

ALATEEN MEETINGS

6:00 PM WASATCH BACK ALATEENS EMPOWERED
O First Monday of each month
160 W. Main St
Midway 84049
Enter through the front door
Contact Michelle 801-360-2380

7:00 PM SANDY ALATEEN
O 2nd and 4th Mondays only
WC St. James Episcopal Church
7486 S Union Park Ave. (1300 E)
Midvale 84047
Contact: Denise L 801-971-3629 / Jeff 801-541-9218

AL-ANON ADULT CHILDREN MEETINGS

SUNDAY
6:00 PM DISCOVERY ADULT CHILDREN
O Zoom Meeting **90 minutes**

*For those who grew up in a home affected by
someone else’s drinking*
ZOOM only:
ZOOM ID: 886 7952 6565, Passcode: 861 168

BUSINESS MEETINGS

2:00 PM AAIS BOARD MEETING
O First Saturday of Each Month
Call AAIS at 801-262-9587 for meeting
location.

2:00-4:00PM
O DISTRICT BUSINESS MEETING
Usually, Third Saturday of each Month
Alano Club
5056 S 300 W, Murray 84107

SCHEDULE LEGEND

When our District lists a group at their request,
there is an informal agreement that the group
will abide by Al-Anon Traditions and keep it’s
door opens to any Al-Anon member. Listing in
the directory does not constitute approval of
any group’s manner of practicing the Al-Anon
program.

- O** Open: Anyone interested may attend.
- C** Closed: For anyone whose personal life has
been deeply affected by close contact with a
problem drinker.
- WC** Wheelchair Accessible
- YA** Young Adult

Meeting Length
Most Meetings are 60 minutes unless
otherwise noted.

(AA/Al-Anon/Alateen)
Other programs meeting at the same time and
location but in separate rooms.

**NOTE: For ZOOM meetings use ZOOM app OR call
720-707-2699 (or 346-248-7799) to use audio only. Use
mtg ID and password as noted for that meeting.**

*If the group you are attending is not right for
you, please try another. There is help
available in Al-Anon and Alateen.*

ATTENTION GROUPS:
If you need to **add/remove or change**
Information on the schedule
PLEASE TELL THE GROUP REPRESENTATIVE OR
CONTACT WHO WILL TAKE THE INFORMATION
TO THE DISTRICT 3 MEETING.

**For information about meetings
call the contact listed or the Al-Anon
Information Service
801-262-9587**

AL-ANON INFORMATION CENTER
for information and Al-Anon Literature

AAIS office hours
**Monday, Wednesday, Thursday
and Saturday, 12:00 to 4:00 p.m.**

After hours, please leave a message at this
number, **(801) 262-9587** especially if you want a call
back.

We are located upstairs east of the stage at the
Alano Club, 5056 South 300 West in Murray (Salt
Lake metro area, for newcomers and visitors). We
have Al-Anon literature, flyers about upcoming
events, and good sharing. Come see us!

The Pre-amble
The Al-Anon Family Groups are a fellowship of
relatives and friends of alcoholics who share their
experience, strength, and hope in order to solve
their common problems. We believe alcoholism is
a family illness and that changed attitudes can aid
recovery.

Al-Anon is not allied with any sect, denomination,
political entity, organization, or institution; does
not engage in any controversy; neither endorses
nor opposes any cause. There are no dues for
membership. Al-Anon is self-supporting through
its own voluntary contributions.

Al-Anon has but one purpose: to help families of
alcoholics. We do this by practicing the Twelve
Steps, by welcoming and giving comfort to families
of alcoholics and by giving understanding and
encouragement to the alcoholic.

DISTRICT 3
MEETING SCHEDULE for
AL-ANON, ALATEEN, and
AL-ANON ADULT CHILDREN
(Salt Lake City, Park City, Kamas, West Valley City,
Draper, Midvale, Sandy, Bountiful & Tooele)

For More Al-Anon Information and the latest copy of
this schedule visit:

www.utah-alanon.org

Al-Anon/Alateen Information Service Inc.
(for information and Al-Anon Literature)
5056 South 300 West
Murray, UT 84107
(801) 262-9587

AAIS office hours (Current Schedule
**Monday, Wednesday, Thursday and
Saturday, 12:00 to 4:00 p.m.,**

**Leave a message after hours at the above
phone number. The messages are
monitored.**

AL-ANON FAMILY GROUPS
for families and friends of alcoholics

Current as of Mar 21 2025
Mid-printing updates posted on
www.utah-alanon.org

For information about meetings anywhere
in the US or Canada, call from USA
(888) 4AL-ANON or 425-2666
between 8:00 a.m. and 4:00 p.m. EST:
www.al-anon.org

AL-ANON MEETINGS

DAILY
7:00 PM UN DIA A LA VEZ (Spanish)
C Monday thru Friday **90 minutes**
3646 S Redwood Road (1700 W)
piso uno #104,105 WVC 84119
In Person Contact: Christina 801-833-9161
Or Lety 801-652-4303

SUNDAY
3:45 PM TOOELE CHOICES 4 U
O Alano Club
60 S Main, Tooele 84074
In Person In alley by Thrift Store.

6:00 PM DISCOVERY ADULT CHILDREN
O **90 minutes** *For those who grew up in a home
affected by someone else’s drinking*
ZOOM only -- ID: 886 7952 6565, Password: 861 168

6:30 PM SPIRITUAL QUEST
O Christ United Methodist Church
2375 E 3300 South, Salt Lake 84109
East entrance, 2nd floor
Hybrid ZOOM/in-person meeting.
ZOOM ID: 949 184 160, Password: 649339
Contact: Jeff J: 801-541-9218

MONDAY
11:00 AM MONDAY MIRACLES
O South Valley Unitarian Church **90 minutes**
6876 S. Highland Dr
Cottonwood Heights, UT 84121
Hybrid – In person/Call in --Call 425-436-6312 Access
Code: 878227#
Contact: Jen: 801-541-4394

5:30 PM STEPS TO FREEDOM AFG
O The Shack 600 W 550 S
WC Heber City, UT
In Person Contact: Mark 615-482-9747

5:30 PM DISCOVERING CHOICES
O Fellowship Hall
WC 2060 Windsor Street, SLC 84105
In Person Contact: Guy 801-949-1496

6:00 PM MIDWAY MIRACLES
O 160 W Main St., Midway, Utah 84049
Hybrid - ZOOM/in-person meeting
ZOOM ID: 843 5936 2537, Passcode 226426
Enter through front door.
Contact: Julie H. text first 801-699-5992

6:30 PM LIVING & LEARNING IN AL-ANON
O **Beginners Meeting 30 Minutes**
WC St. James Episcopal Church
7486 S Union Park Ave. (1300 E)
Midvale 84047
Main Entrance – West side of bldg
In Person Contact: Cathy B 801-599-6582

7:00 PM LIVING & LEARNING IN AL-ANON
O St. James Episcopal Church
WC 7486 S Union Park Ave. (1300 E)
Main Entrance – West side of bldg
Hybrid - ZOOM/in-person meeting
ZOOM ID: 834 3282 7333, Passcode: 810523
Contact: Cathy B 801-599-6582

TUESDAY
5:30 PM NEW BEGINNINGS
O Magna Alano West **75 minutes**
9100 W Main St (2700 South), Magna
In Person Basement entry, west stairs
Contact: Geselle 435-224-4015

5:30 PM TUESDAYS WITH MEDITATION AFG
O Creekside Church **90 minutes**
1400 Bitner Rd
Park City 84098
In Person Contact: Wendy 814-648-5188
Or Steve B 801-556-0280
30 minutes meditation followed by 60 min meeting
Please use back door off rear parking lot

7:00 PM BOUNTIFUL STEP BY STEP
O So. Davis Recovery Club
25 N 200 W, Bountiful 84010
In Person
Contact: Pete 914-319-0430

7:00 PM SOUTH ENDERS AL-ANON
O Hilltop United Methodist Church
985 E 10600 S, Sandy 84094
Come from back lot, up left stairs rm 306
In Person

8:00 PM SANDY GROUP
O Community of Grace Presbyterian Church
WC 2015 E Newcastle Dr., Sandy 84093
“Classroom” entrance.
Hybrid -ZOOM/in-person meeting
ZOOM ID: 839 355 165, Password: SandyAFG
Call in Password: 044785
Contact: Kurt 801-694-6554

WEDNESDAY
11:30 AM WEDNESDAY LUNCH BUNCH
O ZOOM Only – ZOOM **90 minutes**
ZOOM Login ID: 83429577447, Passcode: 226426
ZOOM dial in:720-707-2699 OR 346-248-7799 follow
prompts and use code 226426#
Contact: Nancy 801-486-0904

7:00 PM SERENITY SEEKERS
O Trinity United Methodist Church
WC 3610 South 4400 West, WVC, 84120
In Person - **Enter through back of church. Call for WC
access.**
Contact: Denise 801-971-3629

8:00 PM LOST & FOUND GROUP
O Alano Club **90 minutes**
5056 S 300 W, Murray 84107
In Person, Contact: Kevin 801-971-4578

THURSDAY
1:20 PM IS AL-ANON FOR YOU?
O Alano Club **75 minutes**
5056 S 300 W, Murray 84107
In Person Contact: Oranna 801-918-6057

7:00 PM BOUNTIFUL EASY DOES IT
O Bountiful Community Church
WC 150 N 400 E
Bountiful 84010 (AA)
In Person Contact: Sheldon W 801-599-1341

7:45 PM UNITY Al-Anon Group
O ZOOM Only - ZOOM ID: 384 458 420
Password 861 168
Contact: Pete 914-319-0430

8:00 PM AL-ANON 101 AND BEYOND
O St Vincent’s Church
WC 1385 East Spring Lane, Murray 84117
Benvegnu Center (Bldg. north of the church,
off 1300 E. then turn rt on Kings Row Dr.)
Hybrid ZOOM/in-person meeting.
ZOOM ID: 785 930 543, Password: 101AFG
Call in Password: 592550
Contact: Jenny 801-664-7340

8:30 PM LET IT BEGIN WITH ME
O Rise and Grind Coffee
YA 7301 S 900 East, Midvale 84047
Hybrid ZOOM/in-person meeting.
ZOOM ID: 863 6695 0934, Passcode: 5056
Contact: Joey 605-639-0924

FRIDAY
7:00 PM FRIDAY NIGHT SERENITY
O Step Study Group **90 minutes**
WC Trinity United Methodist Church
3610 South 4400 West, West Valley City
Hybrid – ZOOM/in person meeting -- ZOOM ID:
833 3118 8031, Passcode 349921
Contact: Mireya 801-604-8251

SATURDAY
9:00 AM SATURDAY MEN’S AFG
O Fellowship Hall
WC 2060 S Windsor St.
SLC 84105
In person
Contact: Amit 303-248-6246

9:30 AM SATURDAY SERENITY AFG
O 7375 Silver Creek Rd, **90 minutes**
WC Park City 84098
In person & call in – 425-436-6398, Access Code
570028#
Contact: John W txt 1st 443-301-5776