* **Moment of Silence** – followed by Serenity Prayer
* 12 Traditions- Read by Lori G. 12 Concepts of Service- ready by Kurt. General warranties- Read by Hilary
* **Welcome & Introductions** – Denise L- District Rep, Kevin B.- GR Wednesday Night Lost & Found, Kurt- GR. Tuesday Night Sandy Group, Pete- GR Tuesday Night Step by Step/Alateen Process Person, Lori G. Secretary AAIS, Hilary GR Monday Morning Miracles. Haidee Wed Night Serenity, Chrissy AAIS, Scott Alt GR Monday Night Living and Learning in Al-Anon, Oranna- Thursday Is Al-anon For You?, Jeff- area AAIS, GR Spiritual Quest. Jenny-GR 101 & Beyond, Amelia – Treasurer, Nancy- Area Literature/ Interested, Rachel B- Alt Dist Rep., area Alanews. Julie- Midway Miracles. Dolores- Una dia a la vez, Martee- Alateen coordinator.
* **Tradition 7**
* **District Officer Reports**
	+ Secretary: **Kelly-** Review & Approve Minutes - Kevin motion to approve as written, Pete second. All approved.
	+ Treasurer: **Amelia-** review of finances August and September Treasurer’s report
		- Amelia to report out to Chrissy on the budget of the Christmas Boutique Fundraiser
		- Denise has printed out where to send donations (GRs to Group treasurers)
	+ Public Outreach: **Rachel L. (Absent)**
	+ Schedules: **Theresa (Absent)- Chrissy passing around the schedule for updates.**
	+ Alateen Coordinator: **Martee (Absent for report)**
	+ Alateen Process Person: **Pete –** Forms have been changed for the AMIAS form. Fingerprints are all electronic for future renewals.
	+ AAIS – **Jeff J. or Chrissy.** Jeff- The “secret literature of Al-Anon”. Discussing literature that members may not be fully aware of. Campaign to bring lesser-known literature to fore-front. New daily readers now in stock and ordered to AAIS. Opportunity to hear Tom C. (on website), world service literature will be on Zoom (speaking in New York). Nancy- from the WSO- effort to make all CAL available electronically. Nancy to send flyer to Kelly to distribute to GRs and Rachel B. for Alanews.
	+ Alternate DR: **Rachel B-** Alanews update, will go out tomorrow.
	+ District Rep: **Denise-** See below
* **Events**
	+ Review of recent Events
	+ Recovery Day- Chrissy and Kevin attended. Chrissy shared how uplifting the experience was. Literature available and people came by to share. Kevin shared how outreach did a great job with setting it up. Live music, food trucks, lots of fun. Some confusion about the start time, but overall a success.
	+ Fall Assembly- Jenny shared, learned a lot. So much goes into coordinating the assembly and amazing work. Phenomenal speakers sharing experience, strength, and hope. Very touching and a great feeling of community. Lori shared that the hospitality room was wonderful and lots of literature available. Kevin shared that this was the first assembly in conjunction with AA for many years- reminiscent of history of many years in combined events. Pete- first time there was minimal debate about the budget and overall, very positive.
	+ Upcoming Events

Holiday Boutique- 12-02-23 Chairperson-Chrissy: needs people to volunteer for the committee- sign-up sheets going around. Need opportunity drawing items donated and silent auction. Saturday after Thanksgiving will need volunteers at 9:00 AM to help decorate.

* + Speaker Event -hosted by Wednesday Lunch Bunch-Date TBD, Nancy has some contacts for a meditation or Tai Chi workshop in the new year.
* **Business**
	+ **New Business**-
	+ Review EG Task Force Recommendations. Voted and accepted at fall assembly. Does District 3 want to allow EG to join our district? Vote necessary.
		- Reviewed EG Task Force Recommendations.
		- Do we want to allow electronic groups to be part of our district?
		- Haidee made motion for yes. Rachel second the motion. Unanimous YES approved to allow electronic groups join district 3.
	+ Suggestions- How to Be a GR. Safety In Meetings. Conflict Resolution.
	+ Other Ideas for events**?**
		- Dolores and Hilary would like to work on a gratitude dinner- mid-winter after the holidays. Lori- in the past, gratitude events have been held in January.
* **Group needs and /or Successes- All GR’s report**
	+ Nancy- interested Al-Anon would like to volunteer to chair “A Day in Al-Anon” this following year.
	+ Julie- Midway Miracles: 5 in person, 4 on zoom
	+ Dolores- Una dia a la vez- combined convention with AA. Still having trouble with rent which is quite expensive. Need to keep the door open for the Spanish speaking community.
	+ Scott- Living and Learning in Al-Anon- great participation 30-40. Newcomers coming and staying. Hybrid on zoom. New zoom account ID, updated schedule.
	+ Oranna- Group doing well. No concerns.
	+ Jeff-Sunday Spiritual Quest- 10-12 in-person, 0-3 on Zoom.
	+ Jenny- 8-10 people. Hybrid 0-3 on Zoom.
	+ Kevin- Wednesday night lost and found. 18-24 in person. Newcomers come and stay.
	+ Kevin (Kurt)- Tuesday Sandy Group 12-16 in person, 4-8 on zoom. Many people have relocated out of state and able to attend.
	+ Pete- Tuesday Step by Step- building will have some renovation and will need a temporary meeting place.
	+ Hilary- Monday morning miracles. Meet at South Valley Unitarian. 1-4 people on the phone. 8-10 people in person. Some concern about rent affordability.
	+ Haidee- Wed Night Serenity Seekers- solid group. Group conscience resolved a conflict.
* Closing: ***Let it begin with me!*** *When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there – and let it begin with me!*

NEXT DISTRICT MEETING- November 18, 2023