

2025 Utah Area Fall Assembly
Spanish Fork library, Heritage Room, Spanish Fork, UT
September 20, 2025

Heather M. opened the business meeting at 9:30 am with a moment of silence followed by the Serenity Prayer. Kim P. read the Concepts of Service. Kristie read the Etiquette of the Conference.

Heather led Roll Call by having everyone from District 1 stand and introduce themselves. Present from District 1 were Ked K. – GR for TriC and Area Alateen, Jane McQ. – GR for Sunday group and Alternate Delegate, 2 interested Al-Anons including Norma D., Jeff K – District 1 Representative and GR for Courage to Change Monday night, Susan – Let Go in Logan GR.

Next to stand was District 3. Those present included Kim C. – Technology Coordinator and GR for Tuesday Sandy, Brett – GR for Thursday Let it begin with me, Denise L – District 3 Representative and alternate GR for Wednesday Serenity Seekers, Lori G. – Area Literature and AAIS Secretary, 4 interested Al-Anons - including Matt L., Kathryn L., and Hilary, Carol – alternate GR for St. Vincent 101 and Beyond, Oranna – GR for Is Al-Anon for You?, Reece – interested Al-Anon, Dawn – Area Secretary, Deb – alternate GR Monday Miracles, Kevin – GR Wednesday Lost and Found, Dave T. – assistant chair AAIS board, Jeff J. – GR Sunday Spiritual Quest, Chrissy – GR New Beginnings, District Public Outreach, and AAIS paid employee, Janette – incoming GR Tuesday Step by Step, Darla – current GR Tuesday Step by Step, Nancy – interested Al-Anon, Sheldon – GR Easy Does It, John – GR Park City Serenity, Julie H – GR Midway Miracles, Lynnette – Website Coordinator, Mary – Group Records Secretary, Dave – Delegate, Kelly – District 3 Secretary, AMIAS, and alternate GR for Monday Night Living and Learning, Suzy – interested Al-Anon, ONLINE – Pat D., Area Treasurer.

Late arrival: Charlie – GR Hope at High Noon (District 1)

Next to stand was District 6. Those present included Amy J. – Hula Hoop GR, Tarea – GR Tuesday Courage to Change, Teresa – GR Paths to Recovery, Kristie – GR Step Study Group, Fridays at noon in Provo.

There was no one present from District 7.

Next to stand was District 8. Those present included Heather M. – Area Chair, Sheri H. – Guidelines Coordinator and GR Saturday Trust, Kim P. – GR Courage to Change Tuesday, Crystal H. – GR Thank God It's Monday, Manny – GR for both Tuesday in Cedar City and Thursday Hope for Today, Leslie – District 8 Representative and GR Friday Serenity, Jim – GR Men's Al-Anon, Rhonda – GR Hurricane, and ONLINE – Brittney GR Friday Night Newcomers

Next to stand was District 9. The only person present was Jan – District 9 Representative and GR for Moab AFG.

There was no one present from District 10.

Currently, there are 31 voting members in the room AND 3 online for a total of 34. 23 is a two-thirds majority.

Mary Y., Group Records Coordinator, has four groups where their emails are bouncing back – Rachel at Courage to Change AFG, Letting Go in Logan, Un Dia a la Vez, and Unity Group. WSO is trying to contact them. Please get together with Mary if you need any help with updates to your group records, current mailing address, and group representative. Sometimes, the WSO website can be slow to update.

Announcements: Free Wi-Fi available from the library to look up reports on Utah Area website. Prepare for temperature fluctuating in this room and contact someone on the committee if you require adjustment. The bathrooms are across the lobby to the right. PLEASE eat the microphone so everyone

can hear you speaking, especially those on Zoom. You must go to the parking lot to smoke. Do not go out on the balcony. We offered our applause and gratitude to the hosting committee. Amy shared that lunch is being catered here, and we will have a speaker starting at 12:15 pm. Jane mentioned that dinner is on your own and she will help with reservations for big numbers so talk to her on a break if you would like her to help.

Heather began by mentioning what we will be voting on today: The minutes from the last assembly, changes to the AAIS by-laws, changes to some guidelines, and to create an Archives committee. All this information has been available on the Area website for quite some time so hopefully, all GRs were able to see the information ahead of time. The agenda for today's meeting is also available online.

Motion 1: To accept the 2025 Utah Spring Assembly minutes as presented.

Manny made a motion. Darla seconded it. The motion **passes** with 33 Yea votes and 1 abstain.

A copy of the 2025 Utah Spring Assembly minutes is available on the Utah Area Website.

AAIS Coordinator Report:

Jeff J. is the current AAIS chair. He shared his pleasure working with the wonderful AAIS board. There are seven members and one contract employee. Between them, collectively, they have over 100 years of Al-Anon service. Over the past 3 years, they have been reviewing their current by-laws using the Concepts of Service and Al-Anon principles, to see if they were aligned with the World Service Office and Al-Anon Family Group's policies for both an Information Service and a Literature Distribution Center. Our Area has a combined Information Service and Literature Distribution Center, working as both a phone center and a bookstore. Some places are separated – like Ogden is just an Information Service. There have also been some operational changes due to technology which have made things more efficient. These changes were not reflected in previous by-laws. That is why we have presented updated by-laws for your review and approval. He then asked for any questions about the updated by-laws as presented.

Carol W. had a question about providing free Al-Anon literature to the public. Heather M. made a suggestion to send this question to the WSO literature committee. Jeff J. says more Conference Approved Al-Anon literature (CAL) is coming and more will be available digitally. Dave B. provided Carol and the assembly with an email address for the WSO literature committee to send in this question.

The full report and the revised AAIS by-laws are available on the Utah Area website.

Guidelines Coordinator Report:

Sheri H. has had a good committee and a strategic plan for updating Utah Area guidelines. She asked the Area World Service Committee members to review their own guidelines and provide her with feedback on which guidelines needed updating. Revisions were needed in the Utah Area Election Guideline, especially since we are holding hybrid assemblies now. The proposed changes to this guideline are in a different color so you can clearly see what the committee proposes. Elections start with the position of delegate, then the officers and finally the coordinators alphabetically. The updated chart of revisions at the end of the document will be flipped and listed chronologically from most recent to oldest. She asked if anyone had any questions or discussion about the proposal and there were none.

Her full report and a copy of the proposed Utah Area Election guidelines are available on the website.

Treasurer Report:

Pat D. attended assembly on Zoom. While Kim C., our Technology Coordinator, shared the documents from the Area website, Pat reviewed them with us. With 4 months left in the year, Pat stated that we should be successful in meeting our income goals. She also gave us a reminder that a budget is just a budget. The actual numbers for the year will be presented at the 2026 Spring Assembly by our newly elected Treasurer. She also noted that there was an increase in the cost of background checks for AMIAS and they are done every 3 years, she gave a 3-year average listed as our expense. She then opened it up for questions.

Dawn had a question because her reports began with page 2, and she was wondering if we were missing a page or document. Pat explained that it was mislabeled and that nothing was missing.

Kathryn L. asked about what kind of insurance we are paying for and what this insurance covers. Pat explained that several years ago we voted on and purchased liability insurance to cover the officers and coordinators on our Area World Service Committee. It includes the AAIS chairperson and board. It covers liability for events like this assembly. A certificate of insurance can be presented if it is required by the facility that we're hosting an event in. It covers our property at the Alano club and the technology equipment. The AAIS is charged annually for their portion of the insurance – basically for the bookstore. *See the line item under income.*

Pat is looking for what groups made donations to the Area. She has 2 donations that were received from individuals (Pamela J-K is one of them,) and she doesn't know which groups these checks are from, so please check with your groups and get back with her if your group would like to receive credit for sending in a donation.

Kelly mentioned that she saw two groups listed as Living and Learning/Al-Anon Living and Learning. There is only one group with that name, and it is in District 3.

Leslie T. from District 8 and Dave B. from District 3 mentioned that there are two groups with similar names. District 3 has a meeting named Friday Night Serenity and District 8 has one named Friday Serenity Seekers. Leslie said that Friday Serenity Seekers has made two contributions so far this year.

Heather asked the question if Pat finds it helpful when groups list their group number with their donation. It might be helpful to Pat to have the District number as well as the group name and number listed on the donation if your group would like to receive credit.

Pat has been having technical difficulties. She needs help with pivot tables. She wonders if in the process of turning Excel documents into PDFs, some information may have been lost. She can see some things are missing and it appears she may have sent in some of the wrong documents.

She reminded us that when we switched from a fiscal year back to a calendar year, the final numbers for the calendar year will be given at the 2026 Spring Assembly.

When Pat was reviewing the pending expenses for 2025, Kim C. asked about Zoom. Pat said it had already been paid.

Pat would like to clean up the finance guidelines, clarifying mileage and hotel expenses for the AWSC members to attend assemblies and events, deducting receipts for gas for those who shared a ride. She has also learned that the IRS states a different rate of mileage reimbursement for those involved in charity work and non-profits. She will list all 3 levels so we can have an educated discussion at a later date.

There are still some unpaid Delegates Day expenses. Please make your request for reimbursement promptly. Pat emailed a mostly completed reimbursement form to every member of the AWSC. She has the form available in both a Word document and a PDF. Kevin asked about putting the form on the Area website. Lynnette can put it on the website as both a Word document and a PDF. Dave volunteered to help using a PDF writer.

REMINDER: No side conversations.

Pat will update group donations, and she will send the updated group donation list to Lynnette to publish on the Area website along with a new reimbursement form. Nancy said that the treasurer from Monday Morning Miracles is named Pam J. Deb offered to confirm if that is the same person. Heather reminded us that voting on Full Amount vs Equalized Expense to send the Delegate to World Service Conference is no longer necessary because we have voted to always send the full amount each year if the funds are available. We allow our treasurer as a trusted servant to take care of this for us. There are two more GRs for voting after break: Colleen from District 1 CALM and Angel from Friday Night Serenity in District 3.

10 Minute Break

An additional GR joined us online - Carrie from District 1 who is the GR for Serenity Here We Are

VOTING:

36 GRs total – 32 in the room and 4 online

A 2/3 majority is 24.

Motion 2 – To accept the proposed changes to the AAIS By-Laws

Mover: Kim P.

Second: Sheri H.

34 Yeas – 2 Void – Motion **PASSED**

Motion 3 – To accept the proposed changes to the Utah Area Election Guideline and Procedures.

Mover: Sheri H.

Second: Denise L.

34 Yeas – 2 Void – Motion **PASSED**

District Reports:

District 1: Jeff K. mentioned the Ogden AIS will be having their annual holiday event on the first Saturday in November. He is pleased that it won't conflict with the District 3 holiday boutique this year and hopes that we can come up to Ogden that day. He spoke about UTAC this year and how they had a great time in a beautiful mountain setting, up in Ogden Valley. District 1 has not held their election meeting yet. He let us know that he has had a knee replacement and is still recovering.

District 3: Denise L. said that District 3 held their elections on August 16th, and every position was filled. Alateen meetings are still struggling. There are 2 kids attending the meeting at St. James Episcopal Church and she is not sure what the answer is to help them. They had a Public Outreach presence at a veteran's event in July. They also experienced the best participation ever at Recovery Days on September 13th. She reminded us of the upcoming Holiday Boutique on December 6th, which is District 3's annual fundraiser. This event allows District 3 to send a large donation to the Utah Area as well. **Her full report is available on the website.**

District 6 still has no District Representative. District 6 members will be gathering for a caucus during assembly. They will be voting in a new DR today.

District 8: Leslie T. shared that one meeting in her district, the one in Springdale, has closed since her report, so District 8 now has only 12 active meetings. The meeting went inactive due to low participation. District 8 has created a new district position for Public Outreach for Alateen. She also

shared about a pilot program of having a single point of contact for District 8 using a Google phone number. District 8 is currently in a trial period, and they will be evaluating how it worked at the November district meeting. **You can read more about it in her report. It is available online.** Congratulations to Sheri H., who will be the new District 8 Representative in January.

District 9: Jan R. said that District 9 has had some outreach opportunities. Currently, they have 2 active meetings. One is on Thursday in Monticello. The other one is in Moab on Wednesday, and it is a hybrid meeting. The meeting in Price went dark. District 9 has 3 members who have become AMIAS certified. **Please read her full report available on the Area website.**

Delegate Report:

Dave talked about how much he has enjoyed his time as delegate. He thanked us for the opportunity. He shared about what is coming up at the World Service Office. He brought physical copies which he placed on the table for anyone who would like a hard copy. Here are the key issues to look forward to hearing more about in the future: continued discussion about the group names policy and how to make our groups welcoming; a single trustee application process – We currently have 2 types of trustees, regional and at-large, there has been some difficulties in filling all trustee positions so they are hoping to resolve that by creating a single trustee application process, there have been 3 options presented; AND electronic Alateen meetings.

Dave also shared about AI-Anon Events coming up: In October 2025, the WSO road trip in Nebraska, in March 2026 the South West Regional Delegates Meeting in Hawaii (Dave will be attending to introduce our new delegate), the World Service Conference is going back to 5 days, the Delegate will arrive in Newport News VA on April 19th, the conference runs April 20 -24, and this year it will also include an open house to celebrate the 75th anniversary of AI-Anon on April 25.

Part of Dave's duties as delegate included being a member of the literature committee. The WSO is putting together two new pieces of Conference Approved Literature; one is about finances, and the other is about sponsorship. They are requesting personal sharings be submitted regarding these two topics. Dave suggested holding writing workshops in the districts to spark the sharing. Dave read his farewell address to the Conference to close.

Archives Thought Force Discussion:

The Archives Thought Force gave a presentation using a skit. The committee reminded the assembly that **all supporting documents are available for review on the Utah Area website.** The committee then asked for any questions and there were none. An anonymous comment was made that the committee did a good job. Patrick M., as the thought force chair, stated that the primary recommendation of the thought force was to energize an archive committee and to formalize that process with the selection of committee members at each election assembly. Heather M., Area Chair thanked the group for their work in clarifying the confusion around the archives. She stated if an Archives Committee is created then thought force would be dissolved. Dave asked the question of whether the Archives Coordinator would be the chair, or would the committee elect a chair? Heather is comparing this committee to the Budget Finance Committee, of which the Treasurer is the chair. Verbiage would need to be added to the Archives Guideline to reflect that. The motion will also be updated to reflect that change.

Discussion and Voting:

Motion 4 – amended to include “as chair.”

To create an archives committee at each election assembly. The committee will include the Archives Coordinator **as chair**, Technology Coordinator, Area Secretary, and two interested AI-Anon members.

Jeff K had a question about having an Archives custodian, someone who will keep the physical items from the Archives. The answer was that the committee is comprised of trusted AI-Anon servants, and the committee will decide how to best perform their service.

Pat D., as current Area Treasurer, shared how she has used her committee members to fulfill her commitment as our trusted servant.

Heather M. said that we know that there may be additions, subtractions, and adjustments to this committee and the procedures and that will be updated to AWSC as changes are made.

Denise clarified that this is only occurring at the Area election assembly.

Motion 4 – amended to include “as chair.”

To create an archives committee at each election assembly. The committee will include the Archives Coordinator **as chair**, Technology Coordinator, Area Secretary, and two interested AI-Anon members.

Mover: Kevin B.

Second: Kim C.

33 Yeas – 1 Abstain – 2 Void – Motion **PASSED**

Announcements

Ked K. gave us more information about the Ogden AIC fundraiser, stating there is a flyer on the table.

Lori G. wanted to recognize Kim C., as Technology Coordinator, and her wonderful job getting us set up.

There will be a speaker during lunch at 12:15 pm. Please be courteous if you go out for lunch and come back into the room when the speaker is going. If you have paid for lunch here, you need to line up against windows to grab a plate and serve yourself buffet style.

***Additional Reports are available on the Utah Area Website:**

Please check the Utah Area Website for additional coordinator reports. You will find reports from the Area Alateen Process Person, the Alateen Coordinator, the Alanews Coordinator, the Technology Coordinator, and the Website Coordinator.

LUNCH break

The lunch speaker was Robert from AA. He shared his experience, strength, and hope, saying: “You clean house, you trust God, and you work with others.” That is formula so you “can live happy, joyous, and free, regardless of the circumstances.”

The business meeting resumed at 1:15 p.m. with a skit.

Skit: Too Many Hats

Election Guidelines:

GRs are the only ones who are voting.

Dave B. and Lynnette Y. will collect the votes.

Norma D. will be escorting those who stand for positions out of the room.

District 6 will hold a caucus to vote for District Representative at this time.

Heather is creating a list of those who qualify to stand for positions on the whiteboard. She reminded everyone that they just voted for an updated election guideline and was wondering if there were any questions about how this all works.

Jan R. and Kathryn L. stood for **Delegate – Jan** was elected.
Dawn M. and Crystal H. stood for **Alternate Delegate – Crystal** was elected.
Dawn M. and Kathryn L. stood for **Area Chair – Dawn** was elected.
Lori G stood for **Area Recording Secretary – Lori** was elected.
Kim C. and Leslie T. stood for **Area Treasurer – Leslie** was elected.
Jane McQ. stood for **Group Records Secretary – Jane** was elected.
Dave T stood for **AAIS Coordinator– Dave** was elected.
(He also mentioned that there are opportunities to serve on AAIS board.)
Rachel B. and Matt L. stood for **Alanews Coordinator – Rachel B.** was elected.
Kelly M. stood for **Alateen Coordinator – Kelly** was elected.
Denise L. stood for **Area Alateen Process Person – Denise** was elected.
Patrick M. stood for **Archives Coordinator – Patrick** was elected.
Nancy W. stood for **Forum Coordinator – Nancy** was elected.
Pat D., Kevin B., and Dave B. stood for Guidelines Coordinator. After 2 votes, there was no clear consensus. It went to the hat and **Pat D. was selected as Guidelines Coordinator.**
Kevin B. and Betsy B. stood for Literature Coordinator. After 2 votes, there was no clear consensus. It went to the hat and **Kevin was selected as Literature Coordinator.**
Kim C. stood for **Public Outreach Coordinator – Kim** was elected.
Kathryn L. stood for **Technology Coordinator – Kathryn** was elected.
Brett and Rachel stood for **Website Coordinator – Brett** was elected.

15-minute break – Come back at 4:30 p.m.

If you would like to receive a digital copy of the Utah Alanews, please give Rachel B. your email address.

Committees:

Beginning in January –

The Archives Committee consists of 5 members – the Archives Coordinator as Chair, the Technology Coordinator, the Area Secretary, and two volunteers from the interested AI-Anon members. Norma D. has been acting as the custodian of the physical archives, and she would like to continue in an official capacity as one of the volunteer members of the Archives committee. Lynnette Y. also volunteered.

The Finance Committee consists of 5 members – the Area Treasurer as Chair, the Area Chair, one additional AWSC member, and two volunteers from the interested AI-Anon members. Kathryn L. volunteered as an AWSC member. Amy J. and Darla K. also volunteered.

The Guidelines Committee consists volunteers from the interested AI-Anon members. The Guidelines Coordinator is the chair. Dave B., Matt L., Manny M., Kim C., and Kevin B. volunteered.

The Technology Committee consists of volunteers from the interested AI-Anon members. The Technology Coordinator is the chair. Kim C., Brett D., Leslie T., and Angel S. volunteered.

Final Business and Announcements:

Quilt drawing:

District 6 won the opportunity to create the next square on the Utah Area quilt.

Upcoming Events –

Spring Assembly 2026 is being held in Moab.

Fall Fellowship is happening in Salt Lake City at the Sons of the Utah Pioneers from October 24th through the 26th. Bring your kids because there will be Alateen participation. There are flyers available on the table, and you can also find a copy on the website.

UTAC 2026 will be held June 12th through the 14th. If you are interested in helping, please contact Jeff K. to become a part of the UTAC planning committee. Please join us and see how much fun you can have out there.

District 8 has offered to host Fall Assembly 2026, and the Utah Area has already voted for the Assembly to take place in District 8, Southern Utah. However, our Area guidelines state: "The Fall Assembly, whenever possible, is held in conjunction with the AA Area Service Assembly, which is normally held the last weekend in September." AA has decided to have their 2026 Fall Assembly in Utah County. Heather M., Area Chair, will send out a survey to the AWSC at the end of October to ask if we want to stick with our vote or to try to coordinate with AA. Knowing where we are meeting one year in advance allows us the time to figure things out. This is especially important since we will have a new panel in January.

Please return the blue voting flags to Mary at the back of the room.

The reimbursement form for AWSC members is now available on the Area website under Members, then under Forms. Thank you, Lynnette, for getting that and the updated list of group donations on the website.

Jane has made dinner reservations for a large group. Please see her after the meeting for the name and location of the restaurant.

The Sunday Spiritual Sharing Meeting will be held at 8:30 a.m. tomorrow at the Spanish Fork Hampton Inn conference room.

Anyone who is available, please stay after the meeting to help with clean-up.

GRs, please stay for a few minutes for the "What are you bringing back to your group?" session.

The 2025 Fall Assembly business meeting officially concluded with the Al-Anon declaration at 4:54 p.m.

Respectfully submitted,
Dawn M., Panel 63 Utah Area Recording Secretary