

## District 3 Business Meeting – AGENDA

August 19, 2023

- Moment of Silence – followed by Serenity Prayer
- 12 Traditions- read by Kevin, and 12 Concepts of Service with General warranties- read by Cathy B
- Welcome & Introductions – Denise- District Rep, Kelly M- District secretary, Amelia- District Treasurer, Kevin GR Wednesday Night Lost and Found, Sheldon-GR Bountiful easy does it, Elaine- interested, Oranna- GR Thursday afternoon Is Alanon for You? Pete GR- Tuesday Night Step by Step/Alateen process person, Mireya- Friday Night Serentiy, Dolores – Un día a la vez, Guy- Sunday night Spiritual Quest, Chrissy- AAIS, Jenny- 101 & Beyond, Cathy- Living and Learning in Al-Anon, Rachel L- District Public Outreach. Nancy GR- Wednesday Lunch Bunch
- Tradition 7
- District Officer Reports
  - Secretary: **Kelly**- Review & Approve Minutes Kevin Approved, Cathy 2<sup>nd</sup>, unanimous approval.
  - Treasurer: **Amelia**- review of finances- Darla previous treasurer is still getting donations. Please get out to groups that address to send district donations to Amelia should be: **4760 S. Highland Drive #313 SLC, UT 84117** or **VENMO-@Amelia-Critchfield** . Quarterly appeal letter going around. Kevin Approves June & July reports, Cathy 2<sup>nd</sup>, Unanimous approval.
  - Public Outreach: **Rachel L.**- Looking for health fairs. Need volunteers for USARA Recovery Day: September 9, 2023. 1-2 set-up, 2-8 Recovery Day facilities. Contact Rachel L if you can help out at the booth for any period of time!
  - Schedules: **Theresa (absent) Chrissy passed schedules.** Vernal meeting has shown up on District 3 schedule, unclear why. Alateen meeting Heber City has been cancelled. No active Alateen group in district 3 ☹ currently.
  - Alateen Coordinator: **Martee (Absent)**
  - Alateen Process Person: **Pete** No requests for new AMIAS. Teens are welcome in adult Al-Anon meetings while no Alateen meetings active.
  - AAIS – **Jeff J. or Chrissy- Chrissy-** Need volunteers! Flyer attached. AAIS needs assistant chair on the board. Fills in when chairperson is not able. Meets once a month Murray City Library- 1<sup>st</sup> Saturday of the month.
  - Alternate DR: **Rachel B (Absent)**- Area Alanews Coordinator- submissions due tomorrow 8/20 for publication 8/26.
  - District Rep: **Denise**- Fall Assembly, will have voting on electronic groups. Area Agenda should be coming out soon for Fall Assembly. Encourage all GRs to attend. 3 speakers. AA invited to join. Speakers Saturday lunch and dinner. Sunday spiritual meeting.
- Events
  - Review of recent Events
    - **Bee's Baseball Game**-Guy. Sold all tickets. Successful event. Give feedback to Guy to try again as there is only one more season at the stadium before moving to Herriman.
    - **Pizza In the Park**-Pete. Nice day, not too hot. 20 people came for fellowship.
  - Upcoming Events
    - Utah Area Fall Assembly (with AA) Sept. 22,23,24
      - discussion and vote on Global Electronic Group Task Force Recommendations.

- Pete- hospitality. Cookies, coffee, would like a couple more people to help with hospitality. Chrissy will help. Lori would also be willing.
    - Kevin- Needs help with registration to keep some separation with AA & Al-Anon. 3 speakers at lunch, Keynote Saturday Night/share with AA (Sobriety Countdown).
    - Venmo Darla K. if prefer paying via Venmo.
    - If GR cannot attend, please send alternate to ensure group voices and votes!
  - Holiday Fundraiser December 2. Need a chair for event. Person or Group. Chrissy volunteered to chair Holiday Fundraiser.
- Business
  - **New Business-**
  - Planning for 2023 District 3 Fellowship events/Fundraisers-
    - Amelia- could utilize funds for activities, have been able to make distributions.
    - Kevin suggested purchasing computer for the district? Approach area tech coordinator to help research options. Amelia- polling the district panel on need. Knowing there may be ongoing updates and tracking inventory.
    - Wednesday lunch bunch would like to do a speakers meeting for pass-the-basket fundraiser. Likely February 2024.
  - Workshop Suggestions-
    - How To Be a GR.
    - Safety In Meetings.
    - Conflict Resolution.
    - Nancy would like to host a Tai Chi workshop.

Other Ideas?

- **Group needs and /or Successes- All GR's report.**
  - **Sheldon-** Bountiful Easy Does it- In Person Only. Average attendance around 10
  - **Kevin-** Wednesday Night Lost and Found- 20 per week 8-9:30. Open sharing meeting. Strong meeting
  - **Oranna-** Thursday afternoon Is Al-Anon For You? New people coming and going. Chair volunteers one month at a time. Long timers help support new chairpersons. Come and see us!
  - **Pete-** Tuesday Night Step by Step. Weather seems to influence attendance. Solid group. Building is getting renovated so may be able to accommodate more people soon.
  - **Mireya-** Friday Night Serenity- 12-step meeting group with sharing. 6-10 people.
  - **Dolores-** Un dia a la vez – M-F Other members from district came to help group step into service. Helped a lot to have support from others.
  - **Guy-** Sunday Night Spiritual Quest- 10-12 people coming regular. Do allow zoom component for hybrid.
  - **Jenny-** Thursday Night 101 and Beyond- Literature focused meeting. Chairperson chooses topic from CAL.
  - **Cathy B.-** Monday Night Living and Learning in Al-Anon. Consistent zoom attendance 2-12 in-person 15-25 people. Healthy, newcomers keep coming back.
  - **Rachel L. –** Monday Morning Miracles.5-6 people, willingness to chair.
  - **Nancy-** Wednesday night 8-15 people each week.
  - **Denise L-** Wednesday Night Serenity Seekers, around 12 people, usually 6-10.
  - **Kevin B-** Tuesday Night Sandy Group 8-9- 10 in person, 5-6 on zoom

- **Chrissy-** New Beginnings in Magna- 6-10 people. Newcomers seem to roll through.
  - **Vote on district meeting in September: Unanimous to bypass September due to assembly. Next district meeting in October.**
- Closing: ***Let it begin with me!***  
*When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there – and let it begin with me!*

NEXT DISTRICT MEETING- October 21, 2023