**District 3 Business Meeting – Minutes**

**February 15, 2025**

* Moment of Silence – followed by Serenity Prayer
* 12 Traditions and 12 Concepts of Service with General warranties- 12 traditions read by John. 12 Concepts read by Kevin.
* Welcome & Introductions – Rachel B-Alt DR/ Alanews, Cathy B-GR Monday Night Living & Learning, Jeff- GR Sunday Spiritual Quest/AAIS, Faith- GR Wed Night Serenity, Lori-Area lit/ Alateen sponsor, Lee- Alateen sponsor/Monday Morning Miracles, Kelly M-District Secretary/ Alateen sponsor, Joey- GR Thursday Night Let It Begin with Me/ District Public Outreach, John- GR Sat Serentiy, Tina (Alt GR)- Friday Night Serenity, Mireya- Friday Night Serenity, Hilary- AAIS board/ Interested Al-Anon, Amelia D- District Treasurer, Kevin- GR Wed Night Lost and Found, Julie-GR Monday Midway Miracles, Darla – Alt GR Tuesday Step by Step.
* 7th Tradition- plus WSO quarterly appeal
* District Officer Reports
  + Secretary: **Kelly-** Review & Approve Minutes. Kevin motion, John 2nd, all approved.
  + Treasurer: **Amelia-** finance report
    - Budget proposal- Kevin asked about expense for computer. Amelia shared that the committee decision was to consider for the next term. Kelly says she is fine using personal laptop for secretary duties. Consider for next term is if computer is a barrier to service positions
      * Kevin motioned approval for budget. Rachel 2nd. All approved.
    - January financials- CD matured. Distributed to savings and re-invest in another CD.
      * Questions answered about Alateen funds on report.
      * Kevin motioned to approve financials, John 2nd, all approved.
  + Public Outreach: **Joey-** Flyer for interest to be part of a Public Outreach Committee. QR code will take you to a form of interest, including preferred meeting times. Bring voice to people outside of the district meeting. You can also send the QR code to others.
    - Speaker for AA event for AL-Anon speaker to speak on relationships. Fit to Recover 2/15/25 7:30 speaker, arts and crafts.
    - Conference in California AA/ Al-Anon young person’s round-up.
    - Schools & treatment center outreach.
  + Schedules: **Cathy** Cathy passed around schedule for updates. Updates have been posted. Concern they were not updated yet. Cathy will verify with Lynette (area website).
  + Alateen Coordinator: **Martee (Absent) –** Alateen group report out. Cathy (Alateen sponsor) reported that attendance is up and down from no kids to 3-5. Lee mentioned that AA has mentioned the hope for Alateen groups. Joey agreeable to outreach to AA to inform of Alateen group. Lori mentioned that both Bountiful Al-Anon meetings Tuesday/ Thursday have AA that meets at the same time. Consider for another Alateen group if enough sponsors.
  + Alateen Process Person: **Pete (Absent)**
  + AAIS – **Jeff J.** AAIS appreciates the donations from groups. Appreciates the volunteers who have stepped up to staff the office during the week.
  + Alternate DR: **Rachel B**
  + District Rep: **Rachel B. (Alt DR)** Nothing additional to present.
* Events
  + Recent Events- no recent events to report out.
  + Future Events
  + **Spring Assembly**- Kanab- March 21-23 (**No District Meeting in March**)
* **AAIS Fundraiser**-Soup and Dessert Auction- April 12 Flyer handout for groups. Could not get venue for April 26 as previously reported. Looking for entertainment.
* **UTAC**- June – will confirm if 1st or 2nd weekend in June. Kevin mentioned that Delegates day also falls in June to consider for conflicting dates.
* New Business
  + Alateen Update- Martee (Absent)
  + Quilt square update- Cathy B . Quilt portion is completed. Getting the embroidery “One Day at a Time”. Will be ready for the Spring Assembly. Special gratitude to Louise from Monday Night Living and Learning.
  + Events/ workshops for 2025 (need chairpersons to step up)

\*A Day In Al-Anon- Nancy W. possible date 08/02/25

\*Other possible events- Bee’s Game, Pizza In the Park, Meditation Workshop, Conflict Resolution, District & Area Election Workshop

* Call for Chairpersons!
* Get out to groups! **Would a group like to sponsor a fellowship event for the district?**
* Faith mentioned Grizzley Tickets might be fun. Taking it back to her group.
* Group needs and/successes- All GR’s report
  + Darla - Bountiful Step by Step. Group is sponsoring fall fellowship
  + Kevin- Wed Night Lost & Found. In-person only. 20-28. Newcomers stay. Great recovery.
  + Julie- Midway Miracles. 5-10 people, 3 hybrid on Zoom. No concerns.
  + Lee- Monday Morning Miracles. 10 people. Newcomers in and out. 90 minute meeting. South Valley Unitarian. Several members volunteer at bookstore.
  + Tina- Friday Night Serenity. 10 people. Hybrid Meeting. Regulars and newcomers. Step Study and beginner portion when newcomers present. Often have dinner afterwards. Had issues with Wifi.
  + John- Saturday Serenity in Park City. 20 in person. 5 Zoom. Shortened the beginning format for more time for sharing. More fellowship as a group.
  + Joey- Thursday Night Let it Begin With Me (young person’s meeting). Rise and Grind Midvale. 15 people, hybrid on Zoom. Effectively on the schedule. Steps, traditions, blueprint, and Ask-it Basket. Group Inventory planned.
  + Lee- Sunday Night Adult Children. Zoom Only. 5 people. Remaining on Zoom.
  + Faith- GR Wednesday Night Serenity Seekers- Trinity United (West Valley). Has not been able to attend meeting consistently lately.
  + Jeff- Sunday Spirtual Quest. 10 in person, a couple on Zoom.
  + Cathy- Monday Night Living and Learning. 20-30 in person. 2-5 on Zoom. Group Inventory completed. Working on getting others for service.
  + Amelia- Tuesday Night Sandy Group 8 PM. 25 in person, 5-7 online. Interest in social activities.
* Closing: ***Let it begin with me!*** *When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there – and let it begin with me!*

NEXT DISTRICT MEETING- April 19, 2025