

Utah Area Al-Anon Spring Assembly  
Our Path Toward Grace, Unity, and Understanding  
March 16, 2024  
Moab Utah  
Minutes from Saturday Business Meeting

Heather M. Area Chair opened the meeting at 9:30 am with the Serenity Prayer. Sheri H. read the Concepts of Service. Coleen read the Etiquette of the Conference.

The agenda was shuffled to ensure that our Zoom attendees could hear well with our new tech system. Heather made some suggestions on how to make things work better with a hybrid Zoom meeting. Please do NOT eat the microphone as there will be feedback. Side conversations need to be limited to breaks as the microphones pick up those conversations.

Heather introduced Jan, District 9 Representative and Spring Assembly planning chair. Jan made an announcement about lunch.

Introductions were made at the microphone by all in attendance at 9:45 am. 36 people were in attendance. - 21 GRs present in the room and 5 GRs on Zoom (26 total) – 17 is a 2/3 majority for voting.

**MOTION 1:** To accept the 2023 Utah Fall Assembly minutes as presented. Betsy made the motion. A second was made by Kevin. The motion passed: 24 Yea, 1 Abstain, and 1 Void.

#### Delegate's Report:

Dave, our delegate, is required to provide an Area Highlights report to the World Service Office prior to the World Service Conference in April. He shared with us what he reported on behalf of Utah – The World Service Office (WSO) allows for 400 words total – 200 regarding Area successes and 200 for Area challenges. Some of the things he discussed were Electronic groups, KBDM thought force about SWDRM, new AMIAS increase and reduction in Alateen members, principal of abundance, holiday boutique, and AAIS chili fundraiser. (He will post that on the website under the Spring Assembly.) There are new rules regarding love gifts during the World Service Conference (WSC). (Those will also be available on our website.) WSC can be overwhelming, so he appreciated the notes and cards with words of encouragement last year. These can be mailed to the hotel as usual – check dates so received timely. No packages will be accepted at the hotel. (If you have some small love gifts, please give them to Dave before April 17<sup>th</sup> and make sure they are small things that will fit in his luggage.) In the past, every third year, the delegates have visited Stepping Stones, the house of Lois W., our founder. There are currently concerns about the costs at WSO. Dave wants to know how we feel about spending \$ to send other delegates in the future. A framing document was sent out to the GRs, and it is also on the website for review. The questions are: Do the groups in the area believe it is important for delegates to attend Stepping Stones How is it beneficial? The current delegates are having a discussion on AFG Connects and some of the key points discussed so far: – they would like some clarity of the actual costs of holding the conference in New York, everything is more expensive in New York vs Virginia Beach – is that true in terms of food and lodging? What about our principle of abundance as an Area? 2025 is already in place so this discussion for the next panel and all those in the future. Dave gave an invitation to come to the microphone to give feedback now.

#### Stepping Stones Discussion:

Denise, District Representative District 3, mentioned that attendees to WSC are currently single occupancy in their hotel rooms and suggested that they could consider rooming with someone else to save costs.

Patrick, past delegate, shared about his visit to Stepping Stones and what it offered to his personal recovery. Patrick spoke of the tradition and the value to our fellowship. Because we experience this, we stay in touch with our roots. This builds an intimate connection with Lois and Annie. A loss of personal connection to our founders and the history of the program could be lost. The thread of continuity and the foundation of our fellowship are at least as important as are the concerns about the cost.

Kevin, GR Wed Lost and Found, is in consensus. He offered his trust Dave to represent us. He said it is vital for us to remember where we come from, to remember Lois and the history of Al-Anon and why it is vital to the program and to our individual recovery to do the things we do.

Heather, past delegate, during Covid, was given a virtual tour of Stepping Stones. Then the next year, she was able to go in person. She felt the connection with AA and how instrumental Bill was in formation of Al-Anon. She brings that experience into her service work. For clarification regarding the costs, Areas pay the cost for their delegate to go to the WSC and Stepping Stones so what is the issue for WSO? (Dave said that part of the concern may be regarding office expenses and that WSO members that are already in Virginia Beach must travel to New York. He will ask for clarification.)

Oranna, GR District 3, Is Al-Anon for you, has been there in person. She said it was a spiritual experience. She had an aha moment that we, as Al-Anon, are even here. Stepping Stones is the foundation of where we come from. It is amazing to see how something so small was becoming so big to be worldwide. She mentioned that AA has their “delegates” go to Stepping Stones during their term of service.

Sheri asked the question again what is the concern about cost?

(Dave has seen some money cuts already – now the conference is only 4 days instead of 5 days. Everyone is doing the best they can, they want to be prudent and are using the thought force process)

Jeff J, GR District 3 Spiritual Quest – his opinion is that there is experience, strength, and hope to be shared with all of us from Stepping Stones

Betsy, District 8 GR Trust group – she stated that principles of tradition and abundance are deeply expressed in this concern of affordability. The spiritual impact is significant is her member’s experience of attending Stepping Stones. We will find a way.

Pat, Area treasurer - WSO has saved a tremendous amount of money owning our own building in a less expensive area than renting in NYC. The cost to visit Stepping Stones should be calculated against those savings before reaching out for additional funding. WSO/we are still way ahead. She also suggested we look at the area ledger regarding funding the balance and asked us to remember this when we decide how much money we want to send to WSO for this expense.

Dave spoke about how many members from our area and region have impacted the WSO. He suggested we speak with a past delegate for their experience, strength, and hope. A consensus was

given by all present with a show of hands that we want the WSO that we see the value of having our Area Delegates go to visit Stepping Stones.

- Break at 10:30
- Return at 10:50

### Coordinator Reports

Website – Lynnette (see report on the website for more information)

She has set navigation and directions to each Al-Anon meeting listed on the website. She challenged us each to search for our home group on the website and see if it works. She asked us to also be sure that all the information listed for our home group is correct. She suggested we try playing with it on all formats to see how it works on your phone or iPad. Please contact her if you find any mistakes.

She asked us to submit items to the website in PDF form whenever possible as it works best on the website. She said that Word works okay on the website, but it moves.

Alanews – Rachel (a report is now available on the website)

What is it? What is the Alanews? It is our Area newsletter with information and events. It includes flyers to print out and personal sharings from our area members. It offers ways of serving the fellowship. You can find content from Forum. It is sent out digitally on the 20<sup>th</sup> of every other month. The next one will be out in 4 days. Anyone can submit items for the Alanews so contact her via email with anything you would like to include. She suggested that we encourage our sponsees, our group members, and our friends to share about their personal step work and messages of recovery. Send them to [alanews@utah-alanon.org](mailto:alanews@utah-alanon.org) and you can use the same email address to request your own digital copy. Older editions are also available online.

Archives – Jeff K (report available on the website)

Jeff K brought a display of archives so check it out on a break. There are coffee mugs from past events that are fun to see. He said he has been storing all Archive items but has not decreased the amount of material being stored. He shared how he overheard a conversation that reminded him of why we keep the archives. Our archives are conversation starters about Area memories. When you can see them and touch them, they have more meaning. Ked also shared a story about the blue 50 years anniversary mug. We had altered the trademark Al-Anon logo and the WSO cautioned us against doing that.

AAIS – Jeff J (full report available on the website)

The Area Al-Anon Information Service is our clearing house for Al-Anon information. This includes fielding phone calls. The person answering can share their experience, strength, and hope, the AAIS is also a bookstore for Al-Anon literature. There are copies of the new daily reader “A Little Time For Myself” and other Conference Approved Literature available for purchase at the back of the room. Please see Patrick for assistance. There are currently 7 volunteers on the AAIS Board including Jeff J and Patrick. The AAIS is always looking for volunteers to fill book orders and answer the phone. If you can commute to Murray, please consider volunteering, and check out some of the lesser-known literature while you are there. The AAIS annual fundraiser is on April 13 this year in Salt Lake City.

There are flyers with more information. Come and join the fun. Jeff ended by saying, "Thank you for allowing me the opportunity to serve."

Public Outreach – Miriam (was on Zoom – no report)

Miriam said she has a team to share what Al-Anon is and what Alateen is. They are serving the Hispanic and Black communities to share about Al-Anon.

Forum – (a report was posted later online)

Lori G filled in for Lee O who is traveling the world. There is an informational poster here in the room and some copies of the Forum. Please use this information to encourage members in your groups to subscribe to the Forum. GRs, please bring this information back to your groups and suggest they get a group subscription as well. This is the 70-year anniversary of printing the Forum so get a subscription to celebrate. A Forum subscription costs \$11 for 12 issues. There is also an Al-Anon blog so go to [www.al-anon.org](http://www.al-anon.org) to check it out. Lee has been visiting groups in the Salt Lake valley to spread the word about the Forum. She also wanted to reassure you that if you order a digital copy of the Forum from Barnes & Noble, WSO DOES receive the funds.

Guidelines – Sheri H (the full report is available on the website)

Sheri wanted to read and review all the guidelines, and she was overwhelmed. She asked for suggestions from the Area World Service Committee (AWSC), and she received one – "Hosting Al-Anon/Alateen Area Assemblies and Conventions." Her report details the work her committee has put into updating this document. She reinforced that our guideline states we should be announcing future assemblies one year in advance. Here is what we know so far: our Fall Assembly 2024 will be in Salt Lake City with AA and District 8 will host Spring Assembly 2025 in Kanab.

UTAC and Alateen – Jeff K and Ked (both reports online – UTAC combined with Archives)

What is UTAC? The Utah Alateen Conference is held in the mountains near Odgen. It is being held June 14 – 16 this year. Last year was cancelled due to flooding concerns at the location. This year they are using last year's plan. He has been working with Ked to beef up safety guidelines and implementing stiffer safety measurements to keep everyone attending safe. The money that was collected last year will be used to implement this year's program. It is not enough so he suggested that we pass an extra basket around at our meetings to sponsor an Alateen. The full cost is \$100 per child. They want to bring it down to a \$50 expense for each kid. Most of the kids that participate in UTAC come from District 3 even though some of the District 3 Alateen meetings are not currently meeting. Please ask your groups to help support the kids as the volunteers work hard to make the trip meaningful and fun for the teens. They concentrate on recovery as they participate in crafts, sharing meetings, hike, and sleep in nice cabins. All food is also provided for the participants. We appreciate your support. There are some cans decorated in the back if you want to bring them to your groups to pass around for donations. This year, Jeff K is chair and Beverly is the co-chair. They are holding planning meetings on Zoom. See Jeff K during a break if you would like to join the planning committee. The funds from last year have been kept in the bank, they just need more to be able to run the program in June. A flyer for UTAC is up on the website. Approximately 30 kids register each year. We can always use more AMIAS (Al-Anon Members in Alateen Service) to volunteer to serve during the weekend.

They have not heard what the facility will be charging so they do not know exactly what expenses will be yet.

AAPP - Crystal (full report available online)

Currently there are 33 registered AMIAS in the Utah Area. The deadline for recertifying is the end of May but please do it sooner rather than later. You just answer the 3 questions and verify your contact information. Everyone was amazing at updating their fingerprints and only 2 people needed to redo their fingerprints this year. If you go through YUP, they will bill Pat, our treasurer, directly.

Current Alateen meetings by District: District 1 – 3 active Alateen, District 3 – 1 active and 1 getting reactivated, District 6 – 1 inactive, District 8 – 1 active, District 9 – 1 inactive.

Dave asked, Will he get an email from District AP or Area AP to notify who needs updates? The answer is the District Alateen Process Person sends out the emails.

There are currently no registered online Alateen meetings here in Utah. There is talk about electronic Alateen meetings now at the WSO. They are talking about how to maintain safety guidelines. Two AMIAS sponsors must be in both physical meetings and electronic meetings. Heather asked about Alateen meetings through the App. Ked says those are sponsored by WSO.

\*Kim gave us information on how to best use the microphones so that everyone in person and on Zoom can hear the discussion.

District reports:

District 1 - Jeff K (full report online)

There are 3 or 4 Al-Anon groups right now with open GR positions. They are planning a summer social activity. It appears that Al-Anon in District 1 is coming back from the effects of the pandemic.

District 8 – Leslie T (full report online)

This past October, Ked came to District 8 and helped with a workshop focused on Alateen and becoming AMIAS. District 8 is hosting Spring Assembly 2025. They have a location and hotel in mind. They are currently working to secure it now.

District 9 – Jan R (full report online)

District 9 hosted a holiday lunch in December. Jan, as Hosting Chair for this Assembly, took the opportunity to recognize the planning committee. She thanked Erica, Heather, Sheri, Leslie, Norma, Allison, Betsy, Crystal, Denise, and Pat for their hard work to ensure that this meeting was possible.

District 6 – Submitted by District 6 Secretary Melody O. (report on the website)

District 6 held district elections in December. Currently, District 6 has no District Representative. They have 10 Al-Anon groups registered with WSO. Melody, as secretary, is currently ensuring that information is shared between WSO, Area, District Officers, and the GRs of District 6. District 6 is hosting a Gratitude Brunch in April.

District 3 – Denise L (full report available on the website)

District 3 meetings are held on the third Saturdays of MOST months. AAIS requested District 3 assistance with an Al-Anon willing to sit on a recovery panel for Texas Instruments employees. District 3 is currently working to resuscitate a struggling Alateen meeting. The District 3 annual holiday boutique in December was so much fun. They had terrific support and a fantastic Santa. District 3 held a Gratitude Dinner in January with homemade Mexican food. Next Friday, there is a speaker event. There is a flyer about it available on the website. Be sure to join us for the annual AAIS fundraiser in April. "Come see how much Kevin will spend on a bag of peanut brittle." She has been visiting meetings in District 3, focusing on reaching those that have not been coming to District meetings. District 3 has 26 active meetings registered with WSO.

- 12:00 - LUNCH
- 12:30 - Lunch Speaker – Jane McQ, Alternate Delegate
- 1:30 PM - Meeting resumed.

#### South West Regional Delegates Meeting (SWRDM) - report by Jane McQ., Alternate Delegate

The areas involved in SWDRM are Hawaii, California North, California South, Nevada, Utah, Arizona, Colorado, and New Mexico/El Paso. It occurs on the 2<sup>nd</sup> weekend in March. It is a 3-day event, rotating areas. Last year, it was held in Salt Lake City. This year, it was in Costa Mesa in Southern California. Next year, it will be in the Denver area. Jane was there representing the Utah Area as Dave was unable to attend. It began with roll call and conference etiquette. Past and present delegates are all part of roll call. The new delegates were introduced to the conference by a past delegate or representative from their area. There was an early morning sharing meeting. SWRDM prepares the delegates for the World Service Conference. The 2024 WSC Theme – Our Path Toward Grace, Unity, and Understanding. Ked asked if SWDRM is on a set rotation as to which area hosts the conference. SWDRM used to occur by a bidding process. However, a schedule of rotation was set, voted on, and approved at this March 2024 SWRDM.

#### Technology Coordinator Report – Kim

Kim stood for this position at the last Spring Assembly. She has learned that knowing computers does not mean you know audio / video equipment. She sets up all the equipment and coordinates Zoom meetings within the Area for some individual groups and area business.

#### Technology Thought Force Report – Kim (full report is available on the website)

*Charge: Using Al-Anon Knowledge Based Decision Making, review options for the Utah area to embrace technology moving forward. Some things to think about are: Will Utah assemblies always be hybrid? What are the pros and cons of hybrid assemblies? What are the pros and cons of new equipment?*

Committee feedback – Everyone believes that hybrid meetings should continue. The question is how can we make them better? Some of the concerns expressed were that members are not feeling a part of the meeting. They are having issues with hearing the conversation in both directions. What else is needed? She has learned a lot from using the equipment this weekend. We now have a webcam and tripod. She is using her personal laptop, and the hotel is providing the projector. Kim posed a question, should there be a new budget line item of \$500 for technology?

#### Discussion and Questions:

Lori asked Kim how much money she had spent on her personal laptop, mouse, connecting cords, and other equipment to get an idea of what the Area might need to spend to replace them.

Kevin – Thank you for your service. Our current Area equipment was purchased when, about 10 years ago? Some things to consider are the storage, transportation, and repair of the equipment. This is something that needs to be discussed. We need a better way to do that. Are you going to want to pack a TV to the conference? Do we have the finances to do this?

Dave – Are we moving this to a task force? The needs, wants and desires of the area are discussed as a thought force.

SWRDM Task Force Report (Full report is available online)

Committee members presenting were Crystal, Denise, Patrick, Mary, and Pat

Crystal began reading the Task Force Report, sharing the Charge and some of the background.

Denise spoke more regarding the background of SWDRM.

Patrick read and shared some of the rationale and considerations.

Mary shared the recommendations of the Task Force, the big ones being a rotating third person and a large financial amount to support past delegates (suggested \$2000)

Pat spoke about the financial piece – especially the budget for three members to attend and more money for past delegates who attend.

Mary summarized the key points. The Southwest Region has brought many leaders to the WSO. This strengthens our Area as well.

Patrick thanked all members for assisting the committee. He asked the GRs to review the full document to help answer any questions. This is a voting issue. He read the recommendations and then opened for discussion.

#### Discussion and Questions:

Dave said that the work of the committee is invaluable and expressed his gratitude. He shared that he could not attend this year due to another engagement. He thinks it would have been great if a past delegate or another interested Al-Anon could have attended using the funds. The leadership that has come from the South West Region is impressive – our executive director at WSO, for example. He is excited about the possibilities and supports it.

Kevin GR Wed Lost and Found: Will this eliminate the need for a vote for area chair to attend? He clarified that the recommendation is: three people would be sent each year... and \$2000 available for past delegates. Yes.

Heather shared there is a new delegate for electronic meetings who attended SWDRM this year. The information he presented was helpful as the areas are figuring out electronic meetings within their area. WSO shares with Regional Trustees what they want presented at the Regional Meetings and Trustees are encouraged to attend.

Patrick – SWDRM is not technically part of links of service. However, the board of trustees supports the meeting by sending regional trustees. The current treasurer of Al-Anon, Inc. also comes from the South West Region.

Betsy wanted more clarification on who is part of the Area World Service Committee – Officers, Coordinators, and District Representatives.

Sheri went on her own dime and did not like it. She reiterated that it is not in the links of service and yet SWDRM is acknowledged by the World Service Office.

SWDRM takes a 7<sup>th</sup> tradition. If there are excess funds that are not used for supporting the event, there is a donation made to WSO. How is this not against our traditions?

Heather mentioned that a vote was taken this past week. SWDRM is working on incorporation and then 501c3 so that this money issue can be resolved.

Treasurer Report – Pat D (a full report, the current budget, a listing of all donations, final accounting for fiscal year ending September 30, 2023, and reimbursement forms are all available on the website)

Pat shared on the projector what she created - she has a spreadsheet that shows all expenses in any form for any line item / category, such as Fall Assembly, fingerprinting. She can also do the same for income.

What do we want to use our ample funds for? Possibilities include new equipment, sending members to SWDRM, and Public Outreach. Pat approved a one-time special purchase for our technology coordinator of \$300.

#### Questions:

Betsy – clarification that we have currently allocated \$300 for past delegates attending SWDRM and that amount would be raised to \$2000 so that is a \$1700 increase.

Rachel – speaking on behalf of young people as a 40-year-old, Zoom is good to include but the goal should be in person because fellowship brings them back. She attended lots of meetings online and read 2 Al-Anon books before coming to a meeting in person. She said it is important to speak to them where they are - online, on social media. They are looking for good source materials, research based and on point, so we need to be sure to use key words for search criteria such as saying we are family support for Alcoholics Anonymous.

Kim – clarification on tech equipment, this is for area assemblies only.

- Break until 3:15 pm

#### Questions and Concerns Regarding Voting

Kevin – What are we voting for regarding tech equipment? Will we be moving forward with a Task Force for Equipment and Technology? Heather: We are voting for purchasing a laptop for the area.

Betsy – The laptop is not on the budget that we voted on.

Beverly – How many people have been sent in the past? Heather says 3.



Heather provided additional clarification on the 4 motions for SWDRM and asked for volunteers for counters. Erica and Darla were chosen. With 26 GRs voting, 17 is still a 2/3 majority.

**MOTION 2:** To support a third Utah Area attendee at the Southwest Regional Delegates Meeting annually by paying the registration fee, transportation costs, lodging costs, and meal plan.

Yea: 25      Nay: 0      Abstain: 0      Void: 1

The motion was passed.

**MOTION 3:** To rotate the third Utah Area attendee each year as follows:

Year one of a panel: The immediate past delegate.

The second year of the panel: The Area Chair

The third year of the panel: A randomly chosen Utah Area World Service Committee (AWSC) member.

Yea: 25      Nay: 0      Abstain: 0      Void: 1

The motion was passed.

**MOTION 4:** In the event the trusted servant for whom monies have been budgeted cannot attend the Southwest Regional Delegates Meeting, the Area Chair in consultation with the AWSC, may designate a replacement.

Yea: 25      Nay: 0      Abstain: 0      Void: 1

The motion was passed.

**MOTION 5:** To include in each Area Annual Budget an amount recommended by the finance committee to be shared by all past delegates who wish to attend the Southwest Regional Delegates Meeting. (The recommended amount for 2025 would be \$2000.)

Yea: 25      Nay: 0      Abstain: 0      Void: 1

The motion was passed.

**MOTION 6:** To donate to the WSO, the amount recommended by the Utah Area Treasurer (this is a one-time donation) \*The amount recommended was 10% of our actual income which would be \$572.

- Betsy clarified that this motion is a one-time donation.

Yea: 25      Nay: 0      Abstain: 0      Void: 1

The motion was passed.

**MOTION 7:** Moving forward, each Utah Area Assembly will be a hybrid assembly – meaning that each assembly will have an electronic component and an in-person component.

- Sheldon asked if Motion 7 should be voted on first. Heather said that this motion states the need for Motion 8, so it needs to be voted on first. If it does not pass, then Motion 8 is not relevant. Pat asked if this motion includes Delegate’s Day and Heather said that Delegate’s Day is separate.

Yea: 22      Nay: 2      Abstain: 1      Void: 1

The motion was passed.

**MOTION 8:** To purchase the recommended equipment (a laptop and a mobile microphone) to continue to improve the Utah Area’s ability to hold hybrid Assemblies and other events. The approximate cost of the equipment is \$2000.

- Rachel shared that there are many ways to do hybrid meetings without a purchase. Betsy joked that the mobile mic was for her. She asked if we have funding currently approved for technology? Is this a budget line item? If so, how much? Pat said that every coordinator has an approved money amount budgeted, but she could not currently verify that specific amount.

Yea: 21      Nay: 3      Abstain: 1      Void: 1

The motion was passed.

Heather thanked everyone for their participation.

#### Al-Anon Police Skit

#### Service Opportunity – Literature Coordinator

Lori G shared about the available Literature Coordinator position. Responsibilities include monthly AAIS Board meetings. The Literature Coordinator has access to AFG Connects. Heather asked if there was anyone who would like to put their name for this open position. Lori G stood and expressed her willingness to serve. Jeff J explained that there is a 7-member AAIS board, and these members have a vote. The Literature Coordinator position is non-voting as it is an advisory position between the AWSC and the AAIS. He said there is no conflict for Lori in holding both AAIS Secretary and Area Literature Coordinator. Lori expressed why she wants this position. She served as Area Literature Coordinator during Covid, and she feels that she missed out so she would love to finish Nancy’s term. Votes were collected on paper with Yes or No. There were 24 Yeas and 2 Void. Congratulations to our new Area Literature Coordinator, Lori G.

#### Upcoming Events

Delegate’s Day is June 1. It will be held at the Quality Inn in Richfield. Lunch is included. This is where Dave shares what he learned at the World Service Conference. Kim promises “he won’t suck.”

Fall Fellowship is happening again in Ogden. Coleen is the Al-Anon chair. She was not in attendance to provide additional information. Here is what we know: This event has the participation of all fellowships. It is occurring from October 18 to October 20. Coleen is looking for a co-chair who can be the main Al-Anon chair for 2025. The location can rotate in the future and does not need to be held in Ogden. This event is a joint venture with Alcoholics Anonymous.

The Utah Social Al-Anon Weekend (USAW) is happening the following weekend at the Ruby’s Inn in Bryce Canyon. It is being held from October 25 to October 27. A chair is needed as Heather is not available.

Fall Assembly 2024 is happening in Salt Lake City from September 27 to September 29. We are meeting at the Sons of the Utah Pioneers building with Alcoholics Anonymous. District 1 and District 3 are working on this together. Should we ask a trustee to come as a speaker? This needs to be done 2 months ahead. Denise asked what a reasonable amount was to spend on a trustee visit. \$500 is

reasonable to pay expenses for the flight and a room. If we can't make it work for the fall, then maybe we can try for the spring. Heather asked for a show of hands and a majority of the room raised them.

District 8 will host Spring Assembly 2025 in Kanab.

The Fall Assembly 2025 location will be announced at Fall Assembly 2024.

#### Area 55 Quilt

At each assembly, a drawing will be held to determine who has the chance to make one new square on our Area 55 Quilt. The lucky winner was Erica from the Moab Group in District 9.

#### Spring Assembly Committee Announcements

Jan invited us all to attend the Al-Anon meeting in Moab via Zoom at 6:30 pm on Wednesday nights. She reminded us that dinner was on our own and to be back for the speaker meeting at 7 pm. The speaker will be our delegate, Dave.

The meeting ended with the Al-Anon Declaration.