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AL-ANON | UTAH AREA ALANEWS

JANUARY 2024

Upcoming UT Area Events

See end of newsletter for related event flyers

- [Fall Fellowship Committee Meeting \(volunteers needed\)](#)
 - January 11 @ 7:00pm
 - Zoom Meeting ID: 827 4604 1640, Pass: Serenity
- [Gratitude Dinner](#)
 - January 27 @ 6:30pm
 - South Unitarian Universalist Church
 - 6876 S. Highland Dr, Cottonwood Heights, UT
- [Fall Fellowship Fundraiser Dinner & Speaker Event](#)
 - February 3 @ 4:00pm-6:30pm
 - 684 24th St., Ogden, UT
- [Spring Assembly](#)
 - March 15-17
 - Moab, UT
- [Fall Fellowship](#)
 - Oct 18-20
 - Ogden, UT (hotel- Comfort Suites)

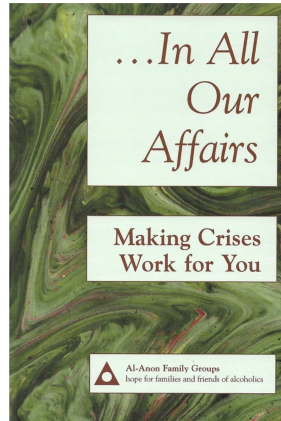
Articles & Podcasts

The Forum - Articles

- [Will the Hand of Al-Anon Be There?](#)
- [At the Level of Press, Radio, Films, and TV](#)
- [My First Meeting](#)
- [No Longer Feathering the Nest](#)
- [Why I Go to Al-Anon](#)
- [What, Exactly, Are Al-Anon's Spiritual Principles?](#)

- [Enough Was Enough](#)
- [Honoring the Spiritual Principle of Anonymity](#)
- [Leaving Al-Anon a Bequest](#)

Al-Anon Literature Highlight



A Juicy Little Al-Anon Book!

Ever wonder about all those Al-Anon books that you haven't read? While Daily Readers generally offer brief incisive reflections on a single topic,...In All Our Affairs, Making Crises Work for You, members share detailed experiences of coping with traumatic events over time, including the outcomes. This book is an opportunity for intimacy with people we will never meet but with whom we share a universe of experience. Learning from common experience is one of the central tenets of the Al-Anon recovery process.

The book unfolds utilizing the Twelve Steps as a framework by reviewing the Steps, three steps per section. The introduction to each section explains how members reveal use of three steps in their writing. By the end of the book, we have been led through the 12 Steps in sequence. In addition to offering the opportunity to refresh recovery, we have the delight of sharing members thoughts, feelings, choices, and successes as we, too, strive for recovery.

...In All Our Affairs, Making Crises Work for You, B-15, is available for \$14 by calling or visiting the AAIS (Al-Anon Alateen Information Service) bookstore at 5056 S 300 West (Commerce Dr), Murray, [\(801\) 262-9587](tel:8012629587).

- Hilary

UOIA

It is a new year. And you know what that means! Oh, you don't? Well!

Recertification. WSO asks, in keeping with the Board of Trustees's Alateen Motion of 2003, that ALL AMIAS and ALL Alateen Groups confirm their compliance with Area Alateen Safety and Behavior Requirements. Your District APP or District Representative will contact you about this. We ask that if you have not had a background check with fingerprints in the past 3 years that you do this. Area APP can direct you to the new procedures. There have been some changes.

You will also be asked if you have had Alateen Safety training in the past year. Opportunities are coming up: District 3 at their January District Meeting is next. In November I did a long session in District 8, which I really enjoyed, and would love to do one in your district. I will ask for time during Spring Assembly to do the shorter training, much as we had in Logan last Spring Assembly. I refer to the Alateen Service e-manual, which you can download from the Area website or from www.al-anon.org (members/manuals and guidelines).

Two AMIAS volunteers are certified and ready to open an Alateen meeting in Logan. HOORAY! And WELCOME! Where else can we support this service work?

Several activities are being held this year that will require AMIAS volunteers. Of course UTAC, the Alateen conference in June, but also the Fall Fellowship Weekend in Ogden in October. We'll talk more about these.

In order to do that you need to stay informed. Think about that. I can help.

Ked Kirkham, Utah Area Alateen Coordinator

kirkhamked@gmail.com, 385-426-9651

The Annual Alateen Recertification Window Opens January 11, 2024!

Every year, each Area in the World Service Conference Structure is required to take part in the Annual Alateen Recertification process in order to continue to use the Alateen name. This is explained in the 2003 Alateen Motion from the Board of Trustees and the policy for Alateen. Both are found beginning on page 93 of the [2022-2025 Al-Anon/Alateen Service Manual \(P-24/27\), v3](#).

The recertification process is two-fold:

1. To verify that every registered Alateen group has currently certified Al-Anon Members Involved in Alateen Service (AMIAS):
 - as Group Sponsor(s)
 - as the Current Mailing Address (CMA) for the Alateen group

We are requesting that all Areas complete the Alateen recertification by June 15, 2024!

This allows the World Service Office to verify that the Area recertification is complete by June 30.

Contact your Area Alateen Coordinator, Area Alateen Process Person, or District Representative to verify the process in your Area. Don't miss out on this opportunity to share your recovery with teens and younger members!

The Forum, January 2024

Share in the next Alanews!

We want to learn from YOUR experience, strength, and hope!

Send submissions for the next Alanews to alanews@utah-alanon.org by Feb 25.

Any content shared will remain anonymous.

Find an Al-Anon or Alateen Meeting

Volunteer in the AAIS Bookstore

The Al-Anon bookstore is located on the 2nd floor of the Alano Club in Murray, UT.

The Alano Club is operated by Alcoholics Anonymous. However, our bookstore is operated by the Al-Anon Alateen Information Service (AAIS). The bookstore sells Al-Anon Approved Literature at the same prices as the World Service (WSO) website. Drop in to chat with an Al-Anon volunteer, browse or discuss becoming a volunteer.

AAIS Bookstore at the Alano Club

5056 South 300 West, 2nd floor

Murray, Utah

[\(801\) 262-9587](tel:(801)262-9587)

Hours: 12 noon to 4 PM, Monday, Wednesday Thursday, and Saturday

- [Sunday Night Al-Anon Speaker Meeting - Logan, UT](#)

FLYERS FOR UPCOMING AL-ANON EVENTS

2024 Fall Fellowship Committee Meeting **for JANUARY ONLY**

WE NEED YOU!!!!

Date: Thursday, January 11th

Time: 7:00 p.m.

Where: Kirsten and Matt's home
1944 Park Dr
Syracuse Utah

Zoom: Meeting ID: 827 4604 1640 Passcode: Serenity

Vacant Volunteer positions that still need to be filled:

Al-Anon Fundraiser Coordinator	Merchandising Sales Coordinator
Drawing/Raffle Coordinator	Audio Recording Coordinator
Al-Anon Program Coordinator	Alateen Program Coordinator
Silent Auction Coordinator	Alateen Speaker Seeker
Service Sponsors	AA Literature Sales Coordinator
Al-Anon/Alateen Literature Sales Coor	Decorations Coordinator
Conference Call thru Zoom Coordinator	

For more information contact

AA Chair, Terra: 385-222-8740 or Al-Anon Co-Chair, Lois: 801-458-5166



Gratitude Dinner!

January 27, 2024, 6:30 pm

**Everyone Welcome to an evening of fellowship
and gratitude**

**South Unitarian Universalist Church
6876 S Highland Dr, Cottonwood Heights**

**District 3 will supply the main course: enchiladas, rice, and beans. Please
bring a salad or dessert to share. To help us plan, please leave a message at
(801) 231-8683 with the number of people in your group.**



¡Cena de gratitud!

27 de enero de 2024, 6:30 pm

**Todas bienvenidos a una noche de
compañerismo y gratitud**

**Iglesia Universalista Unitaria del Sur
6876 S Highland Dr, Cottonwood Heights**

**El Distrito 3 proporcionará el plato principal: enchiladas, arroz y frijoles.
Por favor, trae una ensalada o un postre para compartir. **Para ayudarnos
a planificar, por favor deje un mensaje al (801) 231-8683 con el número de
personas en su grupo.****

FALL FELLOWSHIP FUNDRAISER DINNER AND SPEAKER EVENT

Dinner only \$15.00 a Plate

**Every dinner comes with one free raffle
ticket for 65" Samsung TV**

AA Speaker – Mike and Tracy F.

Al-Anon Speaker - Colleen A.

February 3rd.

**Hosted by AA Group Keep it Simple at the
Ogden Alano Club - 684 24th St. Ogden Utah 84401.
4 P.M. to 6:30 P.M.**

Win a 65" Samsung TV
Just in time for the Super Bowl
Additional tickets \$5 Dollars each or 5 for \$20

All ticket sales go to the Fall Fellowship. The Fall Fellowship is where Alcoholics and their families come together and celebrate recovery.
For addition raffle tickets call 801-860-8530



A stylized illustration of the Utah Arch rock formation in Moab, Utah. The arch is rendered in shades of orange and yellow, set against a background of blue and purple mountains and a light sky. The text is overlaid on this background.

Save
The
Date!

UTAH AREA
Spring
Assembly

in Moab, Utah

March 15-17, 2024

Hosted by District 9

More information to come

Utah Area Spring Assembly

March 15-17, 2024

Moab, Utah

Speakers, Workshops
Area Business, Fellowship
Sharing Meetings & More

Moab Valley Inn
with this Hybrid Assembly
every registration will get a
zoom link

Registration

IN PERSON: Before 2/15/24 = \$40
Between Feb. 16th & March 14th = \$50
ZOOM ONLY: Before 2/15/24 = \$20
Between Feb. 16th & March 14th = \$30

Same day registration
is not available
this year

To register scan the QR Code below
or contact moab.alanon@gmail.com for assistance.

*Saturday Lunch Option
Catered by Blu Pig Restaurant
Choose from:
• Pulled Pork
• Voodoo Chicken
• Stuffed Portabella
all served with homemade sides
slaw, potato salad, baked beans &
and beverage

*Not included in registration
COST: \$25.00
Lunch must be paid for by
March 1st. to confirm
lunch reservations. No late
orders will be accepted.



Venmo Payments to
@Jan-Rastall and include in
the comments:
• Your Full Name
• Area Spring Assembly
• and if you are paying for
lunch too.
OR check option is available
Make checks payable:
Utah Area Al-Anon
mail to:
3180 Juniper Dr. Moab, Ut. 84532

Lodging

Moab Valley Inn has blocked out rooms for us starting on Wednesday the 13th through Tuesday the 19th at a rate of \$150 per night! Mention the group code 1464-1 & Utah Area Assembly to get the discount. The rooms will have either 2 Queens or a single King bed; breakfast is included. To reserve your room call 435.259.4419.

Explore all that
Moab has to offer

Come Early
Stay Late

Questions regarding lodging, lunch or general questions:
contact Jan R at 970.988.7745 or jmrastall@gmail.com



Comfort Suites
in Ogden, Utah

October
18-20, 2024

Utah Fall Fellowship Weekend

(Al-Anon in cooperation with AA
a recovery conference filled weekend)
Contact Coleen S (801) 791-1001 for more info



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Utah Al-Anon/Alateen Information Service, Inc.

5056 South 300 West

Murray, UT 84107

(801) 262-9587

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