

Alanews Report - Spring Assembly, March 2024

What is Alanews?

- Email newsletter covering the UT Area of AI-Anon.
- Our area's way of keeping in touch with each other about:
 - Area news and events, including digital fliers for GRs to print and take to home groups,
 - Important AI-Anon information inside and outside our area,
 - Sharings from our area members- articles, quotes,
 - Ways to be of service in AI-Anon (AAIS store, AMIAS, service chairperson),
 - AI-Anon literature highlights,
 - Links to content from the AI-Anon Forum.
- Alanews is sent digitally via email AND can be printed off to take to home groups for sharing of area announcements and recovery information.
- Sent out bi-monthly around the 20th of the month
- Next Alanews newsletter will be sent in March 2024. The previous one was sent in Jan 2024.

Who can submit information, events, sharings, etc. to be added into Alanews?

- Any member of our AI-Anon area, **and most especially, YOU!**
- Encourage/challenge/invite/nudge your AI-Anon sponsees, sponsors, group members, and friends to submit a short share about their step work, experience, strength, and hope for others to benefit from- think Step 12!

What might you or others submit?

- UT Area events and goings on
- Meeting information
- Personal recovery stories, experience strength hope - will be anonymous
- News that affects our area or us as AI-Anons
- Any news from your service position you might want to share out to the area
- Other announcements

How do you submit content?

- Send an email to alanews@utah-alanon.org
- Submissions needed by the 15th of every other odd month (aka Jan 15, March 15, May 15, July 15, Sept 15, Nov 15)
- **The submission deadline for March's Alanews will be March 15, 2024**
- AI-Anews will be sent out via email around the 20th of the month and soon after, added to the UT Area AI-Anon website, [here](#)

How do you and others get on the Alanews mailing list?

- Easy! Send a quick email alanews@utah-alanon.org and let me know you want to be added
- Share this with your groups so your group members can get on the list and get more involved in AI-Anon and their recovery!

How to view older newsletter editions?

- Go to the UT AI-Anon website > Members > Newsletter
- Or go directly to <https://utah-alanon.org/utah-area-newsletter/>

To share ideas, feedback, or suggested changes to the Alanews, please email

alanews@utah-alanon.org