

AL-ANON MEETINGS:

MONDAY

7:00 PM Sanpete AFG

- O** Ephraim Mental Health Bldg.
390 W 100 N
Ephraim, Ut

TUESDAY

12:00 PM Courage to Change

- C** St. Mary's Church (upstairs)
50 W. 200 N.
Provo, UT 84601

7:00 PM Living Life on Life's Terms

- O** (Electronic Group)
<https://zoom.us/join>
Meeting ID: 826 2887 1117
Passcode: ODAT

WEDNESDAY

5:30 PM Paths Group

- O** 35 S. Main Street
Pleasant Grove, UT 84062
- go around the building and down the steep stairs; no restrooms available.

7:00 PM Hula Hoop Group

- O** Wilson Elementary School
- WC** 590 W. 500 S., (enter on the south-west end of the building.)
Payson, UT 84651

THURSDAY

7:00 PM Let It Begin with Me

- C** Steps Recovery Center
(located in the front, south end of the campus)
901 S. Orem Blvd.
Orem, UT 84604

FRIDAY

12:00 PM Friday Step Study AFG

- C** St. Mary's Church
- WC** (in the Fellowship Hall)
50 W. 200 N.
Provo, UT 84601

7:00 PM Springville Discussion Group

- C** Springville Presbyterian Church –
(upstairs)
245 S. 200 E.
Springville, UT 84663

District Business Meeting

7:00 PM Second Tuesday of Odd Months -

- O** Jan., March, May, July, Sept., Nov.
Meeting on zoom only in 2025
<https://zoom.us/join>
Meeting ID: 858 1085 2290
Passcode: 477976

*If the group you are attending is not right for you, please try another.
There is help available in Al-Anon.*

Notes and/or Phone Numbers

Schedule legend

O Open: Anyone interested may attend

C Closed: For anyone whose personal life has been affected by close contact with a problem drinker

WC Wheelchair Accessible

(AA/Al-Anon/Alateen)

Other programs meeting at the same time and location, but in separate rooms.

For more information about Al-Anon and Alateen meetings in Utah, call or visit:

Al-Anon/Alateen Information Services
5056 South 300 West
Murray, Utah 84107
Wed-Thurs-Sat
12 pm- 4 pm
801-262-9587
www.utah-alanon.org

UTAH AREA

DISTRICT 6

Al-Anon Family

Group Meeting

Schedule

Updated: September 2025