

3-16-24

Forum

I wish I could be with you in Moab, it is such a beautiful, fun place. First I would like to thank Lori and Jeff for helping me with reading and getting my Forum report here.

I have thoroughly enjoyed visiting the Al-anon groups that I have been able to visit in Utah to talk about the Forum. I was pleased to see a few groups that already had subscriptions.

I had rather large expectations about how many groups I would be able to visit in Utah. Realistically, many of the groups are rather far away. So, I am asking for help from the GR's that are here from out of the Salt Lake Valley area. I hope you will bring back information about the Forum to your groups.

I have made an informational poster and there are some recent Forums with it. There are also some extra subscription forms included and there is always a form at the back of each Forum. You can also get on the Al-anon website and subscribe to the Forum there. Please feel free to take the recent Forums home with you or back to your group.

This past February was the Forum's 70th anniversary of being in print. There are some great articles in that issue, as always. I love that there are sharing's from all over the world. The Forum has articles for Al-anon, Alateen, Adult Children and many more. There is also information about World Service, suggested topics for meetings and future topics for the Forum. (In case you would like to be published in the Forum.) Also there was information about the Al-anon blog, that I did not know we had.

Some of the topics in the Forum include:

Hearing the words of Hope
Our Common Welfare, notes from WSO
European Zonal Meeting 2023
Seeing inventories as Opportunities for Growth
Alateen Meeting Topics, Have you managed to develop techniques for detaching when the drinker is criticizing you unjustly?
An Evolving Understanding. (Of higher power.)

The Forum is known as a meeting in your pocket. It is a great value at \$11 for 12 issues. It is also great gift for someone you know, or yourself.

I would really appreciate all your help in spreading the word about what a great read and value the Forum is. I will be visiting more group whenever possible. Thanks you. Lee O.

Read & Presented
by: Lori Galindo