

ALATEEN MEETINGS

6:00 PM WASATCH BACK ALATEENS EMPOWERED

- O First Monday of each month
160 W. Main St
Midway 84049
Enter through the front door
Contact Michelle 801-360-2380

7:00 PM SANDY ALATEEN

- O 2nd and 4th Mondays only
WC St. James Episcopal Church
7486 S Union Park Ave. (1300 E)
Midvale 84047
Contact: Denise L 801-971-3629 / Jeff 801-541-9218

AL-ANON ADULT CHILDREN MEETINGS

SUNDAY

6:00 PM DISCOVERY ADULT CHILDREN

- O Zoom Meeting **90 minutes**

For those who grew up in a home affected by someone else's drinking

ZOOM only:

ZOOM ID: 886 7952 6565, Passcode: 861 168

BUSINESS MEETINGS

2:00 PM AAIS BOARD MEETING

- O First Saturday of Each Month
Call AAIS at 801-262-9587 for meeting location.

2:00-4:00PM

O DISTRICT BUSINESS MEETING

Usually, Third Saturday of each Month
Alano Club
5056 S 300 W, Murray 84107

SCHEDULE LEGEND

When our District lists a group at their request, there is an informal agreement that the group will abide by Al-Anon Traditions and keep it's door opens to any Al-Anon member. Listing in the directory does not constitute approval of any group's manner of practicing the Al-Anon program.

- O Open: Anyone interested may attend.
- C Closed: For anyone whose personal life has been deeply affected by close contact with a problem drinker.
- WC Wheelchair Accessible
- YA Young Adult

Meeting Length

Most Meetings are 60 minutes unless otherwise noted.

(AA/Al-Anon/Alateen)

Other programs meeting at the same time and location but in separate rooms.

ATTENTION GROUPS:

If you need to **add/remove or change** Information on the schedule PLEASE TELL THE GROUP REPRESENTATIVE OR CONTACT WHO WILL TAKE THE INFORMATION TO THE DISTRICT 3 MEETING.

For information about meetings call the contact listed or the Al-Anon Information Service 801-262-9587

If the group you are attending is not right for you, please try another. There is help available in Al-Anon and Alateen.

AL-ANON INFORMATION CENTER for information and Al-Anon Literature

AAIS office hours

**Monday, Wednesday, Thursday
and Saturday, 12:00 to 4:00 p.m.**

After hours, please leave a message at this number, **(801) 262-9587** especially if you want a call back.

We are located upstairs east of the stage at the Alano Club, 5056 South 300 West in Murray (Salt Lake metro area, for newcomers and visitors). We have Al-Anon literature, flyers about upcoming events, and good sharing. Come see us!

The Pre-amble

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization, or institution; does not engage in any controversy; neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics and by giving understanding and encouragement to the alcoholic.

DISTRICT 3 MEETING SCHEDULE for AL-ANON, ALATEEN, and AL-ANON ADULT CHILDREN

(Salt Lake City, Park City, Kamas, West Valley City, Draper, Midvale, Sandy, Bountiful & Tooele)

For More Al-Anon Information and the latest copy of this schedule visit:

www.utah-alanon.org

Al-Anon/Alateen Information Service Inc.
(for information and Al-Anon Literature)
5056 South 300 West
Murray, UT 84107
(801) 262-9587

AAIS office hours (Current Schedule
**Monday, Wednesday, Thursday and
Saturday, 12:00 to 4:00 p.m.,**

Leave a message after hours at the above phone number. The messages are monitored.

AL-ANON FAMILY GROUPS
for families and friends of alcoholics

Current as of Feb 24, 2025

Mid-printing updates posted on
www.utah-alanon.org

For information about meetings anywhere in the US or Canada, call from USA (888) 4AL-ANON or 425-2666 between 8:00 a.m. and 4:00 p.m. EST:
www.al-anon.org

NOTE: For ZOOM meetings use ZOOM app OR call 720-707-2699 (or 346-248-7799) to use audio only. Use mtg ID and password as noted for that meeting.

AL-ANON MEETINGS

DAILY

7:00 PM UN DIA A LA VEZ (Spanish)

O Monday thru Friday **90 minutes**
3646 S Redwood Road (1700 W)
piso uno #104,105 WVC 84119

In Person Contact: Christina 801-833-9161
Or Lety 801-652-4303

SUNDAY

3:45 PM TOOELE CHOICES 4 U

O Alano Club
60 S Main, Tooele 84074

In Person In alley by Thrift Store.

6:00 PM DISCOVERY ADULT CHILDREN

O **90 minutes** *For those who grew up in a home affected by someone else's drinking*

ZOOM only -- ID: 886 7952 6565, Password: 861 168

6:30 PM SPIRITUAL QUEST

O Christ United Methodist Church
2375 E 3300 South, Salt Lake 84109
East entrance, 2nd floor

Hybrid ZOOM/in-person meeting.

ZOOM ID: 949 184 160, Password: 649339

Contact: Jeff J: 801-541-9218

MONDAY

11:00 AM MONDAY MIRACLES

O South Valley Unitarian Church **90 minutes**
6876 S. Highland Dr
Cottonwood Heights, UT 84121

Hybrid – In person/Call in --Call 425-436-6312 Access Code: 878227#

Contact: Jen: 801-541-4394

5:30 PM STEPS TO FREEDOM AFG

O The Shack 600 W 550 S
WC Heber City, UT

In Person Contact: Mark 615-482-9747

5:30 PM DISCOVERING CHOICES

O Fellowship Hall
WC 2060 Windsor Street, SLC 84105

In Person Contact: Guy 801-949-1496

6:00 PM MIDWAY MIRACLES

O 160 W Main St., Midway, Utah 84049

Hybrid - ZOOM/in-person meeting

ZOOM ID: 843 5936 2537, Passcode 226426

Enter through front door.

Contact: Julie H. text first 801-699-5992

6:30 PM LIVING & LEARNING IN AL-ANON

O **Beginners Meeting 30 Minutes**

WC St. James Episcopal Church
7486 S Union Park Ave. (1300 E)
Midvale 84047

Main Entrance – West side of bldg

In Person Contact: Cathy B 801-599-6582

7:00 PM LIVING & LEARNING IN AL-ANON

O St. James Episcopal Church
WC 7486 S Union Park Ave. (1300 E)

Main Entrance – West side of bldg

Hybrid - ZOOM/in-person meeting

ZOOM ID: 834 3282 7333, Passcode: 810523

Contact: Cathy B 801-599-6582

TUESDAY

5:30 PM NEW BEGINNINGS

O Magna Alano West **75 minutes**
9100 W Main St (2700 South), Magna

In Person Basement entry, west stairs

Contact: Geselle 435-224-4015

5:30 PM TUESDAYS WITH MEDITATION AFG

O Creekside Church
1400 Bitner Rd
Park City 84098

In Person Please use back door off rear parking lot

7:00 PM BOUNTIFUL STEP BY STEP

O So. Davis Recovery Club
25 N 200 W, Bountiful 84010

In Person

Contact: Pete 914-319-0430

7:00 PM SOUTH ENDERS AL-ANON

O Hilltop United Methodist Church
985 E 10600 S, Sandy 84094

Come from back lot, up left stairs rm 306

In Person

8:00 PM SANDY GROUP

O Community of Grace Presbyterian Church
WC 2015 E Newcastle Dr., Sandy 84093

"Classroom" entrance.

Hybrid -ZOOM/in-person meeting

ZOOM ID: 839 355 165, Password: SandyAFG

Call in Password: 044785

Contact: Kurt 801-694-6554

WEDNESDAY

11:30 AM WEDNESDAY LUNCH BUNCH

O **ZOOM Only – ZOOM 90 minutes**

ZOOM Login ID: 83429577447, Passcode: 226426

ZOOM dial in:720-707-2699 OR 346-248-7799 follow prompts and use code 226426#

Contact: Nancy 801-486-0904

7:00 PM SERENITY SEEKERS

O Trinity United Methodist Church
WC 3610 South 4400 West, WVC, 84120

In Person - **Enter through back of church. Call for WC access.**

Contact: Denise 801-971-3629

8:00 PM LOST & FOUND GROUP

O Alano Club **90 minutes**
5056 S 300 W, Murray 84107

In Person, Contact: Kevin 801-971-4578

THURSDAY

1:15 PM IS AL-ANON FOR YOU?

O Alano Club **75 minutes**
5056 S 300 W, Murray 84107

In Person Contact: Oranna 801-918-6057

7:00 PM BOUNTIFUL EASY DOES IT

O Bountiful Community Church
WC 150 N 400 E
Bountiful 84010 (AA)

In Person Contact: Sheldon W 801-599-1341

7:45 PM UNITY Al-Anon Group

O **ZOOM Only - ZOOM ID: 384 458 420**
Password 861 168

Contact: Pete 914-319-0430

8:00 PM AL-ANON 101 AND BEYOND

O St Vincent's Church
WC 1385 East Spring Lane, Murray 84117
Benvegna Center (Bldg. north of the church,
off 1300 E. then turn rt on Kings Row Dr.)

Hybrid ZOOM/in-person meeting.

ZOOM ID: 785 930 543, Password: 101AFG

Call in Password: 592550

Contact: Jenny 801-664-7340

8:30 PM LET IT BEGIN WITH ME

O Rise and Grind Coffee
YA 7301 S 900 East, Midvale 84047

Hybrid ZOOM/in-person meeting.

ZOOM ID: 863 6695 0934, Passcode: 5056

Contact: Joey 605-639-0924

FRIDAY

7:00 PM FRIDAY NIGHT SERENITY

O Step Study Group **90 minutes**
WC Trinity United Methodist Church

3610 South 4400 West, West Valley City

Hybrid – ZOOM/in person meeting -- ZOOM ID:

833 3118 8031, Passcode 349921

Contact: Mireya 801-604-8251

SATURDAY

9:00 AM SATURDAY MEN'S AFG

O Fellowship Hall
WC 2060 S Windsor St.
SLC 84105

In person

Contact: Amit 303-248-6246

9:30 AM SATURDAY SERENITY AFG

O 7375 Silver Creek Rd, **90 minutes**
WC Park City 84098

In person & call in – 425-436-6398, Access Code 570028#

Contact: John W txt 1st 443-301-5776