

Hello, all. I am in the process of preparing for the World Service Conference (WSC) in April and will be attending the Southwest Regional Delegates Meeting (SWRDM) in a couple of weeks.

As this is my last year at the WSC, I'll be presenting a 3-minute talk there about my experiences over the past three years. I plan on sharing this at SWRDM, too. Here is what I'll be saying:

“Hello, everyone. My name is Dave Bailey, and I am the delegate from Utah, Panel 63. My time as delegate has been significant and has taught me much about myself, my life, and my fellow Al-Anon members.

Our conference theme this year is “Investing in Each Other to Preserve Our Legacy.” This theme is particularly appropriate in today’s community and culture. We are a diverse group of people who are bonded together by our common legacies in Al-Anon. We all equally have a voice with which to share our experience, strength, and hope, and this unites us and binds us as one. As it says in *From Survival to Recovery*: “Those who work the Steps change and grow toward light, toward health, and toward their Higher Power. Watching others, we realize this is also possible for us.” By remembering this in all phases of my life, I become conscious of making sure that I invest in the members of my group, district, area, and WSC. I watch them and learn from them. I become a part of them and they a part of me.

This brings me more joy than I can adequately express. My heart is full of love for all of you and for all of those I encounter in the program. I was accepted as I am with love and understanding many years ago and it is this love that has carried me through my years of service.

I am always willing to help and support where I can. I might not be the loudest voice in the room many times, but I know that my presence and contribution is essential, no matter the time or place. Again, in *From Survival to Recovery*, we are posed the following question: “Will we ever arrive? Feel joyful all the time? Probably not, but we will acquire growing acceptance of our human fallibility, as well as greater love and tolerance for each other. Self-pity, resentment, martyrdom, rage, and depression will fade into memory. Community rather than loneliness will define our lives. We will know that we belong, we are welcome, we have something to contribute—and that this is enough.” I have come to know that I am part of an extraordinary community, that I have a contribution to make, and that this is enough.

Thank you all and love to you all.”

That is a summary of my time as your delegate. Thank you for allowing me to serve. I will provide more at the Spring Assembly and look forward to seeing you all.

Love in service,

Dave