

## AL-ANON FAMILY GROUP MEETINGS – DISTRICT 8

District 8 Representative – Leslie T, 435-770-9464

For the Utah Cities: CEDAR CITY, HURRICANE, KANAB, SPRINGDALE, ST.GEORGE

Or call Al-Anon/Alateen Information Services, 5056 S 300 W, Murray, UT 84107 – 801.262.9587, <http://utah-alanon.org>

| CITY                                                                                                                   | TIME/DAY          | CITY                                                                                                                 | TIME/DAY                                        |
|------------------------------------------------------------------------------------------------------------------------|-------------------|----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------|
| <b>Cedar City</b>                                                                                                      |                   | <b>St George</b>                                                                                                     |                                                 |
| Easy Does It AFG                      | 6:00 PM/Tuesday   | Courage to Change  Hybrid         | 12:00 PM/Tuesday                                |
| KKCB Meeting Hall – Upstairs                                                                                           |                   | Good Shepard Presbyterian Church                                                                                     |                                                 |
| 203 E Cobble Creek Dr                                                                                                  |                   | <b>(Conference Center Behind the Church)</b>                                                                         |                                                 |
| Manny 435-559-3333                                                                                                     |                   | 611 N 2450 E                                                                                                         |                                                 |
|                                                                                                                        |                   | Kim 435-767-1643                                                                                                     |                                                 |
|                                                                                                                        |                   | **Zoom access by request - Call 435-767-1643 to arrange                                                              |                                                 |
| Hope for Today                        | 6:00 PM/Thursday  |                                                                                                                      |                                                 |
| KKCB Meeting Hall – Upstairs                                                                                           |                   | Tuesday Night AFG                 | 7:00 PM/Tuesday                                 |
| 203 E Cobble Creek Dr                                                                                                  |                   | Southwest Behavioral Health Center, Room 105                                                                         |                                                 |
| Manny 435-559-3333                                                                                                     |                   | 474 W 200 N                                                                                                          |                                                 |
|                                                                                                                        |                   | Donalee 801-673-7532                                                                                                 |                                                 |
|                                                                                                                        |                   | **Zoom access by request – call 435-668-1060 to arrange                                                              |                                                 |
| <b>Hurricane</b>                                                                                                       |                   |                                                                                                                      |                                                 |
| Hurricane AFG  Hybrid                 | 5:30 PM/Wednesday | Thursday Fellowship AFG           | 8:00 PM/Thursday                                |
| Hurricane Pioneer Museum – Basement                                                                                    |                   | Dixie Alano Club                                                                                                     |                                                 |
| 35 W State St                                                                                                          |                   | 559 N 1060 E                                                                                                         |                                                 |
| Sheila 503-791-6557                                                                                                    |                   | Trudy 801-598-0806                                                                                                   |                                                 |
| **Zoom access by request - Call 503-791-6557 to arrange                                                                |                   |                                                                                                                      |                                                 |
| <b>Kanab</b>                                                                                                           |                   |                                                                                                                      |                                                 |
| Red Rock Serenity AFG                                                                                                  | 6:00 PM/Sunday    | St. George Alateen                | 8:00 PM/Thursday                                |
| United Church                                                                                                          |                   | Dixie Alano Club – Puzzle Room                                                                                       | 1 <sup>st</sup> /3 <sup>rd</sup> weeks of month |
| 550 S Hwy 89A                                                                                                          |                   | 559 N 1060 E                                                                                                         |                                                 |
| Cory 801-390-5622                                                                                                      |                   | Sheri 435-229-0365/Heather 435-668-1191                                                                              |                                                 |
|                                                                                                                        |                   |                                                                                                                      |                                                 |
| <b>Springdale</b>                                                                                                      |                   |                                                                                                                      |                                                 |
| Springdale Understanding Ourselves  | 5:00 PM/Monday    | Friday Serenity Seekers  Hybrid | 12:00 PM/Friday                                 |
| Springdale Library                                                                                                     |                   | Good Shepard Presbyterian Church                                                                                     |                                                 |
| 118 Lion Blvd                                                                                                          |                   | <b>(Conference Center Behind the Church)</b>                                                                         |                                                 |
| Diane 818-590-9492                                                                                                     |                   | 611 N 2450 E                                                                                                         |                                                 |
|                                                                                                                        |                   | Roma 435-201-4852                                                                                                    |                                                 |
|                                                                                                                        |                   | **Zoom access by request - Call 435-201-4852 to arrange                                                              |                                                 |
|                                                                                                                        |                   |                                                                                                                      |                                                 |
|                                                                                                                        |                   | Newcomer and Participation AFG  | 6:00 PM/Friday                                  |
| <b>St. George</b>                                                                                                      |                   | <b>(Newcomers and Regular Attending Al-Anon's Welcome)</b>                                                           |                                                 |
| Thank God It's Monday               | 12:00 PM/Monday   | Southwest Behavioral Health Center                                                                                   |                                                 |
| Southwest Behavioral Health Center                                                                                     |                   | 474 W 200 N                                                                                                          |                                                 |
| 474 W 200 N                                                                                                            |                   | Wendy 701-712-6222                                                                                                   |                                                 |
| Crystal 801-694-1480                                                                                                   |                   |                                                                                                                      |                                                 |
|                                                                                                                        |                   |                                                                                                                      |                                                 |
|                                                                                                                        |                   | The Trust Meeting AFG           | 8:00 AM/Saturday                                |
| St. George Men's AFG  Hybrid        | 6:00 PM/Monday    | USARA Building (Basement)                                                                                            |                                                 |
| USARA                                                                                                                  |                   | 113 E 200 N Suite 1                                                                                                  |                                                 |
| 113 E 200 N                                                                                                            |                   | Betsy 703-869-4181                                                                                                   |                                                 |
| Jim 678-863-2860                                                                                                       |                   |                                                                                                                      |                                                 |
| **Zoom access by request - Call 678-863-2860 to arrange                                                                |                   |                                                                                                                      |                                                 |

Effective: 4/18/2025