

AL-ANON, ALATEEN, and AL-ANON ADULT CHILDREN MEETING SCHEDULE

Help and Hope for Families and Friends of Alcoholics

DISTRICT 3 – Salt Lake County, Bountiful, Tooele, Park City, Midway & Heber City

DAY	TIME	LOCATION	MEETING NAME & ADDITIONAL INFO
SUN	3:45 pm	TOOELE – Tooele Masonic Temple, 22 Settlement Canyon Rd, 84074	Tooele Choices 4 U, Contact: Gesele 435-244-4015
	6:30 pm	MILLCREEK– Christ United Methodist Church, 2375 E 3300 South, 84109 ZOOM – ZOOM ID: 949 184 160, Password: 649339	Spiritual Quest, East entrance, 2 nd floor Contact: Nate S 801-633-3793
M-F Diaria	7:00 pm	West Valley City – 3646 S Redwood Road (1700 W), 84119 piso uno #104,105	Un Día a la Vez, 90 minutos, contacta a: Christina 801-833-9161 o Lety 801-652-4303 REUNIÓN EN ESPAÑOL – todos los días, de lunes a viernes
MONDAY	11:00 am	COTTONWOOD HEIGHTS – So. Valley Unitarian Church, 6876 S Highland Dr, 84121 PHONE – Call: 425-436-6312, Access Code: 878227#	Monday Morning Miracles, 90 minutes, Contact: Jen 801-541-4394
	5:30 pm	SALT LAKE CITY – Fellowship Hall, 2060 Windsor Street, 84105	Discovering Choices, WC, Contact: Guy 801-949-1496
	6:00 pm	MIDWAY – 160 W Main St, 84049 ZOOM – ZOOM ID: 843 5936 2537, Passcode: 226426	Monday Midway Miracles, enter through front door Contact: Julie H. 801-699-5992 (text first)
	6:00 pm	MIDWAY – 160 W Main St, 84049 CLOSED MEETING – Alateens and Sponsors Only	Wasatch Back Alateens Empowered, 1 st Monday of each month, enter through front door Contact: Michelle 801-360-2380 or Julie H. 801-699-5992 (text first)
	6:30 pm	MIDVALE – St. James Episcopal Church, 7486 S Union Park Ave. (1300 E), 84047 Beginners Meeting	Living & Learning in Alanon, BEGINNERS MEETING, 30 minutes, Main entrance on west side of building, WC, Contact: Cathy B 801-599-6582
	7:00 pm	MIDVALE – St. James Episcopal Church, 7486 S Union Park Ave. (1300 E), 84047 ZOOM – ZOOM ID: 834 3282 7333, Passcode: 810523	Living & Learning in Alanon, Main entrance on west side of building, WC, Contact: Cathy B 801-599-6582
	7:00 pm	MIDVALE – St. James Episcopal Church, 7486 S Union Park Ave. (1300 E), 84047 CLOSED MEETING – Alateens and Sponsors Only	Sandy Alateens, 2 nd and 4 th Mondays each month, Main entrance on west side of building, WC Contact: Amelia 801-574-0550 or Catherine 801-913-0884
TUESDAY	5:30 pm	MAGNA – Magna Alano West, 9100 W Main St (2700 South), 84044	New Beginnings, 75 minutes, Basement entry, west stairs Contact: Chrissy 801-458-0635
	5:30 pm	PARK CITY – Creekside Church, 1400 Bitner Rd, 84098 30 minutes meditation followed by 60 minute meeting	Tuesdays with Meditation AFG, 90 minutes, Please use back door off rear parking lot, Contact: Wendy 814-648-5188 or Steve B 801-556-0280
	7:00 pm	BOUNTIFUL – So. Davis Recovery Club, 25 N 200 West, Bountiful, 84010	Bountiful Step by Step, Contact: Jeanette 385-354-0395
	7:00 pm	SANDY – Hilltop United Methodist Church, 985 E 10600 South, 84094	South Enders Al-Anon, Come from back lot, up left stairs, Room 306 Contact: Andrea 801-815-9693
	8:00 pm	SANDY – Community of Grace Presbyterian Church, 2015 E Newcastle Dr, 84093 ZOOM – ZOOM ID: 839 355 165, Password: SandyAFG, Call in Password: 044785	Sandy Group, Classroom entrance, WC, Contact: Kim 801-231-2068
WEDNESDAY	11:30 am	ZOOM – ZOOM Login ID: 83429577447, Passcode: 226426 ZOOM dial in: 720-707-2699 OR 346-248-7799 follow prompts and use code 226426#	Wednesday Lunch Bunch, 90 minutes, Contact: Yvette 385-630-3470
	5:00 pm	HEBER CITY – The AA Shack, 565 S 600 W, 84032	Heber Valley Hope, Located by Veterans Memorial Park and Heber Valley Railroad by the baseball fields, WC, Contact: Joey 302-824-1400
	6:30 pm	ZOOM – ZOOM ID: 886 7952 6565, Password: 861 168 ***NEW DAY AND TIME***	Discovery Adult Children, For those who grew up in a home affected by someone else's drinking, Contact: Lee O 801-706-5259
	7:00 pm	WEST VALLEY CITY – Trinity United Methodist Church, 3610 S 4400 West, 84120	Serenity Seekers, Enter through front door, WC, Contact: Suzy 801-860-7466
	8:00 pm	MURRAY – Alano Club, 5056 S Commerce Dr (300 W), 84107	Lost & Found Group, 90 minutes, Contact: Heather 801-657-1476

NOTES: All meetings are 60 mins unless otherwise stated. All meetings are OPEN unless otherwise stated, all interested may attend. WC = wheelchair access, YA = Young Adult

For More Al-Anon Information and the latest copy of this schedule visit: www.utah-alanon.org

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DAY	TIME	LOCATION	MEETING NAME & ADDITIONAL INFO
THURSDAY	1:00 pm	SALT LAKE CITY – Fellowship Hall, 2060 Windsor Street, 84105 ***NEW MEETING***	Hope for Today , WC Contact: Julie B 801-582-7285
	1:15 pm	MURRAY – Alano Club, 5056 S Commerce Dr (300 W), 84107	Is Al-Anon for You? 75 minutes, Contact: Hector 801-514-0239
	7:00 pm	WEST VALLEY CITY – Life Church Community Center, 3818 W 4700 South, 84129	Keep it Simple Family Support AFG , Building north of Life Church, WC, Contact: Jennifer 801-870-9174
	7:00 pm	BOUNTIFUL – Bountiful Community Church, 150 N 400 East, Bountiful, 84010	Bountiful Easy Does It , WC Last meeting of the month is combined Al-Anon and AA Contact: Kristin B 210-907-2122 or Melissa D 928-322-5803
	8:00 pm	MURRAY – St Vincent’s Church, 1385 East Spring Lane, 84117 ZOOM – ZOOM ID: 785 930 543, Password: 101AFG, Call in Password: 592550	Al-Anon 101 and Beyond , St. Vincent’s Benvegnu Center (Bldg. north of the church, off 1300 E. then turn rt on Kings Row Dr.), WC Contact: Jenny 801-664-7340
	8:00 pm	MILLCREEK – Christ United Methodist Church, 2375 E 3300 South, 84109 ZOOM – ZOOM ID: 863 6695 0934, Passcode: 5056 ***NEW TIME AND LOCATION***	Let it Begin with Me , East entrance, 2 nd floor, YA Contact: Brett 972-841-4522 or Dustin 801-654-8053
FRIDAY	7:00 pm	WEST VALLEY CITY – Trinity United Methodist Church, 3610 S 4400 West, 84120 ZOOM – ZOOM ID: 833 3118 8031, Passcode: 349921	Friday Night Serenity , 90 minutes, WC, Contact: Angel 305-781-4795
	7:30 pm	ZOOM – Call or text 801-580-4861 for Zoom meeting information	Relationships in Sobriety , Contact: Mary Beth 801-580-4861
SATURDAY	9:00 am	SALT LAKE CITY – Fellowship Hall, 2060 Windsor Street, 84105	Saturday Men’s AFG , WC, Contact: Amit 303-248-6246
	9:30 am	PARK CITY – 7375 Silver Creek Rd, 84098 PHONE – Call: 425-436-6398, Access Code: 570028#	Saturday Serenity AFG , 90 minutes, WC Contact: John W 443-301-5776 (text first)

Business Meetings:

SATURDAY 2:00 PM - AAIS BOARD MEETING

First Saturday of Each Month

Call AAIS at 801-262-9587 for meeting location.

SATURDAY 2:00-4:00PM – DISTRICT BUSINESS MEETING

Usually, Third Saturday of each Month

Alano Club, 5056 S Commerce Dr (300 W), Murray 84107

Al-Anon/Alateen Information Service Inc.

(for information and Al-Anon Literature)

Alano Club, 5056 S Commerce Dr (300 W), Murray 84107

(801) 262-9587

Hours: **MON, WED, THU and SAT, 12:00 to 4:00 p.m.**

Leave a message after hours at the above phone number. The messages are monitored and will be answered as soon as possible.

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