**District 3 Business Meeting Minutes**

**November 16, 2024**

* Moment of Silence – followed by Serenity Prayer
* 12 Traditions- read by John. 12 Concepts of Service with General warranties- read by Kevin.
* Welcome & Introductions – Denise- District Rep, Kevin- GR Wednesday Night Lost and found, , Martee- Alateen Coordinator, John- GR Saaturday Serenity, Jeff- GR Spiritual Quest and AAIS, Chrissy- AAIS contract worker, Joey- Dist Public Outreach, GR Thursday Night Let it Begin with Me (young people’s meeting), Emma- Alt GR Thursday Night Let it Begin with Me (young people’s meeting), Kelly- District 3 Secretary, Deborah- GR Monday Morning Miracles, Liliana- Una dia a la vez, Cristina- Una dia a la vez, Patrick- Friday Night Serenity.
* Tradition 7
* District Officer Reports
  + Secretary: **Kelly-** Review & Approve Minutes. John motion, Joey approved. Approved as written.
  + Treasurer: **Amelia (absent)-** finance report deferred.
  + Public Outreach: **Joey-** No organizations actively reached out. Reaching out varying medical offices and treatment centers with variable responses.
  + Schedules: **Cathy (absent)-** Let it Begin with Me (young people’s meeting) still waiting for WSO to list the meeting. Kevin suggesting that delegate may be able to connect. Unanimous decision to add to the district schedule while process pending to add through WSO.
  + Alateen Coordinator: **Martee-** Discussing moving Alateen to every week as a possibility. Simplifying sign-up. Need a way to organize sign ups, Cathy B. and Rachel B have ideas with survey monkey or google drive document. Set up a Zoom meeting for AMIAS to decide how to organize and weight out moving to weekly meeting. Joey offering to outreach for Alateen (schools, county rec, etc). Chrissy mentioned that school counselors do call the AAIS office asking for information about Alateen. Joey to get his contact info to Chrissy for AAIS calls.
  + Alateen Process Person: **Pete (absent)** Some in process for AMIAS (3 need fingerprints)
  + AAIS – **Jeff J. or Chrissy-** Chrissy is always looking for volunteers. M, W, TH, Sat 12-4. $23 for Bundle pack of workbooks: reaching for personal freedom/ paths to recovery/ blueprint for progress. Jeff connecting with Rachel to get in the Alanews. Kelly will send with minutes.
  + Alternate DR: **Rachel B (absent)**
  + District Rep: **Denise –** 
    - Area open position for Public Outreach to go through 2025. Contact Heather [heather.marback@gmail.com,](mailto:heather.marback@gmail.com) area chair, or Dave B. [davebailey47@gmail.com](mailto:davebailey47@gmail.com), delegate.
    - District Quarterly Appeal for WSO from district.
* Events
  + Recent Events
    - Fall Fellowship in Ogden- no one present attended. Kevin heard from someone in his group that it was wonderful.
    - USAW in Bryce Canyon- no one present attended.
  + Future Events
    - Holiday Boutique-update by Chrissy (decorating after Thanksgiving, setup and cleanup day of, and decoration removal after Christmas). Flyers will be sent out again with the minutes. Kelly will look at sign-up at her group Monday and get to Chrissy. Kevin knows of about 6 people who can help, Joey knows people who are willing to decorate.
    - Quilt- Kelly shared ideas from Cathy B. and Louise from Monday Night Living and Learning. Suggesting Mountain scape, mountain biker, Kevin has a contact for silk screening, Martee’s sister can silk screen**. Plan to vote in January**.
* New Business
  + Alateen Update- Martee (see above report out)
  + Suggestions for topics in 2025?
    - Sledding party? Hot cocoa
    - Take to groups to see what they would like to see from the district
    - District speaker meeting, gratitude dinner, workshops, workshop on service and service positions.
  + Forgo district meeting in December due to Holiday Boutique.
* Group needs and/successes- All GR’s report
  + Kevin- Wednesday Night Lost and Found – Alano Club 8:00 (90 minutes). Healthy meeting with recovery and weekly rotating chairs. Group decided to move from monthly to weekly sign-up and have more volunteers for service for shorter commitments.
  + Jeff- Spiritual Quest Sunday at 6:30 United Methodist on 3300 South. Hybrid. Minimal Zoom attendance. Average 10-12 in person.
  + Joey- Let it Begin with Me (young people’s meeting) Rise and Grind Coffee in Midvale at 8:30 PM. Hybrid 10-15 people. Pre-designated topics for each week of the month. Newcomers coming and staying.
  + Lilliana/ Cristina- Una dia a la vez. Mon-Fri 4-5 people each night. Excited to participate in holiday boutique.
  + Deborah – Monday morning miracles- rotating chairs. A very nice meeting.
  + John- GR Saturday Serenity in Park City. 15-17 regulars. Newcomers, not always stick around.
  + Patrick- Interested Al-Anon. Friday Night Serenity in West Valley. Hybrid meeting. 8-10 in person, 3-4 online. Captured 4 newcomers who come and stay, mutigenerational. Work through the steps week by week. Beginning step 8 currently. Deep sharing. A lot of Kleenex! Meeting after the meeting has turned into the meeting before the meeting. If interested in Friday fellowship, come and join us. Rotate dinner sites. Contact person on the schedule. Text thread.
  + Kelly M.- Monday Night Living and Learning 7:00 PM, Beginners meeting 6:30. Healthy meeting with 20-30 in the room, varying attendees on zoom. Newcomers coming and staying. Some challenges with rotating service positions. Looking at taking a group inventory soon, it has been about 2 years since last group inventory.
  + Denise- Wednesday Night Serenity Seekers- rotating chair every 2 weeks. Fresh topics and doing well.
  + Kevin- Reporting on Tuesday Sandy AFG on Newcastle 8:00 PM. Hybrid meeting. 25-30 in the room, 10-15 on zoom. Newcomers coming and staying.
* Closing: ***Let it begin with me!*** *When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there – and let it begin with me!*

NEXT DISTRICT MEETING- January 18, 2025