**District 3 Business Meeting – Minutes**

**June 17, 2023**

* Moment of Silence – followed by Serenity Prayer
* 12 Traditions- Read by Jeff, and 12 Concepts of Service with General warranties- Read by Orana
* Welcome & Introductions – Name and position.

Denise L District 3 rep, Jeff GR, Mireya GR Friday night serenity, Lori interested Al-Anon, Jenny GR 101 and beyond, Teresa GR Saturday serenity, Chrissy GR, Jamie GR Discovering choices, Pete GR Tuesday step by step, Kevin GR- Wednesday night lost and found, Cathy GR-Monday night living and learning, Martee -district alateen, Orana- GR Is Al-Anon for you? Kelly District 3 secretary

* Tradition 7
* District Officer Reports
  + Secretary: **Kelly-** Review & Approve Minutes from April meeting – **Kevin approves as written, Pete seconds, unanimous approved.**
  + Treasurer: **Amelia- (**Absent)Review of proposed budget and April/May finances with budget committee (Jeff & Kevin). Jeff reviewed budget. Last year’s budget compared to actual. Underspent budget last year. Propose generous contributions and distributions. Kevin- noting that donations are substantially more than usual. Consider purchasing and budgeting as a district for items such as a computer. Convening with other chairpersons to modify budget. Health of district is in good shape. Increase prudent reserve. Increments over time to increase donation levels to prudent reserve by $400 per year for 5-year plan. Consider increasing donation to Alano club from $250 to $500 per year. Cathy responded to clarify that checking balance would decrease by $400 per year to add to prudent reserve. **Cathy makes a motion to approve the budget. Theresa second the motion. Unanimous approval for budget.**
    - Reviewed finance reports for April and May. Kelly- Quarterly donations may explain why April income higher. Venmo for district donations on the website.
      * Quarter sheet for next meeting to get out to GRs (Kelly to type up for next meeting) How to send to District (Amelia), Area (Pat D), WSO, AAIS
  + Public Outreach: **Rachel L- (**Absent) Denise- Al-Anon booth at Juneteenth festival. Kevin- KSL running PSAs on the radio.
  + Schedules: **Theresa** any schedule changes also need WSO update- Schedule has been updated. GRs, please make sure there is a contact person listed on schedule. Mary Y can get updates to WSO to ensure that WSO website is updated. Pete noted that Sunday Adult Children meeting has incorrect information. Clarified that Theresa should be the only one to change schedules for district website. Global areas for zoom should not be a problem for local area “zoom only” meetings. *New Heber meeting still needs to register with WSO.*
  + Alateen Coordinator: **Martee-** 
    - Coordinator does not technically need to be AMIAS, but can’t attend Alateen meetings or functions without being AMIAS. Martee has held off on AMIAS because of the “regular attendance of meetings” requirement and work conflicts. Jeff- area guidelines in consideration for Alateen may need to be reviewed- defined as “regular and consistent”. What is “regular and consistent”? It is loosely defined. Denise to run up request to Area for review of guidelines.
  + Alateen Process Person: **Pete**- status of new AMIAS- Heber/Midway Alateen? Not on schedule. Martee requesting list from Pete of current AMIAS to coordinate any new meetings.
  + AAIS – **Jeff J. or Chrissy-** Jeff reported on AAIS fundraiser. Net $950 with the event. Excellent auctioneer (Kevin). Venue was nice. Nice option offered from *Un diá a la vez* (group) to auction plants for Mother’s Day.
    - New daily reader will be introduced at International convention and AAIS has pre-ordered. “A Little Time for Myself”.
    - Volunteers needed for AAIS office, M, W, Thurs, Sat noon - 4. Text messages and phone messages monitored throughout the week.
  + Alternate DR: **Rachel B- (**Absent) Rachel is also Area Alanews Coordinator- would love stories to share in Alanews.
  + District Rep: **Denise**-
    - International Convention- 3 people present at district meeting will be attending. Denise is looking forward to it and looks forward to sharing what she learns with others. Let Denise know if you would like a new daily reader!
* Events
  + Review of recent Events

AAIS Chili & Soup Fundraiser- covered above.

Delegates Day- Kevin reported out.

* Finances- this year is the first year that Al-Anon World Service has proposed a balanced budget. Prior- operated on deficit. Group donations are up, book sales are down. Still recovering from COVID.
* New reader- learned about the new daily reader coming out.
* Electronic meetings- hot topic. Delegate has been elected to the new electronic area. But will come down to each area and district to determine guidelines for being part of the district/area if meeting is fully electronic.

UTAC- Cancelled

* Cancelled due to flooding at camp. Planning a day event hopefully in August. Deposit will be carried over for next year.
  + Upcoming Events
    - International Convention in Albuquerque- June 29-July 2- Not too late to register! About 20 people from Utah already planning to go.
    - Utah Area Fall Assembly (with AA) Sept. 22,23,24 - Save the Date out on website already. Tuesday Bountiful Step by Step will be chairing the event. Sons of Utah Pioneers. Will have voting. First time with AA since 2018.
    - Bees Game- Nancy, Guy, Jeff Date TBA- Guy has purchased 20 tickets for Saturday, August 5th Bees Game. If demand for more, can do another game. Guy and Jeff to send info to Kelly to email out to groups.
    - USAW August 25th

* Business
  + **New Business**-
  + Donations to Al-Anon service arms. WSO, Area, AAIS- Discussed with budget approval. Amelia to send disbursements.
  + Planning for 2023 District 3 Fellowship events
    - Pizza In the Park- Pete Date TBA- Looking for July location.
    - Holiday Fundraiser- Need chairperson or group chair. Take request to groups.

Other Ideas? Gratitude Event, Meditation? GRs, bring ideas from groups to the district to bring other fellowship ideas. Jeff- winter event (sledding and S’mores).

* + - Workshops in District Meeting- What would groups like to see in a workshop.
      * Safety In Al-anon Meetings?
      * Conflict Resolution?
      * Writing Workshop?
      * Being of service. Helping people step up to chair. Outline, all written out, challenges encouraging service. Discussed different approaches to encouraging growth through service.
      * Welcoming Newcomers (Jamie)- would love some thoughts on helping newcomers come and stay. Opening time at the end of the meeting to take questions or sharing. Recommending attending several meetings. Welcoming.
  + **Group needs and /or Successes- All GR’s report**
    - Orana-Is Al-anon for you? Thursdays at 1:15 Alano club. Going well.
    - Jeff Spiritual Quest- Sundays at 6:30 Hybrid Christ United Methodist, Zoom up and down.
    - Mireya- Friday night serenity- 8-10 people, have dinner before group. 90 minute meeting. Hybrid 3-4 people.
    - Jenny- 101 & Beyond 8:00 St Vincent’s. About 8 people, sometimes more, visitors, newcomers, encouraging service.
    - Theresa- Park City Saturday Serenity/ Mountain Miracles (Wednesday @ 6)- Newcomers willing to keep Wednesday meeting running. In-person and dial-in (conference call).
    - Jamie- Discovering choices 5:30-6:30 Fellowship Hall. 15-18 regularly. Core members and others cycling through.
    - Pete- Tuesday Step by Step – literature and cashbox for literature. Mobility accommodations.
    - Kevin- Tuesday night Sandy at Hilltop Community church (reporting)- Hybrid at 8:00. 5-6 members online. Member moved out of country and able to attend by zoom.Wednesday night lost and found (GR)- strong core group. In person only. Average 18 people. Newcomers coming and staying.
    - Cathy GR Monday night living and learning- beginners meeting at 6:30. Hybrid meeting. 15-20 in person, 5-15 on zoom. Volunteer service challenges. Newcomers continue coming.
    - Denise (reporting) Wednesday Serenity seekers. Conflict resolution about safety in meetings. Added Denise as contact person on schedule.
* Closing: ***Let it begin with me!*** *When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there – and let it begin with me!*

NEXT DISTRICT MEETING- July 15, 2023