AL-ANON, ALATEEN, and AL-ANON ADULT CHILDREN MEETING SCHEDULE

Help and Hope for Families and Friends of Alcoholics

DISTRICT 3 – Salt Lake County, Bountiful, Tooele, Park City, Midway & Heber City

DAY	TIME	LOCATION	MEETING NAME & ADDITIONAL INFO
SUN	3:45 pm	**TOOELE** – Tooele Masonic Temple, 22 Settlement Canyon Rd, 84074	**Tooele Choices 4 U**, Contact: Gesele 435-244-4015
	6:30 pm	**MILLCREEK**– Christ United Methodist Church, 2375 E 3300 South, 84109 **ZOOM** – ZOOM ID: 949 184 160, Password: 649339	**Spiritual Quest**, East entrance, 2nd floor Contact: Nate S 801-633-3793
M-F Diaria	7:00 pm	**West Valley City** – 3646 S Redwood Road (1700 W), 84119 piso uno #104,105	**Un Día a la Vez**, 90 minutos, contacta a: Christina 801-833-9161 o Lety 801-652-4303 **REUNIÓN EN ESPAÑOL – todos los días, de lunes a viernes**
MONDAY	11:00 am	**COTTONWOOD HEIGHTS** – So. Valley Unitarian Church, 6876 S Highland Dr, 84121 **PHONE** – Call: 425-436-6312, Access Code: 878227#	**Monday Morning Miracles**, 90 minutes, Contact: Deb 801-231-5894
	5:30 pm	**SALT LAKE CITY** – Fellowship Hall, 2060 Windsor Street, 84105	**Discovering Choices**, WC, Contact: Guy 801-949-1496
	6:00 pm	**MIDWAY** – 160 W Main St, 84049 **ZOOM** – ZOOM ID: 843 5936 2537, Passcode: 226426	**Monday Midway Miracles**, enter through front door Contact: Julie H. 801-699-5992 (text first)
	6:00 pm	**MIDWAY** – 160 W Main St, 84049 **CLOSED MEETING – Alateens and Sponsors Only**	**Wasatch Back Alateens Empowered**, **1st Monday of each month**, enter through front door Contact: Michelle 801-360-2380 or Julie H. 801-699-5992 (text first)
	6:30 pm	**MIDVALE** – St. James Episcopal Church, 7486 S Union Park Ave. (1300 E), 84047 **Beginners Meeting**	**Living & Learning in Alanon, BEGINNERS MEETING**, 30 minutes, Main entrance on west side of building, WC, Contact: Cathy B 801-599-6582
	7:00 pm	**MIDVALE** – St. James Episcopal Church, 7486 S Union Park Ave. (1300 E), 84047 **ZOOM** – ZOOM ID: 834 3282 7333, Passcode: 810523	**Living & Learning in Alanon**, Main entrance on west side of building, WC, Contact: Cathy B 801-599-6582
	7:00 pm	**MIDVALE** – St. James Episcopal Church, 7486 S Union Park Ave. (1300 E), 84047 **CLOSED MEETING – Alateens and Sponsors Only**	**Sandy Alateens, 2nd and 4th Mondays each month**, Main entrance on west side of building, WC Contact: Amelia 801-574-0550 or Catherine 801-913-0884
TUESDAY	5:30 pm	**MAGNA** – Magna Alano West, 9100 W Main St (2700 South), 84044	**New Beginnings**, 75 minutes, Basement entry, west stairs Contact: Chrissy 801-458-0635
	5:30 pm	**PARK CITY** – Creekside Church, 1400 Bitner Rd, 84098 30 minutes meditation followed by 60 minute meeting	**Tuesdays with Meditation AFG**, 90 minutes, Please use back door off rear parking lot, Contact: Wendy 814-648-5188 or Steve B 801-556-0280
	7:00 pm	**BOUNTIFUL** – So. Davis Recovery Club, 25 N 200 West, Bountiful, 84010	**Bountiful Step by Step**, Contact: Jeanette 385-354-0395
	7:00 pm	**SANDY** – Hilltop United Methodist Church, 985 E 10600 South, 84094	**South Enders Al-Anon**, Come from back lot, up left stairs, Room 306 Contact: Andrea 801-815-9693
	7:30 pm	**SANDY –** Community of Grace Presbyterian Church, 2015 E Newcastle Dr, 84093 **ZOOM** – ZOOM ID: 839 355 165, Password: SandyAFG	**Sandy Group**, Classroom entrance, WC, Contact: Kim 801-231-2068
WEDNESDAY	11:45 am	**ZOOM –** ZOOM Login ID: 83429577447, Passcode: 226426 ZOOM dial in:720-707-2699 OR 346-248-7799 follow prompts and use code 226426#	**Wednesday Lunch Bunch**, 75 minutes, Contact: Yvette 385-630-3470
	5:30 pm	**HEBER CITY** – The AA Shack, 565 S 600 W, 84032	**Heber Valley Hope**, Located by Veterans Memorial Park and Heber Valley Railroad by the baseball fields, WC, Contact: Joey 302-824-1400
	6:30 pm	**ZOOM** – ZOOM ID: 886 7952 6565, Password: 861 168	**Discovery Adult Children**, For those who grew up in a home affected by someone else's drinking, Contact: Lee O 801-706-5259
	7:00 pm	**WEST VALLEY CITY** – Trinity United Methodist Church, 3610 S 4400 West, 84120	**Serenity Seekers**, Enter through front door, WC, Contact: Suzy 801-860-7466

NOTES: All meetings are 60 mins unless otherwise stated. All meetings are OPEN unless otherwise stated, all interested may attend. WC = wheelchair access, YA = Young Adult

For More Al-Anon Information and the latest copy of this schedule visit: **www.utah-alanon.org**

AL-ANON, ALATEEN, and AL-ANON ADULT CHILDREN MEETING SCHEDULE

Help and Hope for Families and Friends of Alcoholics

DISTRICT 3 – Salt Lake County, Bountiful, Tooele, Park City, Midway & Heber City

	8:00 pm	**MURRAY** – Alano Club, 5056 S Commerce Dr (300 W), 84107	**Lost & Found Group**, 90 minutes, Contact: Heather 801-657-1476
DAY	**TIME**	**LOCATION**	**MEETING NAME & ADDITIONAL INFO**
THURSDAY	1:00 pm	**SALT LAKE CITY** – Fellowship Hall, 2060 Windsor Street, 84105	**Hope for Today**, WC Contact: Julie B 801-582-7285
	1:15 pm	**MURRAY** – Alano Club, 5056 S Commerce Dr (300 W), 84107	**Is Al-Anon for You?** 75 minutes, Contact: Hector 801-514-0239
	7:00 pm	**WEST VALLEY CITY** – Life Church Community Center, 3818 W 4700 South, 84129	**Keep it Simple Family Support AFG**, Building north of Life Church, WC, Contact: Jennifer 801-870-9174
	7:00 pm	**BOUNTIFUL** – Bountiful Community Church, 150 N 400 East, Bountiful, 84010	**Bountiful Easy Does It**, WC Last meeting of the month is combined Al-Anon and AA Contact: Kristin B 210-907-2122 or Melissa D 928-322-5803
	8:00 pm	**MURRAY** – St Vincent's Church, 1385 East Spring Lane, 84117 **ZOOM** – ZOOM ID: 785 930 543, Password: 101AFG, Call in Password: 592550	**Al-Anon 101 and Beyond**, St. Vincent's Benvegnu Center (Bldg. north of the church, off 1300 E. then turn rt on Kings Row Dr.), WC Contact: Celeste 801-742-1755
	8:00 pm	**MILLCREEK** – Christ United Methodist Church, 2375 E 3300 South, 84109 **ZOOM** – ZOOM ID: 863 6695 0934, Passcode: 5056	**Let it Begin with Me**, East entrance, 2nd floor, YA Contact: Brett 972-841-4522 or Dustin 801-654-8053
FRIDAY	7:00 pm	**WEST VALLEY CITY** – Trinity United Methodist Church, 3610 S 4400 West, 84120 **ZOOM** – ZOOM ID: 833 3118 8031, Passcode: 349921	**Friday Night Serenity**, 90 minutes, WC, Contact: Liz 801-702-7528
	7:30 pm	**ZOOM** – ZOOM ID: 849 6079 7045	**Relationships in Sobriety**, Contact: Mary Beth 801-580-4861
SATURDAY	9:00 am	**SALT LAKE CITY** – Fellowship Hall, 2060 Windsor Street, 84105	**Saturday Men's AFG**, WC, Contact: Amit 303-248-6246
	9:30 am	**PARK CITY** – 7375 Silver Creek Rd, 84098 **PHONE** – Call: 425-436-6398, Access Code: 570028#	**Saturday Serenity AFG**, 90 minutes, WC Contact: John W 443-301-5776 (text first)

Business Meetings:

SATURDAY 2:00 PM - AAIS **BOARD MEETING**
Second Saturday of Each Month
Murray Library, 166 E 5300 S, Murray 84107
ZOOM – ZOOM ID: 876 373 9307, Passcode: UtahAFG
AAIS Office: 801-262-9587

SATURDAY 2:00-4:00PM – DISTRICT BUSINESS MEETING
Usually, Third Saturday of each Month
Alano Club, 5056 S Commer ce Dr (300 W), Murray 84107

Al-Anon/Alateen Information Service Inc.
(for information and Al-Anon Literature)
Alano Club, 5056 S Commerce Dr (300 W), Murray 84107
(801) 262-9587

Hours: **MON, WED, THU and SAT, 12:00 to 4:00 p.m.**

Leave a message after hours at the above phone number. The messages are monitored and will be answered as soon as possible.

NOTES: All meetings are 60 mins unless otherwise stated. All meetings are OPEN unless otherwise stated, all interested may attend. WC = wheelchair access, YA = Young Adult

For More Al-Anon Information and the latest copy of this schedule visit: **www.utah-alanon.org**