3 Fellowship events and fundraisers. Ideas?
		- Pete- Pizza in the Park TBA
		- Holiday Boutique December
		- Nancy, Guy, & Jeff interested in coordinating a Bees game
		- Other suggestions: Gratitude lunch, meditation workshop, trivia night.
	+ Group needs and /or Successes- All GR’s report
		- Amelia- Tuesday night Sandy group hybrid going well
		- Haydee- Serenity seekers
		- Dolores- Una dia a la vez – group interested in being of service. Trying to get the word out to Spanish speaking community about Al-Anon.
		- Jeff- Spiritual Quest- now in-person at Christ United Methodist. Technically hybrid but rarely have anyone on zoom.
		- Cathy B- Monday Night Living and Learning in Al-Anon. Robust in-person and hybrid attendance. Beginners meeting at 6:30 (only beginners meeting in the area).
		- Maxine- no updates
		- Mireya- Friday serenity 6-10 people meeting consistently
		- Kevin B- Wedensday night lost and found. Oldest group in the state. 18-25 people per week. In-person only. Group engaged in SWRDM.
		- Pete- Bountiful step by step- outgrowing the room
			* Thursday night Unity- working on updating WSO records. Shows inactive (in error).
			* Sunday night adult children. Several newcomers.
		- Hillary- Monday morning miracles- United Methodist hybrid in-person and conference call.
		- John- Heber meeting Saturday evenings. 3-8 people. New group still working on group name with WSO.
		- Jami- Monday night discovering choices. Fellowship hall. 8-20 people regularly. In-person only.
		- Sheldon- Bountiful Easy Does It- 10-12 people. Growing and becoming a strong group.

Ked K announced he would remain for AMIAS Safety Training for those who would like to complete it today. Training takes about 30 minutes.

* Closing: ***Let it begin with me!*** *When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there – and let it begin with me!*

NEXT DISTRICT MEETING- June 17th (Cancelled May 20th meeting due to Delegates Day)