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AL-ANON | UTAH AREA ALANEWS

AUGUST 2023

Upcoming Events

See the end of the newsletter for any upcoming event flyers

- [USARA Recovery Day](#)
 - September 9, 2023
 - Jordan Park, Salt Lake City, UT
 - 2:00-8:00 pm
- [Utah Area Fall Assembly \(with AA\)](#)
 - September 22-24
 - Salt Lake City, UT
 - [REGISTER HERE](#), more info in flyer below
- **Holiday Fundraiser Boutique**
 - December 2
 - Alano Club, Murray, UT

Articles & Podcasts

The Forum - Articles

- [Just a Teen's Reach Away](#)
- [Living Out the Al-Anon Declaration](#)
- [Recovery is Possible](#)
- [The First Step Was the Hardest](#)
- [The Steps Before the Steps](#)
- [I Will Keep Coming Back](#)
- [After the Earth Collapsed](#)
- [I Am All These Things](#)

For Beginners or Newcomers - Podcasts

- [Introduction to Al-Anon](#)

Share in the next Alanews!

We want to learn from YOUR experience, strength, and hope!

Please consider sharing a personal recovery story, thought, an article you write or information about an Al-Anon event. As always, content will be anonymous.

Send submissions to rachel.chachel@gmail.com.

Find an Al-Anon or Alateen Meeting

Electronic Group (EG) Task Force Timeline Proposals for Policies & Procedures to be voted on in our upcoming Fall Assembly, Sept 22-24

- **July 1, 2023** - The Utah Area Permanent Electronic Group (EG) Task Force's proposals for policies and procedures to welcome EGs into Al-Anon links of service will be sent to the Area World Service Committee (AWSC) via email.
 - District Representatives (DRs) are asked to distribute these recommendations to the Group Representatives (GRs) to take back to their groups for review.
- **July 31** - Recommendations from the GRs need to be sent to the DRs.
- **August 5** - DRs along with the rest of the AWSC will send those recommendations, via email, to Heather M. and Melody O. (the Chair of the EG Task Force).
 - The Task Force will review the recommendations and may make changes.
- **September 22-24** - The Task Force will present the final recommendations for the policies and procedures at the Fall Assembly for voting by the GRs.

TOTA

How about here, now? I am enjoying the new book (B-34), A Little Time for Myself. It came out at the Al-Anon International Convention in Albuquerque, New Mexico in July. I am delighted to see passages from Alateen literature quoted, thus introducing Alateen, a day at a time and Living Today in Alateen to more Al-Anon members. I was accepted to be a facilitator in one of the Alateen meetings and enjoyed that experience in service greatly.

I had a discussion in one of the lines (there were a few) about the pronunciation of AMIAS. Is it AMIAS (A-meus), AMIAS (omi-us) or what? I asked one of the WSO staff members in the bookstore: it's ah-ME-us. And no, being a staff member doesn't make that individual an expert, just another Al-Anon member.

Being an Al-Anon Member Involved in Alateen Service (AMIAS) does not require that you know EVERYTHING about Alateen – or Al-Anon, for that matter. I wish I could let that bit of news get into my head. It is true and yet I stumble over facts, feelings, perceptions, opinions, and prejudices regarding Alateen, Alateen Safety Requirements and AMIAS guidelines. Do you know what? I have tools for that! WE have tools for that – because I know I am not alone in this!

One of the tools is communication. Who can I ask about this situation? Do I need to share this information? How does that group handle this challenge? In the suggested closing it says “talk to each other, reason things out with someone else” with the admonition that there should be no gossip, no criticism of one another. Is it a puzzle? A question? A problem? Someone can help sort that out. Especially someone who might have gone through the same thing: a Group Sponsor, a Group Representative, a District Representative, a Coordinator. Another person in Alateen or Al-Anon.

Simple does not mean easy in our program, but we can learn and share what we learn. Communication is a big part of our tool kit.

I got a call from AAIS recently asking if an Alateen group was still meeting at such and such a day, time and place. Why would someone ask that, do you think? Have you ever driven an hour to attend a meeting to find out it had moved? Or had folded? Or did not have the required two AMIAS in order to meet? That was the situation here. I know that there is an AMIAS in that community, but only one. An Alateen group requires two to use the name Alateen. Has this happened in your community? Is there one -or two or three Al-Anon members who will make a commitment to become AMIAS certified for two years (or more!) so that your Alateen group can remain on the active record for the time a family needs this resource?

Two Cs. Communication and Commitment. Give me another C! Let's “C” if we can strengthen Alateen in Utah. Think about it!

[Volunteer to help Alateens in their recovery - become AAIAS Certified!](#)

Contact Ked K., Area Alateen Coordinator
kirkhamked@gmail.com | [\(385\)426-9651](tel:(385)426-9651)

Volunteer in the AAIS Bookstore

The Al-Anon bookstore is located on the 2nd floor of the Alano Club in Murray, UT. The Alano Club is operated by Alcoholics Anonymous. However, our bookstore is operated by the Al-Anon Alateen Information Service (AAIS). The bookstore sells Al-Anon Approved Literature at the same prices as the World Service (WSO) website. Drop in to chat with an Al-Anon volunteer, browse or discuss becoming a volunteer.

AAIS Bookstore at the Alano Club
5056 South 300 West, 2nd floor
Murray, Utah
[\(801\) 262-9587](tel:(801)262-9587)

Hours: 12 noon to 4 PM, Monday, Wednesday Thursday, and Saturday

ONGOING LOCAL SPEAKER MEETINGS

- [Sunday Night Al-Anon Speaker Meeting - Logan, UT](#)

UPCOMING AL-ANON EVENT & ANNOUNCEMENTS

AL-ANON

September 22nd-24th



Save The Date

- Friday Night Q & A: Electronic Groups
- Sharing Meetings
- Speakers
- Business
- Fellowship, Food & Fun!

LOCATION:
Sons of Utah Pioneers
3301 East Louise Ave.
Millcreek, UT 84109



Al-Anon Service Opportunity

UTAH AREA GUIDELINES COORDINATOR

Utah Area Guidelines
Coordinator position is open.
Please let your District
Representative know if you
are willing to stand for the
position. The position
description can be found on
Utah-Alanon.org under
[members/guidelines](#).
Elections will take place at the
Fall Assembly.



ITS TIME TO UPDATE YOUR GROUP RECORDS



GROUP REPRESENTATIVES:

***PLEASE SEND YOUR GROUP'S MOST CURRENT
INFORMATION TO YOUR DISTRICT REPRESENTATIVE OR
THE AREA GROUP RECORDS SECRETARY***

INFORMATION SHOULD INCLUDE:

GROUP REPRESENTATIVE
CURRENT MAILING ADDRESS
MEETING TIME AND LOCATION
YOUR GROUP NUMBER

PLUS ANY SPECIAL NOTES YOU WISH TO INCLUDE
PLEASE UPDATE YOUR INFORMATION BY AUGUST 31

IF YOUR GROUP DOES NOT HAVE A GROUP REP, PLEASE REACH OUT TO YOUR
DISTRICT REP, THE AREA GROUP RECORDS COORDINATOR, OR THE AREA CHAIR
VISIT UTAH-ALANON.ORG/UTAH-AREA-INFORMATION FOR CONTACT
INFORMATION OR IF YOU HAVE QUESTIONS



Utah Al-Anon/Alateen Information Service, Inc.

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Murray, UT 84107

(801) 262-9587

Para Información en Español, email Areaic@utah-alanon.org

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