**District 3 Business Meeting – Minutes**

**October 19, 2024**

* Moment of Silence – followed by Serenity Prayer
* 12 Traditions and 12 Concepts of Service with General warranties- Traditions read by Joey. Concepts and General Warranties read by John.
* Welcome & Introductions – Denise-DR, Pete- Alateen Process/ GR Tuesday Night Bountiful Step by Step, Martee- Alateen Coordinator, John- GR Saturday Serenity (PC) , Chrissy- AAIS, Amelia- Treasurer, Faith GR Wednesday night serenity, Kevin- GR Wednesday night lost and found, Jeff- Spiritual Quest/ AAIS/ GR Spiritual Quest, Julie- GR Monday Miracles Heber, Sheldon- GR Easy Does it Bountiful, Lane-interested, Rachel- Alt DR, Cathy- GR Monday Night Living and Learning/ District Schedules, Joey GR- Thursday Let it Begin with Me (young people’s meeting)/public outreach, Emma- Alternate GR Thursday Night let it begin with me (young people’s meeting).
* Tradition 7
* District Officer Reports
  + Secretary: **Kelly-** Review & Approve Minutes for August. Jeff-correction AAIS report volunteer dinner was August (not September), Kevin motion, Joey 2nd. Approved.
  + Treasurer: **Amelia-** Denise had question about reimbursement for Alateen literature. Showing as expenses for district, needs to be changed to Alateen account. Denise recommending disbursement if needed as accounts are filling with donations. $922.23 to spend or make additional donations. Amelia clarified that larger donations disbursed at end of year when contributions are higher.
  + Public Outreach: **Joey-** Publicly outreaching. Used literature for recovery days and other outreach opportunities. Amelia clarified $107 spent so far, budget of $400. Joey intends to order literature. Coordinating with area when filled (currently open). Coordinate with district 1 Public Outreach. Recovery Day was excellent. Talked with recovery centers and sober living who were curious about Al-Anon literature. Help and Hope in AAIS office and pamphlet for Professionals.
  + Schedules: **Cathy** Sent schedules around for any updates. Cathy confirmed with John that Tuesday Night on the schedule. Couples in Sobriety (Zoom Only) working on getting registered but fell off the list. Remove from list until registered.
  + Alateen Coordinator: **Martee** Paying $20/ month for new Alateen meeting space. Proposing that district pay for Alateen meeting rent until meeting is more self-sustaining. Kevin pointed out that there is a budget for Alateen.
  + Alateen Process Person: **Pete**- 3 new AMIAS are now registered (Kristin, Cathy B., Catherine H.). 1 new member half-way through the process. 3 more likely approved soon. Faith asked if kids have made a phone list- not yet having consistent kids. Questions about safety when potential AMIAS candidates move here from out of state. Take another look at guidelines and possibly raise with area so that we can encourage sponsors AND mitigate safety concerns. Denise is checking with Crystal if background checks go beyond the state of Utah.
  + AAIS – **Jeff J. or Chrissy**- Written report from Assembly that is currently on website for financial and operational updates. Take it back to groups to volunteer in the AAIS office.
  + Alternate DR: **Rachel B-** Rachel also does Area Alanews. Send email to Rachel if you want to be added to Alanews distribution list.
  + District Rep: **Denise –** 
    - **Fall Assembly-** Time money, effort from WSO. $330 per group annually to support groups. $1 with inflation is about $11 today. Encouraging contributions.
      * Keeping the younger generation involved.
      * New Booklet- *Healing Within our Alcoholic Relationships*
      * Voted to pay the full amount for the delegate to travel conference. (vote on it every year whether using the full amount or equalized payment). Next year a little more money due to trip to *Stepping Stones*.
      * New financial guidelines will be presented in March
      * Debunked myth that Area insurance will cover individual groups in meetings. If location of group meeting requires insurance, group must find their own insurance.
      * Public Outreach Coordinator for Area- Open Position (just one more year)
    - **Access to Account**- co-signers on account- Reviewed to ensure that past treasurers don’t have access and the right people currently have access.
* Events
  + Recent Events

Recovery Days- Joey

Fall Assembly- Jeff, Rachel, John, Cathy, Kevin, Faith, Joey

* + - * Cathy shared how enjoyable it is to connect with other districts.
      * Trustee from Montana was there to talk about service.
      * Joey enjoyed the service workshop. Individual, Group, and area level. Attracting more young people into the rooms of Al-Anon.
      * Spring Assembly will be in Kanab
      * Kevin- Personal service evaluation. Think about how to serve in the next level. Attraction not promotion.
  + Future Events
    - Fall Fellowship- October 18-20 in Ogden with Al-Anon cooperation
* Going on right now up in Ogden. Bob C. Spoke at Friday night meeting and was outstanding. Still time to go up tonight or tomorrow!
* USAW-October 25,26,27 in Bryce Canyon
  + - Utah Social Al-Anon Weekend. Breathtaking fall event. Julie is going and taking two newcomers with her.
* Holiday Boutique-update by Chrissy **December 7, 2024** (no district meeting in Dec)
  + **Decorate the club Saturday, November 30th**.
  + Sign up for volunteering- take to groups for table and sign-ups.
  + Chrissy has made sure that we are on the calendar with the Alano club.
  + Chrissy attending the quarterly board meeting for Alano club to be sure there are no conflicts.
* District 3 chosen to add square to quilt- Al-Anon area 55 quilt- each district will contribute a square. District 3 is up! Talk to groups to find crafty quilters! Have until Spring Assembly to complete.
* New Business
  + How is Alateen doing? -Martee (discussed above)
  + Any new AMIAS- Pete (discussed above)
  + Donations to service arms? WSO, Utah Area, AAIS (discussed with treasurer report)
  + Suggestions for 2025
    - What fun things do we want to consider for 2025.
    - Joey raised question about considering hybrid component to district meeting. Kevin reflected on Covid and challenges trying to conduct a hybrid meeting. Also, benefits of sharing service responsibilities with other group members (alternate GR, alternate alternate GR). Possible district position to maintain necessary tech.
* Group needs and/successes- All GR’s report
  + Pete- Sunday Night Adult Children- group goes well because people are connected to location.
    - Tuesday night Step by Step
  + John- Saturday Serenity
  + Joey- 10-20 hybrid meeting Let it Begin with Me in Midvale. Still trying to get registered and listed on WSO. Rise and Grind Coffee Shop in Midvale (7200 S. 900 E).
  + Julie- Midway Miracles. 5 people and a few on Zoom. Hybrid.
  + Jeff- Sunday Night Spiritual Quest- Hybrid 7-10 in person. At United Methodist on 3300 S.
  + Faith- Serenity Seekers in West Valley. 6-10 people fluctuating each week.
  + Kevin- Wednesday Night Lost and Found. 90 minutes Alano Club. Average 20 people per week.
  + Cathy- Monday Night Living and Learning, St James. 20-40 people in person. Hybrid 2-10 on Zoom.
* Closing: ***Let it begin with me!*** *When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there – and let it begin with me!*

NEXT DISTRICT MEETING- November 16, 2024