

Utah Area Spring Assembly 2026
75 Years, One Purpose
March 20 – 22, 2026
Moab Valley Inn in Moab UT
Business Meeting Minutes

FRIDAY

4:00 pm Registration Begins with Fellowship and Decorate your Name Badge

Dinner on your own

6:30 pm Icebreaker Activity with Jan R, Area Delegate

7:00 pm “75 Years, One Purpose: What's the "Purpose" of Writing?” - Workshop with Jan R and Kevin B, Area Literature Coordinator

8:00 pm Ice Cream Social

Games until 10:00 pm

SATURDAY

In attendance: See registration information.

7:00 am Registration continues

7:00 am Early Morning Sharing Meeting with Ked K, past Delegate and past Alateen Coordinator

8:00 am GR Training and Development with Crystal H, Alternate Delegate *

GRs are required to attend GR Training. Please check in to put your name in the hat for the next Al-Anon quilt square drawing and pick up your blue voting flag from Jane McQ, Group Records

8:00 am Conflict Resolution Workshop using the 12 Traditions with Dave B, past Delegate

8:00 am Zoom – Access Available (in the room of GR Training and Development with Crystal H, Alternate Delegate) – Manny (Cedar City), Yvette K., Brittany M., Cheri, Kelly M., Jessica, Lori G., Missy G. attending on Zoom.

Introductions. Went around the room and everyone introduced themselves.

8:45 am ****Break****

9:00 am Assembly Opens with the Serenity Prayer, Concepts of Service, and Etiquette of the Conference

Dawn opened the business meeting at 9:00 am with a moment of silence followed by the Serenity Prayer. _____ read the Concepts of Service. Pat D. read the Etiquette of the Conference.

Dawn asked for a group conscience to record the meeting.

The motion was passed unanimously. Meeting is being recorded on Zoom.

9:10 am GR count and Introductions –

Dawn led Roll Call by having everyone introduce themselves.

For a full list of Groups in attendance check with Sheri.

Currently, there are 30 voting members in the room AND 3 online for a total of 34. 23 is a two-thirds majority.

9:15 am Review of Fall Assembly 2025 Minutes with Lori G, Area Recording Secretary

Motion 1: To accept the 2025 Utah Fall Assembly minutes as presented.

Kevin B. made a motion. Darla seconded it. The motion **passes** unanimously with 30 Yeas and 0 abstain.

A copy of the 2025 Utah Fall Assembly minutes is available on the Utah Area Website.

The minutes from the last assembly have been available on the Area website for quite some time so hopefully, all GRs were able to see the information ahead of time. The agenda for today's meeting is also available online.

9:20 am Announcements including Service Opportunities

Housekeeping information. Lunch and Break instructions. Hike for Sunday morning details. See Erika if you are planning to join the hike on Sunday morning.

9:25 am Coordinator Reports

Alateen Coordinator Report:

Looking for a volunteer to fill this position.

Ked K. shared what the position entails.

Area Alateen Process Person Coordinator Report:

Denise L. shared her report.

Public Outreach Coordinator Report:

Kim C. has a goal to attend every meeting in the area this year. Chrissy is joining Kim sharing the opportunity to help with Outreach. Shared her report. District 1 needs a Public Outreach person.

The full reports are available on the Utah Area website.

9:38 am Carrying the Message skit “You Can’t Keep It if You Don’t Give It Away”

Kim, Terry, Pat, Kim, John, Chrissy, Kevin, Dave B.

9:45 am Bell Ringer 1 “What does it mean to have 75 years in Recovery” Tradition #1.

9:50 am Delegate’s Report with Jan R

Jan invited Crystal and Dave to share their experiences at SWRDM in Hawaii.

Q&A at the microphone – Cathy – AMIAS – Getting youth involved in AlAteen.

I think it would be a good idea to have an electronic AlAteen. Jeff, Kelly, Sherri, Patrick, Kathryn. Very helpful comments.

10:15 am **Break**

10:30 am Bell Ringer 2 “When did AA groups begin using the Al-Anon name?” What year? Lee guessed 56 or 57 years ago. The answer is - May 1951 in 1952 they decided on the Al-Anon Family Groups.

10:35 am Coordinator Reports

Archives Coordinator Report:

Patrick M. Utah Area Archives are alive and well. Stored with Norma D. We looked through the 22 boxes together. Physical Archives are stored in accordance with our guidelines. Kathryn L. helped Patrick M. gain digital archives. Shared his report. Talked about archive display at the back of the room. If you have any documents that you feel we need to preserve in the archives, please email them or call me to arrange to collect those. Looking for documents that pertain to meeting minutes, flyers, and anything since COVID.

Guidelines Coordinator Report:

Pat D. we made a list of every guideline that is in our internet site. Reviewing them once a panel. Treasurer Guidelines “The purpose of this guideline is...” Need to decide to honor intent or just rewrite the treasurer guideline and put this information in another place. We will discuss this as a committee and present at the next assembly.

Website Coordinator Report:

Brett D. We passed information over from Lynnette Y. which was extremely helpful. Lot of change requests. Made email addresses for all of the leaders. Kathryn helped with making updates. Monday evenings are my day to make updates to the website. Send requests to my Al-Anon assigned email address. This will help me stay organized.

Technology Coordinator Report:

Kathryn L. lifelong fighter of technology. Report went out. Been talking with individuals regarding the technology that the Area uses. Big Step Back – How we are using our technology currently. Using 5 different platforms. Using multiple systems for emails. Assessed efficiency and how to bring the main systems together. I created a basic list of the issues that we have.

10:45 am Technology Work Group

Look at the different systems and how to bring them together. Currently have a committee (need to include all the current coordinators) work as a team to resolve the issues the Area is facing. We want to ensure that everyone’s needs are met. Major changes will be made to the GR’s.

Ked K. – updates to the schedule for District 1 – Does it matter how things are submitted? PDF, Word, all of those formats are acceptable.

Pat D. – The updates will help ensure that the next Technology person is able to stand.

Dawn M. – AWSC goal is to make website coordinator just the website coordinator. The other section is for us to do our business pieces easily accessible as Al-Anon members.

Crystal H. – The WSO has a wonderful set up. Can we do this in the Area?

Members: Pat D., Leslie T., Dave T., Brett D.

10:55 am Spanish Speaking Members Thought Force

Patrick M., and Liz started gathering the committee and Hector volunteered to join. Hilary V. has also volunteered to be on that committee. Rachel would like to join the committee as well. Kathryn L. is volunteering.

11:00 am Delegate's Day Thought Force with Jan R

Jan R. shared a presentation on the screen. Delegate's Day happens in June once a year. As the current delegate I wanted to see if you would like to have two delegate's days. Members of the thought force committee: Patrick M., Dave B., Jan R., Crystal H. and Jane M.

All the ideas are available online. We used KDBM to discuss this issue. We are at the point of reporting back to the Area. What if we had a North and South meeting? That is where the idea comes from. Three options.

Jan M. – I feel like multiple meetings a year would be great. I am all for Delegate's Days. Kim – I like the thought. I shared it with my group. Expense going to a place is too much for some. Like the idea of including both North and South.

Crystal H. – I learned that other areas have three assemblies. We started Delegate's Day to gather and learn. I learned that this area also had Rallies.

Leslie T. – Putting on my treasurer hat.

Dave B. – I feel all of the options are good. Please take time to go on the website and read the questions put forth and review the ideas we came up with. We don't know the answers to a lot of the questions. We need a task force to help us make a good choice. I feel we need to stick with what we have until a task force presents something that would work best for our area.

Missy G. – I work weekends is why I cannot attend.

Crystal H. – Due to the fact that we are a non-profit we would keep the registration to a minimal fee.

Shery – I don't like to be around individuals I don't know. Could we just have this as a Zoom meeting. Difficult to find the money to travel. Is this information available in an email? I feel option 2 works best for me.

Kathryn L. – This is an opportunity to learn from the delegate. WSO Conference is a large investment. The delegate brings back skits, and other information.

Jan R. – I am open to being invited to multiple locations. You can always invite the delegate to you. I hope we can get a vote to learn how we will move forward.

Dawn M. – I love the opportunities to fellowship. A thought force will need to be put in place. We will follow the guidelines and follow all procedures to move forward with this issue.

Kevin B. – I want to thank the committee that put all of this together. It is time for a task force. If we think abundantly then we live abundantly. Don't let the financial end be so worrisome.

Kim C. – These events help me grow as a person. This is my place and you are my people.

June – Any option is a good option. It cannot be done in a document. We have a Zoom component. I don't want to listen to the delegate for an entire weekend.

Dawn – Everyone from District 1 to stand up. Stick-em Up. I got you. District 3 stand up. Hands up high. Big District 3. How about District 6. Nice stretch and a wiggle there. District 8. Okay. Number 9. We need to use our bodies a bit.

11:30 am Treasurer's Report with Leslie T, Area Treasurer

Area Treasurer Report:

Leslie T. shared her report.

Report shared on the screen.

Q&A Session

12:00 pm – 1:00 pm Lunch Break

12:30 Lunch Speaker

1:00 pm Bell Ringer 3 “Does anyone know the name of Al-Anon's first book? When was it published? Answer: The Al-Anon Family Groups Publishing in 1965

1:05 pm Coordinator Reports

AAIS Chair Report:

Dave T. – We have 6 board members. Leslie C. – Secretary, Patrick M. – Treasurer Looking for a literacy promotion specialist, Lee O. – Member at Large Tony S. –Inventory & Chrissy – AAIS paid worker, Kevin B. – Area Literature Person. Please see the flyer from the Chili Fundraiser on April 11, 2026.

Alanews Report:

Rachel – not online.

Forum Coordinator Report:

Nancy – not online.

Literature Coordinator Report:

Kevin B. – writing's done last night will be submitted to the Forum. The Forum is a meeting in your pocket. It is a great investment to have a Forum subscription. New books are coming out on Finances and Relationships. If you liked the writing exercise last night be sure to keep writing and submit it to the Alanews. Service Manual is available online.

They are now taking orders if you would like to order from the WSO. The bookstore will be ordering it soon. There are 18 Al-Anon books in e-book format.

1:25 pm District Representative Reports

- District 1 Representative

Beth B. – District 1 is doing well. We have 9 active meetings. We have 2 Alateen Meeting. We have currently 8 AMIAS. She read her report.

- District 3 Representative

Kirt L. – AMIAS Training at the District meeting. We have 12 AMIAS. Great results from the Holiday Boutique.

- District 6 Representative

Terea M. – We enjoyed having the quilt. We enjoyed making our square. Working to find out which groups are active in our area.

Spanish Groups that we are not sure if they are Al-Anon groups.

District activity – Speakers Meeting

We have an Alano Club. They have been generous giving us a Al-Anon Speaker meeting. We had over 30 people from Al-Anon in attendance.

District is doing well. Working on Public Outreach.

- District 8 Representative

Sheri H. – Report is online. We made changes we hope will help. District meetings are every other month. We meet on the odd months. Efficiency is key for me. We have established an Activities Committee. Rotation established for service there. Google phone number within the district. Our alternate DR filters calls. Public Outreach Coordinator put together a committee to help with an information booth. Looking at A-Day-In-Al-Anon. We are hosting it April 25th. All day event. Panels, workshops and Speakers. Fall Assembly 2026 will be in St. George. Registration is not open yet. We want you to be able to book your rooms. The information is on the website. Literature Distribution Center in St. George. We have been laying the ground work to establish that.

- District 9 Representative

Erika G. –

1:45 pm Spiritual Abundance Workshop and Skit with District 8

Sheri H. – Presentation

What we can do, rather than what we cannot do.

Think abundantly.

Four Panelists – Dawnalee, shared experience, strength and hope.

Crystal – abundance – a very large quantity of something. People willing to help. Willing to serve. Recovery.

Skit

Dave – Financial Abundance – Can't judge a book by its cover.

Happiest person in the world spends one dollar less than they make.

We have enough and a little bit extra.

Kim – Abundance of incredible skill found in Al-Anon.

Group Project

Passed out rocks. Use acrylic markers and sharpie markers to put words on rocks.

Answer questions.....

Making Stone Soup

2:40

pm Public Outreach Service workshop with Kim C

Kim C. – Divided everyone into 7 groups.

Assistance passed out papers.

Each group received a list of what can be done in public outreach individually, as a group or as a district.

She is willing to travel to your area to help you out.

QR codes for every district. Business Cards.

Email Kim and she will help you get everything printed off.

Groups shared ideas they come up with.

3:00 pm **Break**

3:15 pm Bell Ringer 4

3:20 pm Upcoming Events

- UTAC
Jeff K. – Looking for AMIAS members to help with the camp.
Area has 25 AMIAS. Please join us at camp. See the flyer.
- USAW
Pat D. – August 21-23, 2026 Jeff teaching us how to paint.
We are looking at different locations.
- Fall Assembly 2026 in Cedar City
Sheri H. – Hosting
September 18 – 20, 2026 see flyer on the website
- Spring Assembly 2027
District 1 – Logan
- Fall Assembly 2027
District 3 in Vernal Utah
- SWRDM is in Las Vegas

3:35 pm Quilt Square winners

3:40 pm Voting

4:00 pm Delegate's Day event(s) notification

Building a Task Force – Volunteers check in with Dawn M.

Jan – show of hands – Are we ready as an Area to recognize electronic Alateen meetings?
19 hands raised.

Delegate's Day??? When & Where???

Crystal – North –

Ogden May 30th

Lutheran Church

Southern Utah

St. George

June 13, 2026 – Not this day because it conflicts with UTAC

Maybe May or June – Will have the date in the next couple of days.

Jan gave out her phone number for the GR's to be able to reach out if they have any questions or concerns.

Jan volunteered to visit all the groups.

4:00 pm GR Session – What will you bring back to your groups?

4:20 pm Host Committee – District 9

4:30 pm Closing with the Al-Anon Declaration

Dinner on your own

7 pm In All Our Affairs –Speaker Panel with Dave B., Ked K., and Jane McQ. on practicing the 12 Concepts in our personal lives

8 pm AFG 75th Anniversary Party with cake

Games until 10 pm

SUNDAY

8 am Al-Anon Member Involved In Alateen Service (AMIAS) Training with Ked K, Interim Alateen Coordinator *

Those wishing to obtain or maintain AMIAS certification are required to attend AMIAS training once per year

9 am Spiritual Sharing Meeting with Donalee W., District 8 GR

10 am Moab hike with Erika G, District 9 Representative

Lunch on your own

From Zoom - [https://us06web.zoom.us/rec/share/BEqxjkFdDQ_R6Yj2-](https://us06web.zoom.us/rec/share/BEqxjkFdDQ_R6Yj2-wqgiq5zn_ApXiHmVkGxzksdAcjdPyQNcKP-SfNJKhMY3cQ.fCxwORtuhE_Edz0f)

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Enter Voting
results to
Minutes

Votes and Motions

Number of Voting Group Representatives 30

Two-thirds Majority is _____

- 1.) Motion: To allow the Secretary to use a recording device to assist with taking minutes of the Assembly.

Mover: Kevin
Second: Darla

Yea 20 Nay 0 Abstain 0 Void 3

Did the motion pass? YES

- 2.) Motion: To accept the 2015 Utah Fall Assembly minutes, as presented.

Amendments to the Motion:

Mover: Kevin
Second: Darla

Yea 20 Nay 0 Abstain 0 Void 0

Did the motion pass? YES

- 3.) Motion: Shall the Utah Area proceed with a one-year trial, holding two weekend-long Delegate's Day events as determined by the Utah Delegate and Alternate Delegate? If this motion does not pass, we will follow up with a vote on Motion 7.

Amendments to the Motion:

Mover: Jack
Second: Kim

Yea 23 Nay 6 Abstain 1 Void

Did the motion pass? YES Play with trial - 2 Delegate's Days

- 4.) Motion: Shall the Utah Area Budget and Financial Guidelines be updated to establish the full payment for the Delegate to attend WSC as our new standard, without requiring an annual vote? This update would also allow the Area Treasurer, as our trusted servant, to send the equalized amount if our financial situation warrants it. A Nay vote means we continue to require an annual vote of which amount to send to WSO at each Fall Assembly.

If this motion does not pass, we may move on to a vote on Motion 8.

Amendments to the Motion:

Mover: Ked
Second: Darla

Yea 30 Nay Abstain Void Unanimous

Did the motion pass? YES

- 5.) Motion: To accept the Utah Area Al-Anon 2016 budget as presented.

Amendments to the Motion:

Mover: Gary
Second: Kim P.

Yea 28 Nay 2 Abstain Void

Did the motion pass? YES

- 6.) Motion: Shall we accept the bid for hosting the 2017 Spring Assembly and hold it in District 1?

Amendments to the Motion:

Mover: Jane M.
Second: Dianne

Yea Nay Abstain Void

Did the motion pass?

YES

POSSIBLE / FUTURE MOTIONS

- 7.) Motion: Shall the Utah Area establish a Task Force and gather more information on changing the way the Delegate reports to the Area? A Nay vote indicates a desire to maintain Delegate's Day as a one-day event in a central location as described in our current Utah Area Guidelines for Hosting Al-Anon/Alateen Area Assemblies and Conventions.

Patrick - Chairing

Amendments to the Motion:

Mover:
Second: Chrissy

Yea 30 Nay 0 Abstain 0 Void 0

Did the motion pass?